Public Burden Statement           A Federal agency may not conduct or sponsor, and the Paperwork Reduction Act unless that collection of information is estimated to be approximately 25 responses to this collection of information are mar Information Collection Clearance Officer, Federal M	n of information displays a current valid OMB Co minutes per response, including the time for re idatory. Send comments regarding this burden	ntrol Number. The OMB Control Number for thi eviewing instructions, gathering the data neede estimate or any other aspect of this collection o	s information collection d, and completing and f information, includir	on is 2126-0006. Pu d reviewing the col	blic reportin lection of inf	g for this collection formation. All
U.S. Department of Transportation Federal Motor Carrier Safety Administration		nation Report Form Driver Medical Certification)				
				MEDICA	L RECO	)RD #
SECTION 1. Driver Information (to be fil	led out by the driver)			(or	sticker)	
PERSONAL INFORMATION						
Last Name:	First Name:	Middle Initial:	_ Date of Birth	n:		Age:
Street Address:	City:	St	ate/Province: _	Zi	p Code:	
Driver's License Number:	Issui	ng State/Province:		Telepho	one:	
E-Mail (optional):		CLP/CDL Applicant/Ho	older*: Yes	No		
		Driver ID Verified By**	:			
Has your USDOT/FMCSA medical certific	ate ever been denied or issued f	for less than 2 years? Yes	No No	t Sure		
*CLP/CDL Applicant/Holder: See instructions for definitions.		**Driver ID Verified By: Record what type of pho	to ID was used to verify th	e identity of the drive	r, e.g., CDL, dri	/er's license, passport.
DRIVER HEALTH HISTORY	- list and supplying balance			Vee	Na	Net Curre
Have you ever had surgery? If "yes," pleas	e list and explain below.			Yes	No	Not Sure
Are you currently taking medications (pro If "yes," please describe below.	escription, over-the-counter, herbal	remedies, diet supplements)?		Yes	No	Not Sure

\*\*This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.\*\*

Form MCSA-5875

Last Name:	First Name:		DOB:	Exam Date:				
DRIVER HEALTH HISTORY (continue	d)							
Do you have or have you ever had:		Yes No	Not Sure			Yes	No	No <sup>†</sup> Sur
1. Head/brain injuries or illnesses (e.g	., concussion)			16. Dizziness, headaches, numbness, ti	ngling, or memory	,		
2. Seizures/epilepsy				loss				
3. Eye problems (except glasses or cont	acts)			17. Unexplained weight loss				
4. Ear and/or hearing problems				18. Stroke, mini-stroke (TIA), paralysis, o				
5. Heart disease, heart attack, bypass	, or other heart			19. Missing or limited use of arm, hand,	finger, leg, foot, toe	5		
problems				20. Neck or back problems				
<ol> <li>Pacemaker, stents, implantable de procedures</li> </ol>	vices, or other heart			21. Bone, muscle, joint, or nerve proble	ems			
7. High blood pressure				22. Blood clots or bleeding problems				
				23. Cancer				
8. High cholesterol 9. Chronic (long-term) cough, shortness of breath, or				24. Chronic (long-term) infection or oth	er chronic disease	s		
other breathing problems	shortness of breath, or			25. Sleep disorders, pauses in breathing daytime sleepiness, loud snoring	g while asleep,			
10. Lung disease (e.g., asthma)				26. Have you ever had a sleep test (e.g.,	5			
<ol> <li>Kidney problems, kidney stones, o with urination</li> </ol>	r pain/problems			27. Have you ever spent a night in the				
12. Stomach, liver, or digestive proble	ms			28. Have you ever had a broken bone?				
13. Diabetes or blood sugar problems				29. Have you ever used or do you now	use tobacco?			
(Insulin used)				30. Do you currently drink alcohol?				
14. Anxiety, depression, nervousness, problems	other mental health			31. Have you used an illegal substance two years?	within the past			
15. Fainting or passing out				32. Have you ever failed a drug test or l on an illegal substance?	been dependent			
Other health condition(s) not describe	ed above:				Yes	No	Not	Sure

Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: Yes No Not Sure

#### CMV DRIVER'S SIGNATURE

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of <u>49 CFR 390.35</u>, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendices A and B.

