

OMB
Attachment A

Form Approved
OMB No. 0935-XXXX
Exp. Date XX/XX/20XX

Survey of Primary Care Clinicians about Opioid Use among Older Adults

Please return this survey in the enclosed envelope to:

Abt Associates
10 Fawcett Street, Ste. 5
Cambridge, MA 02138



DIRECTIONS

This survey is for clinicians who treat older adults in primary care settings in the United States. We would like to know about your experiences caring for older adults with chronic pain on opioids. Your participation in this survey is greatly appreciated!

- This survey is supported by the Agency for Healthcare Research and Quality (AHRQ) and is designed to assess **clinician experiences caring for older adult patients with chronic pain on opioids**. Abt Associates, a private research company, is conducting this study on behalf of AHRQ. You were randomly selected to participate in the survey. We anticipate that it will take you roughly **15 minutes** to complete the survey and are **offering \$25** as a token of our appreciation for completing the survey.
- The survey is **voluntary**, but your input is critical for helping us understand and support clinicians in caring for patients with chronic pain on opioids.
- If you participate, you do not have to answer every question. However, we encourage you to respond to this survey as completely and accurately as possible.
- **Your answers to this survey will be kept private and secure and will be confidential**, and only combined with other survey responses and presented in aggregate form in our reports. Abt Associates, and AHRQ are committed to protecting data confidentiality and privacy.
- This survey and the answers you provide will reside in a secure, protected computing environment, and measures are in place to prevent a breach of the information collected.

If you have any questions about this survey, please do not hesitate to contact us at OpioidsOlderAdults@abtassoc.com.

Instructions (paper survey only):

When providing each response:

- Please read each question carefully and shade in the circle next to the response that most closely represents your experience.
- Please shade only one circle for each question, unless asked to mark all that apply.
- Please use a PENCIL in case you want to change your answer.
- Please do NOT use felt tip pens.
- Please erase cleanly or white out any marks you wish to change.

Opioid Prescribing and Managing Opioids in Your Practice

We would like to know about your personal experience caring for patients with chronic pain on opioids.

	17 years old or younger	18 to 64 years old	65 to 79 years old	80 years old or older	
1. What is the approximate age distribution of your patients? <i>Your best estimate is fine.</i>	%	%	%	%	= 100%

2. In a typical work week, about how much of your time is spent on the following?

	Almost all of my time	Most of my time	Some of my time	Hardly any of my time	None of my time
Caring for patients with chronic pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for patients with chronic pain <u>on opioids</u>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/> → GO TO #24

3. In the last three months, have you prescribed opioids to patients with chronic pain?

Yes

No

4. Approximately what proportion of the patients aged 65 or older that you saw in the last six months were currently prescribed opioids by you or someone else?

I do not treat patients aged 65 or older → **GO TO #24**

No patients aged 65 or older were prescribed opioids → **GO TO #24**

1-5% of all patients aged 65 or older were prescribed opioids

6-10% of all patients aged 65 or older were prescribed opioids

11-25% of all patients aged 65 or older were prescribed opioids

26-50% of all patients aged 65 or older were prescribed opioids

51-100% of all patients aged 65 or older were prescribed opioids

5. Thinking about your patients aged 65 or older who are currently on opioids, approximately what proportion have been taking opioids for three months or more?

No patients aged 65 or older currently taking opioids have used them for 3 months or more

1-5% of patients aged 65 and older currently taking opioids have used them for 3 months or more

6-10% of patients aged 65 and older currently taking opioids have used them for 3 months or more

21-25% of patients aged 65 and older currently taking opioids have used them for 3 months or more

26-50% of patients aged 65 and older currently taking opioids have used them for 3 months or more

more

O 51-100% of patients aged 65 and older currently taking opioids have used them for 3 months or more

6. When caring for patients aged 65 and older with chronic pain on opioids in the last three months, about how often did you or your team conduct these specific aspects of care? Please answer each item thinking specifically about your patients aged 65 and older.

