

OMB Control No: 0584-xxxx Expiration Date: XX/XX/XXXXX

INTRODUCTION

Thank you for taking the time to complete this survey. United States Department of Agriculture (USDA), Food and Nutrition Service (FNS) is sponsoring a national study to examine WIC's nutrition risk assessment process. FNS has contracted with Westat and Insight Policy Research to conduct this study.

As part of the study, FNS would like the input of WIC Local Agency Directors about the policies and guidance that their WIC clinics follow when conducting nutrition risk assessments and using assessment results to tailor benefits and services provided.

You may share the link and PIN for this survey with other staff at your agency so that they may assist in responding to questions about the nutrition risk assessment process. However, we would like the Local Agency Director to approve and submit the completed survey.

You and your staff may log in to the survey as many times as you wish before submitting. The website will automatically save your work as you go.

Please complete this survey by [date].

This information is being collected to assist the Food and Nutrition Service in obtaining a comprehensive and detailed description of the WIC nutrition risk assessment process and the ways in which participant benefits are tailored to address the assessment results. This is a voluntary collection and FNS will use the information to improve the delivery and tailoring of WIC services and increase satisfaction of both staff and participants. This collection does request personally identifiable information under the Privacy Act of 1974. According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-[xxxx]. The time required to complete this information collection is estimated to average 33 minutes (0.55 hours) per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: U.S. Department of Agriculture, Food and Nutrition Service, Office of Policy Support, 1320 Braddock Place, 5th Floor, Alexandria, VA 22314 ATTN: PRA (0584-xxxx). Do not return the completed form to this address.

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NUTRITI	ON RISK ASSESSMENT PROCESSES A	ND PROTOCOLS
assessments. In additi	provide policy and procedure documents for on to the ones created by your State Agend pocedure protocols for the WIC clinics that yo	cy, has your Local Agency
○ Yes		
○ No		
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NUTRITION RISK ASSESSMENT PROCESSES AND PROTOCOLS

In what areas has yo protocols? (Check a	our Local Agency created additional nutrition risk assessment all that apply.)	
☐ Determining nutrition	on risk criteria	
☐ Adaptations for cul	turally diverse populations	
☐ Types of tools used	d when performing the nutrition risk assessment	
☐ Documenting nutri	tion risk criteria	
Using technology to post-visit	o communicate with participants about the nutrition risk assessment pre- and	
☐ Training provided to	o WIC nutrition risk assessment staff	
☐ Other (Specify):		
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	pants/parents or gua ts that involve nutrit		complete any forms ent?
○ Yes			
○ No			
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NUTRI	TION RISK ASSESSMENT PROCESSES AND PROTOCO	DLS
	ns are your WIC participants/parents or guardians asked to e ents involving nutrition risk assessment? (Check all that ap	•
☐ Dietary intake for	rms for self and/or child	
☐ Nutrition assess	ment questionnaires	
☐ Forms to docum	nent participant's eligibility (e.g. address, income, etc.)	
☐ Other (Specify):		
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NUTRITION RISK ASSESSMENT PROCESSES AND PROTOCOLS

Which of the following types of tools do staff utilize to conduct the nutrition risk assessment component of the visit with a program participant? (Check that apply.)	
☐ Nutrition questionnaire	
☐ Health questionnaire	
☐ Medical information	
☐ Diet history	
☐ Measuring or drinking cups	
☐ Food models	
☐ Baby bottles	
☐ Other (Specify):	
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NUTRITION RISK ASSESSMENT PROCESSES AND PROTOCOLS

Which of the following types of staff typically perform the nutrition risk assessment at clinic site(s) operated by your Local Agency? (Check all that apply.) ☐ Registered dietitian/registered dietitian nutritionist (RD/RDN) ☐ Nutritionist (4 year degree/non-RD/RDN) ■ Nurse (Registered Nurse (RN) or Licensed Practical Nurse (LPN)) Paraprofessional Nutrition assistant/nutrition aid □ Breastfeeding peer counselor Designated breastfeeding experts (including Certified Lactation Counselors, Certified Lactation Educators, and International Board Certified Lactation Consultants) ☐ Clerk/support staff ☐ Other (Specify): « Previous Next » Save and Continue Later 2:206 Technical Assistance: surveysupport@westat.com 1-8xx-xxx-xxxx FAQs Help Survey Instructions



NUTRITION RISK ASSESSMENT PROCESSES AND PROTOCOLS

Think about the nutrition risk assessment trainings offered to all WIC staff who conduct nutrition risk assessments at your Local Agency's clinics. Which of the following topics are included in the trainings provided to these staff? (Check all that apply.)