Driver's Signature:

Date:

#### SECTION 2. Examination Report (to be filled out by the medical examiner)

#### **DRIVER HEALTH HISTORY REVIEW**

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

orm MCSA-5875								ОМВ	No.: 2126-0006	Expiration	Date: 11/30/202
Last Name: F		First Nam	First Name:		DOB:			Exam Date			
TESTING											
Pulse Rate:	Pulse rhy	thm regular:	Yes	No	Height: _	_feet	inches	Weight: _	pounds		
Blood Pressur	e Sy	ystolic		Diastolic	Urinalysi	5		Sp. Gr.	Protein	Blood	Sugar
Sitting					Urinalysis	is required	ł.				
Second reading (optional)	g				Numerica must be r	l readings ecorded.					
Other testing if	findicated							urine may b al problem.	e an indicatic	n for further	testing to
At least 70° field o	ast 20/40 acuity (Snel of vision in horizonta should be noted on t	l meridian méas	sured in eac	ch eye. The use of					ce at not less t in better ear (w		R average ut hearing aid)
Acuity	Uncorrected	Corrected	Horizont	al Field of Vision	Check if h	earing aid	used fo	or test:	Right Ear		Neither
Right Eye:	20/	20/	Right Eye	e: degrees	-	lest Resul				-	Ear Left Ear
Left Eye:	20/	20/	Left Eye:	degrees	Record distance (in feet) from driver at which a forced						
Both Eyes:	20/	20/		Yes No	OR						
Applicant can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors				<b>Audiome</b> Right Ear:	tric Test R	esults		Left Ear:			
Monocular visi	on				500 Hz	1000 Hz	200	00 Hz	500 Hz	1000 Hz	2000 Hz
Referred to opl	nthalmologist or op	otometrist?									
Received documentation from ophthalmologist or optometrist?				Average (right): Average (left):							

#### PHYSICAL EXAMINATION

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Check the body systems for abnormalities.

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General			8. Abdomen		
2. Skin			9. Genito-urinary system including hernias		
3. Eyes			10. Back/spine		
4. Ears			11. Extremities/joints		
5. Mouth/throat			12. Neurological system including reflexes		
6. Cardiovascular			13. Gait		
7. Lungs/chest			14. Vascular system		
	1				

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Form MCSA-5875			OMB No.: 2126-0006	Expiration Date: 11/30/202
Last Name:	First Name:	Dob:	Exam Date	:
Please complete only one of the fol	lowing (Federal or State) Medical	Examiner Determination section	ons:	
MEDICAL EXAMINER DETERMINA	ATION (Federal)			
Use this section for examinations p	erformed in accordance with the	Federal Motor Carrier Safety R	egulations ( <u>49 CFR 391.4</u>	<u>1-391.49</u> ):
Does not meet standards (specify	reason):			
Meets standards in <u>49 CFR 391.4</u>	; qualifies for 2-year certificate			
Meets standards, but periodic mo	onitoring required (specify reason):			
Driver qualified for: 3 month	s 6 months 1 year oth	ner (specify):		
Wearing corrective lenses	Wearing hearing aid Ac	. , .		
	mance Evaluation (SPE) Certificate		49 CFR 391.64 (Federal)	
	acity zone (see <u>49 CFR 391.62</u> ) (Fed			
	eason):			
	for follow-up on (must be 45 days of			
	mended (specify reason): niner's Signature:			
	eason):			1
If the driver meets the standards	outlined in <u>49 CFR 391.41</u> , then comp	lete a Medical Examiner's Certifica	ite as stated in <u>49 CFR 391.4</u>	3(h), as appropriate.
I have performed this evaluation for evaluation, and attest that, to the be			ecorded information pert	aining to this
Medical Examiner's Signature:				
Medical Examiner's Name (please prir	nt or type):			
Medical Examiner's Address:		City:	State:	Zip Code:
Medical Examiner's Telephone Numl	oer:	Date Certificate Sig	ned:	
Medical Examiner's State License, Ce	rtificate, or Registration Number:			Issuing State:
MD DO Physician Assista	ant Chiropractor Advanced	Practice Nurse		
Other practitioner (specify):				
National Registry Number:		Medical Examiner's	Certificate Expiration Date	e:

Last Name:	_ First Name:	DOB:	Exam Date:					
MEDICAL EXAMINER DETERMINATION (S	tate)							
Use this section for examinations performed in a variances (which will only be valid for intrastate		<sup>•</sup> Safety Regulations ( <u>49 CFR</u>	<u>391.41-391.49</u> ) with any applicable State					
Does not meet standards in <u>49 CFR 391.41</u> with any applicable State variances (specify reason):								
Meets standards in <u>49 CFR 391.41</u> with any	applicable State variances							
Meets standards, but periodic monitoring	required (specify reason):							
Driver qualified for: 3 months 6 m	onths 1 year other (specify):							
Wearing corrective lenses Wear	ing hearing aid Accompanied b	y a waiver/exemption (spe	cify type):					
Accompanied by a Skill Performance Ev	aluation (SPE) Certificate Grandfa	thered from State requiren	nents (State)					
If the driver meets the standards outlined in	49 CFR 391.41, with applicable State varian	ces, then complete a Medica	l Examiner's Certificate, as appropriate.					
I have performed this evaluation for certificati evaluation, and attest that, to the best of my k			nformation pertaining to this					
Medical Examiner's Signature:								
Medical Examiner's Name (please print or type):			_					
Medical Examiner's Address:	City:	:	State: Zip Code:					
Medical Examiner's Telephone Number: Date Certificate Signed:								
Medical Examiner's State License, Certificate, o	or Registration Number:		Issuing State:					
MD DO Physician Assistant Chiropractor Advanced Practice Nurse								
Other practitioner (specify):								
National Registry Number: Medical Examiner's Certificate Expiration Date:								

# **Instructions for Completing the Medical Examination Report Form (MCSA-5875)**

# I. Step-By-Step Instructions

### **Driver:**

# **Section 1: Driver Information**

- **Personal Information:** Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, driver's license number and issuing state.
  - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
  - **Driver ID Verified By:** The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
  - **Question:** Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.
- Driver Health History:
  - **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
  - Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
  - **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
  - **Other Health Conditions not described above:** If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
  - **Any yes answers to questions #1-32 above:** If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

### **Medical Examiner:**

### Section 2: Examination Report

- Driver Health History Review: Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.
- Testing:
  - Pulse rate and rhythm, height, and weight: record these as indicated on the form.
  - **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
  - Urinalysis: record the numerical readings for the specific gravity, protein, blood and sugar.
  - Vision: The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

### In this next section, you will be completing either the Federal or State determination, not both.

- Medical Examiner Determination (Federal): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (<u>49 CFR part 391.11</u>: General qualifications of drivers) is not factored into that determination.
  - **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in <u>49 CFR 391.41</u>.
  - Meets standards in <u>49 CFR 391.41</u>; qualifies for 2-year certification: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.
  - **Meets standards, but periodic monitoring is required:** Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting other specify the time frame.
    - Determination that driver meets standards: Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).

- **Determination pending:** Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
  - MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- **Medical Examiner's Certificate Expiration Date:** Enter the date the driver's Medical Examiner's Certificate (MEC) expires.
- **Medical Examiner Determination (State):** Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
  - **Does not meet standards in <u>49 CFR 391.41</u> with any applicable State variances:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in <u>49 CFR 391.41</u> with any applicable State variances.
  - Meets standards in <u>49 CFR 391.41</u> with any applicable State variances: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.
  - **Meets standards, but periodic monitoring is required:** Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
    - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).
  - **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
  - **Medical Examiner's Certificate Expiration Date:** Enter the date the driver's Medical Examiner's Certificate (MEC) expires.

- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <u>http://www.fmcsa.dot.gov/regulations/medical</u>.