	Always	Often	Sometimes	Rarely	Never
Discuss risks and benefits of opioid therapy with patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discuss a treatment agreement (pain contract)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discuss storage and disposal of opioids	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage in shared decision making with patients regarding treatment of chronic pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refer patients to physical therapy for pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refer patients to acupuncture for pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refer patients to other non-pharmacologic therapies for pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Check patients' records in the Prescription Drug Monitoring Program (PDMP)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Order and/or interpreting urine drug test results	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for constipation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for fatigue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for confusion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for functional status decline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for depression and/or anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for decreased cognition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess for drug-drug interactions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess patients' current and past use of benzodiazepines, other sedatives, and/or controlled substances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess patients' current and past use of alcohol or illicit drugs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess whether patients are taking more opioids than prescribed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assess patients for opioid use disorder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For patients with opioid use disorder, refer to or treat them with medication assisted treatment (MAT)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prescribe or refer patients for naloxone (overdose reversal drug)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Do you conduct any of the above aspects of care with **only** patients aged 65 and older (i.e., not with patients younger than 65)

No

Yes, please describe: _____

8. On a scale from 1 to 5, how confident are you in your ability to conduct each of the following clinical care activities *with patients aged 18 to 64 and 65 or older* with chronic pain on opioids?

	Patient age group	1 Not at all confident	2	3	4	5 Very confident
Provide care according to regulations and guidelines for patients with chronic pain on opioids	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Develop a <i>taper</i> plan collaboratively with the patient when appropriate	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Engage in difficult conversations with patients (e.g., tapering, urine drug test or prescription drug monitoring program results)	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diagnose co-occurring behavioral or mental health conditions among patients with chronic pain on opioids	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identify patients with chronic pain on opioids who are misusing opioids	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diagnose opioid use disorder (OUD),distinguishing it from physical dependence, among patients with chronic pain on opioids	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prescribe or refer patients for medication-assisted treatment (MAT) like buprenorphine/naloxone or naltrexone	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. When caring for patients with chronic pain on opioids during the last three months, how often have you observed the following *with patients aged 18 to 64 and 65 or older*?

	Patient age group	Always	Often	Sometimes	Rarely	Never
Misuse of opioids ¹	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Challenges with side-effects related to opioids ²	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	65+	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Patient experiencing confusion	18-64	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	65+	○	○	○	○	○
Patient experiencing fatigue	18-64	○	○	○	○	○
	65+	○	○	○	○	○
Patient is willing to try non-pharmacologic therapy for pain	18-64	○	○	○	○	○
	65+	○	○	○	○	○

1. Misuse of opioids can include taking too much medicine, taking someone else's medicine, taking it in a different way than you are supposed to, or taking the medicine to get high. Citation: National Library of Medicine (NLM), MedlinePlus. "Opioid Misuse and Addiction."
2. Side-effects related to opioids can include drowsiness, mental fog, nausea, constipation, and slowed breathing. Citation: National Library of Medicine (NLM), MedlinePlus. "Opioid Misuse and Addiction."

10. Are you waived to prescribe buprenorphine to patients with opioid use disorder?

Yes

No → **GO TO #12**

11. In the last three months, have you prescribed buprenorphine or methadone to patients with opioid use disorder? *Please select all that apply.*

Yes, including for patients aged 18-64

Yes, including for patients aged 65 or older

No

12. Before reading each of the following statistics on opioid use and misuse in older adults, how aware were you about these statistics?

	Not at all aware	Slightly aware	Somewhat aware	Moderately aware	Very aware
During 2018, an estimated 35% of persons aged 65 or older in the United States reported any opioid use during 2018 ³	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In 2018, it was estimated that 1.3% (681,000) persons aged 65 or older in the United States misused prescription pain relievers during the prior year ⁴	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In 2017, there were 1,724 opioid-related overdose deaths among persons aged 65 or older in the United States ⁵	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Substance Abuse and Mental Health Services Administration (SAMHSA). 2018 National Survey on Drug Use and Health (NSDUH), Public Online Data Analysis System. Retrieved from: https://pdas.samhsa.gov/#/survey/NSDUH-2018-DS0001?column=AGE2&results_received=true&row=PNRANYR&run_chisq=false&weight=ANALWT_C