☐ Prenatal nutrition	
Postnatal nutrition (including nutrition for breastfeeding mothers)	
☐ Infant nutrition	
☐ Child nutrition	
☐ The nutrition assessment process	
☐ Assessment of breastfeeding behaviors	
□ Anthropometric data collection techniques (e.g., how to properly obtain heights, lengths, and weights)	
☐ Hematological data collection techniques (e.g., how to collect blood specimens for measuring hemoglobin levels)	
 Physical signs and symptoms of nutrition-related conditions (e.g., nutrition-focused physical exams) 	
☐ Dietary assessment (e.g. 24 hour recalls, food frequency questionnaires)	
☐ Documentation of nutrition assessment findings	
☐ Motivational interviewing/Counseling and participant-centered service skills	
☐ Multicultural awareness	
☐ Critical thinking	
☐ Counseling and participant-centered services skills	
☐ Weight issues (e.g. obesity, prenatal weight gain)	
☐ Therapeutic formula	
☐ Use of interpreter services	
Other (Specify):	
Other (Specify):	
☐ Other (Specify):	
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training?	nutrition risk assessm	ent staff receive [p	renatal nutrition]
O Twice a year			
○ Annually			
Once every 2 ye	ars		
Other (Specify):			
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Does your Local training?	Agency offer refresher trainings	s for the [prenatal nutrition]
○ Yes		
○ No		
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NUTRITION RISK ASSESSMENT PROCESSES AND PROTOCOLS

What are the ways selected? (Check		cted for the training topics you
☐ National/State/Re	egional conference	
☐ Training sessions	s/courses at a State training	center
☐ In-house training	session (e.g., Local Agency	conferences, workshops)
☐ Clinic staff meeti	ngs	
☐ State or Local Ag	ency webinars	
☐ Online training m	odules or courses	
☐ Individual staff m	entoring or coaching	
☐ Other, describe:		
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Does your Local Ag criteria are conside	gency or your State Agency determine whered high risk?	nich nutrition risk
The State Agence	су	
The Local Agence	су	
O Both the State A	gency and Local Agency	
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	ASSESSMENTS OF HIGH RI	SK
education to high ris	cy created processes or protocol k participants that are in addition procedures manual?	
○ Yes		
○ No		
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ASSESSMENTS OF HIGH RISK

In what areas has your Local Agency created additional nutrition education prothigh risk participants that are in addition to those described in your State policy procedures manual?	
O Preparing the individual care plan	
Referrals to professional WIC staff	
Referrals to external services	
The number and frequency of educational contacts	
O Use of technology to enhance educational messages	
Other (Specify:)	
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BREASTFEEDING ASSESSMENTS

	ypes of staff conduct breastfeeding asses ic site(s)? (Check all that apply.)	sments for
☐ Registered dietitian/reg	gistered dietitian nutritionist (RD/RDN)	
☐ Nutritionist (4 year degr	ree/non-RD/RDN)	
☐ Nurse (Registered Nurs	se (RN) or Licensed Practical Nurse (LPN))	
☐ Paraprofessional/nutriti	ion assistant/nutrition aid	
☐ CLC (Certified lactation	n counselor)	
☐ CLE (Certified lactation	n educator)	
☐ IBCLC (International bo	pard certified lactation consultant)	
☐ Breastfeeding peer cou	unselor	
☐ Clerk/support staff		
☐ Other (Specify):		
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	BREAST	FEEDING	ASSESSME	ENTS	
Do you use the training?	Grow and Glov	v curriculur	n for your br	eastfeeding	g assessment
○ Yes					
○ No					
	_				
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Glow in WIC curri	culum?		
O Twice a year			
○ Annually			
Once every 2	years		
Other (Specify):		
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BREASTFEEDING ASSESSMENTS

