United States of America Railroad Retirement Board	CURRENT	Form Approved OMB No. 3220-0193			
Kanfoad Kettement Board	Employee Name	OWID 110. 3220-0193			
	Last 4 Digits of Social Ser	Last 4 Digits of Social Security Number			
		XXX-XX-####			
RAILROAD JOB	Regular Railroad Job Pos	sition or Occupation			
INFORMATION					
	Location				
	Date Sent	Date Last Worked			
Section 1Completion InstructionsThe above named railroad employee has applie					
employee must be found to be disabled from work or mental impairment. Railroad Retirement Board description of the physical requirements and envi See 20 CFR 220.13(b)(2)(iv)(E). To assist the RRI read the instructions below and timely complete ar above.	d (RRB) regulations provide that the ironmental factors relating to the em B with making an accurate disability d	Board shall consider the employer's ployee's regular railroad occupation. determination, it is imperative that you			
 Check the information entered above by the RF correct information above it. Complete all of the items below describing the which the employee has been engaged for more calendar years, whether consecutive or not; or 2 one-half of all months in which the employee has or 3) if an employee last worked as an officer longer available, the regular occupation shall b left to work for the railway labor organization. I separate sheet of paper showing the employee indicate the item number at the beginning of the 	e applicant's job. The regular railroad re calendar months than any other of 2) the occupation which the employee as been engaged in service during the or employee of a railway labor organ be the position to which the employee of more space is needed for any item, 's name and the last four digits of the	d occupation is: 1) the occupation in ccupation during the last preceding 5 e has been in service for not less than e last 15 consecutive calendar years; nization and if that employment is no e holds seniority rights or the position use Section 9, Remarks, or attach a			
 Provide any additional information on the duties 	the employee performed within the	last 5 or 15 vears if appropriate.			
Section 2 Disqualification Information					
 Check here if the applicant has been medical applicable documentation to the Railroad Retir Employer. (Do not check the box if a medical disqualification has been made.) If the box is checked, do not complete Section 	ement Board, along with Form G-3EM disqualification is in progress, but not	MP, Report of Medical Condition by			
Section 3 Summary of Duties					
Describe the essential duties of the position or o knowledge or skills involved; any handwritten or skills used; any driving and/or operating of mach	typed reports to be completed; any	manipulative (manual dexterity)			

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Section 4 Machinery, Tools, Equipment						
List ma	chinery,	tools, and equipment used.				
Sectio	n 5	Environmental Conditions				
Describ	be the en	vironmental conditions of the position named above (i.e., we	orking outdo	ors, indoor	s, or both; u	uneven
terrain;	heights;	temperature/humidity extremes; etc.).				
Section 6 Job Accommodations Describe any permanent accommodation(s) given (e.g., job duties, hours of work, hours of overtime, attendance, etc.)						
and the	e start an	d end dates for each accommodation. If there is not an end	date for the	e accommo	dation, ente	er "N/A."
п по ре	manent	accommodations were given check "None" and go to Sect	ion 7. ⇒ ⊑ Fro		Т	0
Yes	No		Month	Year	Month	Year
		Job Duties				
		Hours of Work				
		Hours of Overtime				
		Attendance				
		Other ►				

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Sec	tion 7 Sensory Requirements	
	nplete the sensory requirements for the position named licable" and go to Section 8 . ⇔ ☐ Not Applicable	above. If no requirements are applicable check "Not
A)		perception with or without eyeglasses or contact lenses; erception, etc. If there are no visual requirements check
B)	Hearing – Describe auditory requirements, such as he communication from others; hearing alarms, signals; go to Item 7C. ⇒ □ None	earing with or without a hearing aid; hearing verbal etc. If there are no auditory requirements, check "None" and
C)		aking verbal commands loudly, accurately, and quickly; ncements, etc. If there are no verbal requirements, check
	tion 8 Physical Actions	
A)	Check the number of hours a day spent: 1. Standing/walking	
	2. Sitting	

B)	B) Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. Use the "Descriptive Comments" column to notate "N/A" if an action listed below does not apply, or if you want to provide specific details on the amount of time an action is performed. If more space is needed for any item, use Section 9, Remarks.					
	Those space is needed for any item, use se	Amount of Time				
	Action	Never	¹ Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Descriptive Comments
	 Balancing (With or without equipment in all weather conditions and on any surface, including uneven terrain) 					
	2. Bending					
	3. Twisting/Turning					
	4. Crouching/Squatting/Stooping					
	5. Kneeling					
	6. Reaching above shoulder level					
	7. Climbing (Indicate what is climbed such as stairs, ladder, etc.)					
	8. Pushing/Pulling (Indicate what and how the employee pushed or pulled)					
	9. Crawling under equipment to view, inspect, or repair					
	10. Gripping/Holding					
	 Foot Control (Shifting of feet when using pedals, brakes, clutch, etc.) 					
	12. Fine manipulation (Fingering; keypunch; keyboard; pressing buttons; picking/pinching/turning knobs; etc.)					
	13. a. Lifting/Lowering/Carrying (Indicate the objects the employee lifted/lowered/carried)					
	 b. Check the weight of the objects the employee lifted/lowered/ carried. 	United Barrier 19	0 lbs	ght Lifte 20 Often Li bs	lbs	

1 Occasionally means occurring from very little up to one-third (approx. 2-1/2 hours) of an 8-hour workday; cumulative, not ² Frequently means occurring one-third (approx. 2-1/2 hours) to two-thirds (approx. 5 hours) of an 8-hour workday; cumulative, not

continuous.

Section 9 Remarks
This section is to be used for the continuation of answers to other items. Be sure to include the section and item number at the beginning of the answer you wish to continue. You may also use this section to enter any additional information that you
feel may be important to include.
Section 10 Employer Certification
I know that it is a federal crime to make a false or fraudulent statement to the Railroad Retirement Board (RRB). I
certify that the information I gave the RRB on this form is true to the best of my knowledge.
NAME [.] SIGNATURE [.]
NAME: SIGNATURE: SIGNATURE:
TITLE: DATE: DATE:
TELEPHONE NO ()
Call our toll-free number at 1-877-772-5772 with any questions on filling out this form.
Return this completed form to:
U.S. RAILROAD RETIREMENT BOARD
844 NORTH RUSH STREET CHICAGO, ILLINOIS 60611-1275
ATTENTION: DISABILITY BENEFITS DIVISION
or a facsimile may be sent to (312) 751-7167.
Paperwork Reduction Act Notice
The Railroad Retirement Board is authorized to collect the information on this form under Section 7(b)(6) of the Railroad Retirement Act. The railroad job information is required to help determine if the employee identified above is eligible for a disability. While you are not required to respond, the information you provide will be used by the RRB in determining an applicant's eligibility for an occupational disability under the RRA.
We estimate this form takes an average of 60 minutes per response to complete, including the time for reviewing the instructions,

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We estimate this form takes an average of 60 minutes per response to complete, including the time for reviewing the instructions, getting the needed data, and reviewing the completed form. Federal agencies may not conduct or sponsor, and respondents are not required to respond to, a collection of information unless it displays a valid OMB number. If you wish, send comments regarding the accuracy of our estimate or any other aspect of this form, including suggestions for reducing the completion time to: Associate Chief Information Officer for Policy and Compliance, Railroad Retirement Board, 844 North Rush Street, Chicago, IL 60611-1275.