4. Substance Abuse and Mental Health Services Administration (SAMHSA). 2018 National Survey on Drug Use and Health (NSDUH), Public Online Data Analysis System. Retrieved from: https://pdas.samhsa.gov/#/survey/NSDUH-2018-DS0001?column=AGE2&results_received=true&row=OPINMYR&run_chisq=false&weight=ANALWT_C

5. Scholl L, Seth P, Kariisa M, Wilson N, Baldwin G. Drug and Opioid-Involved Overdose Deaths — United States, 2013–2017. *MMWR Morb Mortal Wkly Rep* 2019;67:1419–1427. Available at: <https://www.cdc.gov/mmwr/volumes/67/wr/mm675152e1.htm>

Available Practice or System Resources Related to Chronic Pain or Opioids

We would like to know whether the following resources are available in your practice.

13. Does your practice or health care system have policies or guidelines related to providing care for patients with chronic pain on opioids?

Yes

No → **GO TO #15**

Don't know → **GO TO #15**

14. Does your practice or health care system have policies or guidelines related to providing care for patients with chronic pain on opioids **that are specific to adults aged 65 and older**?

Yes

- No
- Don't know

15. Does your practice or health care system have a standardized treatment agreement (pain contract) for patients with chronic pain on opioids?

- Yes
- No → **GO TO #17**
- Don't know → **GO TO #17**

16. Does your practice or health care system have a standardized treatment agreement (pain contract) for patients with chronic pain on opioids **specific to adults aged 65 and older**?

- Yes
- No
- Don't know

17. Does your practice or health care system have electronic health record tools (e.g., notes templates, alerts, clinical decision-support tools) to support care for patients with chronic pain on opioids?

- Yes
- No
- Don't know

18. Does your practice or health care system use a registry or other tracking system to help care for patients with chronic pain on opioids?

- Yes
- No
- Don't know

19. Does your practice or health care system provide financial or administrative support to clinicians to apply for a buprenorphine waiver? *Please select all that apply.*

- Yes, financial support
- Yes, administrative support
- No
- Don't know

20. If your practice is part of a health care system, does your system have any policies, guidelines or quality improvements efforts related to opioids that is specifically focused on older adults? If so, please briefly describe:

21. What strategies has your practice successfully used to improve opioid prescribing and pain management practices *specifically for adults aged 65 and older?*

22. What resources or supports do you feel would most improve your ability to prescribe and manage opioids, manage opioid use disorder (OUD), and/or manage chronic pain *specifically for adults aged 65 and older?*

23. Is there anything else that would be helpful to understand about your experience providing care to patients on opioids, *specifically for adults aged 65 and older?*

About You and Your Practice

Finally, please tell us a little about you and your practice.

	Asian	Black or African American	White	Other	
<p>24. What is the approximate racial distribution of your patients? <i>Your best estimate is fine.</i></p>	%	%	%	%	= 100%

25. Approximately what percent of your clients identify as Hispanic? *Your best estimate is fine.*

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%

26. Do you have a specialty in or are you credentialed in geriatrics?

Yes

No

27. When caring for patients aged 65 or older, are you able to consult in-person or by phone, as needed, with the following staff **working at your practice**? *Please select all that apply.*

Geriatrician or geriatric nurse practitioner (NP)

Clinical pharmacist

Pain management specialist

Addiction specialist

Mental health clinicians (e.g., therapists, psychologists, psychiatrists)

28. Currently, how many physicians work in your practice, across all locations, including both full and part-time physicians? *Your best estimate is fine.*

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physicians

29. Which of the following best describes your practice's ownership?

Clinician-owned solo or group practice

Hospital/health system owned

Health Maintenance Organization

Federally Qualified Health Center or look-alike

Non-federal-government clinic (e.g., state, county, city, public health clinic, etc.)

Academic health center/faculty practice

Federal (military, Veterans Administration, Department of Defense)

Other

Thank you very much.

We greatly appreciate your participation in this survey.