How is the training conducted using the Grow and Glow in WIC curriculum? (Capply.)	heck all that
☐ National/State/Regional conference	
☐ Training sessions/courses at a State training center	
☐ In-house training session (e.g., Local Agency conferences, workshops)	
☐ Clinic staff meetings	
☐ State or Local Agency webinars	
☐ Online training modules or courses	
☐ Individual staff mentoring or coaching	
☐ Other, describe:	
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USDA WIC NUTRITION ASSESSMENT AND TAILORING STUDY

	Local Agency Survey	1
	BREASTFEEDING ASSESSMENTS	
Does your Local Ager curriculum?	ncy offer refresher trainings using the Grow and (Glow in WIC
○ Yes		
○ No		
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WIC NUTRITION ASSESSMENT AND TAILORING STUDY

	Local Agency Survey
BREAST	FEEDING ASSESSMENTS
What additional topics not covered by breastfeeding assessment training?	y Grow and Glow in WIC do you include in your Specify:
	.:.
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BREASTFEEDING ASSESSMENTS

Now, think specifically about the breastfeeding assessment trainings offered to WIC staff who conduct breastfeeding assessments at your Local Agency's

	he following topics are included in the breastfeeding ng? (Check all that apply.)				
☐ Assessing moth	er's personal beliefs and attitudes towards breastfeeding				
☐ Assessing moth	☐ Assessing mother's milk production/mother and baby's dietary intake				
Assessing poten hunger cues	itial breastfeeding problems, breastfeeding techniques, and bab	у			
☐ Assessing partic	ipant breastfeeding goals				
☐ Infant nutrition					
☐ Counseling and	participant-centered services skills				
☐ Other (Specify):					
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O Twice a year		
Annually		
Once every 2 y	ears	
Other (Specify)	:	
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		4:408



WIC NUTRITION ASSESSMENT AND TAILORING STUDY

	Local Agend	cy Survey
	BREASTFEEDING ASSESS	MENTS
Does your Local A	gency offer refresher trainings f	or [Infant nutrition] training?
○ Yes		
○ No		
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		4:409
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BREASTFEEDING ASSESSMENTS

What are the ways in which training is conducted for the breastfeeding assessment topics you selected? (Check all that apply.)				
☐ National/State/Regional conference				
☐ Training sessions/courses at a State training center				
☐ In-house training session (e.g., Local Agency conferences, workshops)				
☐ Clinic staff meetings				
☐ State or Local Agency webinars				
☐ Online training modules or courses				
☐ Individual staff mentoring or coaching				
☐ Other, describe:				
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

FOOD PACKAGES

FOOD PACKAGES		
•	r local clinics modify food quantitie onthly allowance) in response to n that apply.)	
	lly or nutritionally warranted (e.g. to e nutrition-related medical condition)	iminate a food due to a food
Yes, if a participan	t refuses or cannot use the full nutriti	on benefit
□ No		
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

FOOD PACKAGES

•	-	pes and forms to accommoda s, such as: (Check all that app	
☐ Food storage condition	ns		
☐ Equipment for food pr	eparation		
☐ Unsafe water			
☐ Homeless and transie	ent status		
☐ The Local Agency car general living condition		s and forms to accommodate h	nousehold and
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food packages to n	r local clinics make changes or substitut neet their individual nutritional needs an Its of the nutrition risk assessment?	
○ Yes		
○ No		
« Previous	Next »	
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		5:50



TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

FOOD PACKAGES

What changes are made by your local clinic staff? (Check all that apply.)	
☐ Substitutions based on medical diagnoses	
☐ Substitutions based on participants' food preferences	
☐ Cultural, belief, or religious food substitutions (e.g., vegan, Kosher, Halal)	
☐ Adjustment to the type of infant formula provided based on breastfeeding ass	essment
☐ Adjustment to the amount of infant formula provided based on breastfeeding	assessment
Other (Specify):	
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

