

# MAKE A PLAN TO BE PART OF nhanes

DOORSTEP  
INTERVIEW

MY INTERVIEW

MY RIDE

MY EXAM

I'M DONE!

1

2

3

4

5

**Congratulations!**  
You've been  
selected!

**In-home Interview**

DATE:

TIME:

Plan how you will get  
to your health exam at  
the NHANES mobile  
unit.

**Go to the NHANES  
mobile unit for  
your exam**

DATE:

TIME:

Thank you  
for helping  
your  
community

For more information about NHANES visit [www.cdc.gov/nchs/NHANES](http://www.cdc.gov/nchs/NHANES) or call \_\_\_\_\_

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