#### COVID-19 2020 NSDUH questions

#### <u>Impact on Mental Health and Substance Use:</u>

Since the beginning of the COVID-19 pandemic, how much, if at all, has COVID-19 negatively affected your emotional or mental health?

- 1 Not at all
- 2 A little
- 3 Some
- 4 Quite a bit
- 5 A lot

DK/REF

[IF ALC12MON = 1] How much, if at all, has the COVID-19 pandemic affected the amount of alcohol you drink?

- 1 I drink **much less** than I did before the COVID-19 pandemic began
- 2 I drink a little less than I did before the COVID-19 pandemic began
- 3 I drink about the same amount as I did before the COVID-19 pandemic began
- 4 I drink a little more than I did before the COVID-19 pandemic began
- 5 I drink **much more** than I did before the COVID-19 pandemic began

[IF(MARJ12MON2= 1 OR COC12MON = 2 OR CRK12MON = 2 OR HER12MON = 1 OR HAL12MON = 1 OR INH12MON = 1 OR MET12MON = 1 OR PR12MON = 1 OR TR12MON = 1 OR ST12MON = 1 OR SV12MON = 1)] How much, if at all, has the COVID-19 pandemic affected your drug use other than alcohol?

By drugs we mean cannabis, which includes marijuana and hashish, cocaine, methamphetamine, heroin, fentanyl, hallucinogens, such as LSD, and prescription medications including benzodiazepines such as Xanax and Ativan, stimulants such as Ritalin and Adderall, and opioids such as hydrocodone or oxycodone.

- 1 I use **much less** than I did before the COVID-19 pandemic began
- 2 I use a little less than I did before the COVID-19 pandemic began
- 3 I use **about the same** amount as I did before the COVID-19 pandemic began
- 4 I use a little more than I did before the COVID-19 pandemic began
- 5 I use **much more** than I did before the COVID-19 pandemic began

#### **DK/REF**

# COVID-19 2020 NSDUH questions

# Financial Strain:

How often have you had	l serious financia	al worries because	e of the COVID-	19 pandemic?
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- 1 All the time
- 2 Nearly all the time
- 3 Some of the time
- 4 Rarely
- 5 Never

DK/REF

# **Housing Stability**

Were you homeless, living on the street, in a vehicle, or in some type of makeshift housing like a tent or empty building at any time because of the COVID-19 pandemic?

- 1 Yes
- 2 No

DK/REF

# Access to Treatment

Because of the COVID-19 pandemic in the U.S., did you experience any of the following in your access to **mental health** treatment?

		Yes	No	Does not apply
a.	Appointments moved from in-person to telehealth?	0	0	Ö
b.	Delays or cancellations in appointments?	0	0	0
c.	Delays in getting prescriptions?	0	0	0
d.	Unable to access needed care resulting in moderate to severe impact on health?	0	0	0

DK/REF

Because of the COVID-19 pandemic in the U.S., did you experience any of the following in your access to substance use treatment?

		Yes	No	Does not apply
e.	Appointments moved from in-person to telehealth?	0	0	0
f.	Delays or cancellations in appointments?	0	0	0
g.	Delays in getting prescriptions?	0	0	0
h.	Unable to access needed care resulting in moderate to severe impact on health?	0	0	0

DK/REF

# COVID-19 2020 NSDUH questions

Because of the COVID-19 pandemic in the U.S., did you experience any of the following in your access to **medical** care?

		Yes	No	Does not apply
a.	Appointments moved from in-person to telehealth?	0	0	0
b.	Delays or cancellations in appointments or preventive services?	0	0	0
c.	Delays in getting prescriptions?	0	0	0
d.	Unable to access needed care resulting in moderate to severe impact on health?	0	0	0

DK/REF

Because of the COVID-19 pandemic, have you had thoughts of killing yourself?

- 1 Yes
- 2 No
- 3 No response

DK/REF

[IF PREVIOUS QUESTION =1] Because of the COVID-19 pandemic, did you make a plan to kill yourself?

- 1 Yes
- 2 No
- 3 No response

DK/REF

[IF THOUGHTS OF KILLING YOURSELF QUESTION = 1] Because of the COVID-19 pandemic, did you try to kill yourself?

- 1 Yes
- 2 No
- 3 No response

DK/REF