

### Phone Check-In

Document nature of all contact between subject and research team (indicate date/time for each event).

**Phone Contact Date/Time** \_\_\_\_ / \_\_\_\_ / \_\_\_\_ \_\_\_\_:\_\_\_\_

Contact RA: \_\_\_\_\_

Did you have any truck breakdowns this month? \_\_\_\_\_

Did you take any vacation days this month? \_\_\_\_\_

On how many duty days this week did you spend 10 or more consecutive hours of rest in your sleeper berth,

Did you wear the actigraph at all times (even while sleeping)? \_\_\_\_\_

Did anyone else drive your truck? \_\_\_\_\_

Did you have trouble with any of the study equipment this week? \_\_\_\_\_

Do you have any questions regarding the study or procedures? \_\_\_\_\_

Did anyone other than you use your smartphone, actigraph, or other study equipment? \_\_\_\_\_

If so, approximate date/time? \_\_\_\_\_

When did you last sync and charge your actigraph? \_\_\_\_\_

When did you last charge your study smartphone? \_\_\_\_\_

Notes: \_\_\_\_\_  
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**Compliance issues noted by RA:** \_\_\_\_\_

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