NUTRITION EDUCATION

		es staff use the information ilor nutrition education? (Check all	
☐ A menu of nutrition educ chooses what interests		entified, and the participant/caregiver	
☐ Content of educational r	materials is modified	d	
☐ Delivery medium is mod materials)	dified (e.g., in-persor	on discussion, on-line presentation, pri	nted
☐ The number and freque	ncy of educational c	contacts is modified	
☐ Other (Specify):			
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

NUTRITION EDUCATION

At your Local Agency's WIC clinics, what modes of nutrition education are offered to participants? (Check all that apply.)
☐ One-on-one counseling: Face to face (in WIC site)
One-on-one counseling: Telephone
One-on-one counseling: Video conferencing
☐ Group education sessions
 Technology-based nutrition education used by participants at site (e.g., computer, kiosk, tablet)
 Technology-based nutrition education used by participants offsite via Internet (e.g., web-based nutrition education modules)
☐ Distribution of printed materials to participants
Other (Specify):
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

NUTRITION EDUCATION

education topics for	's WIC clinics, how does staff prioritize participants with multiple nutrition risks	
	nent of nutrition risk assessment staff	
☐ Other (Specify):	sed needs and concerns	
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

REFERRALS

For each of the following specialists, please indicate if an internal referral is offered ... (Select one response for each type of internal referral.)?

Type of Internal Referrals	To all WIC participants at my clinics	Only when indicated based on the results of the nutrition risk assessment	Specialist Is not available in my clinics
Breastfeeding Peer Counselor	0	0	0
WIC Designated Breastfeeding Expert	0	0	0
WIC Registered Dietitian/Registered Dietitian Nutritionist (RD/RDN)	0	0	0
Other (Describe):	0	0	0

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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

REFERRALS

For each of the following health and social service programs or organizations, please indicate if an external referral offered ... (Select one response for each type of external referral.)

Type of External Referrals	To all WIC participants at my clinics	Only when indicated based on the results of the nutrition risk assessment	Referral service not available to my clinics
Breastfeeding support groups	0	0	0
Childhood immunizations	0	0	0
Community health centers/Health provider	0	0	0
Oral health resources	0	0	0
Income support (TANF, SSI, UI)	0	0	0
SNAP/Food Stamps	0	0	0
Medicaid/CHIP	0	0	0
Alcohol, tobacco and substance use counseling	0	0	0
Domestic violence	0	0	0
Housing/shelter	0	0	0
Child abuse prevention/counseling	0	0	0
Food banks	0	0	0
Smoking cessation	0	0	0
Other (Specify):	0	0	0
Other (Specify):	0	0	0
Other (Specify):	0	0	0

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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

CHANGES TO PROGRAM BENEFITS

Without a new nutrition risk assessment, can staff at your clinics modify WIC program benefits (e.g., modify food packages, nutrition education, etc.) based

on changes noted in identified risks or new risks that the participant I the attention of WIC staff between certification appointments? (Check apply.)	_
Yes, staff may modify benefits if they note changes to the risks identified assessment	in the initial
Yes, staff may modify benefits to address nutrition risks that were previous but not addressed in prior appointments	usly identified
Yes, staff may modify benefits based on new risks that a participant bring attention	js to their
☐ No, staff may not modify benefits until the participant is re-certified.	
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•	uter program (Management Information System ff to tailor program benefits using information f sment?	•
○ Yes		
○ No		
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS SE OF THE MIS		
How does the MIS nutrition risk asse	at your clinics help staff tailor food packages us ssment?	sing information from the
Automatically to	ailors food packages, but WIC staff can make chang	jes
Automatically to	ailors food packages, and this cannot be changed by	WIC staff
O Suggests poss	ible ways to tailor food packages that WIC staff can	choose from
O Does not help s	staff tailor food packages	
Other (Specify:)	
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TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

	on education off	ered to participant	s, and this cannot	be
possible ways to	tailor nutrition e	education that WIC	C staff can choose	from
help staff tailor n	utrition educatio	n		
ecify:)				
N	lext »			
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b H	by WIC staff s possible ways to help staff tailor no pecify:)	by WIC staff spossible ways to tailor nutrition enducation	by WIC staff s possible ways to tailor nutrition education that WIC help staff tailor nutrition education pecify:) Next »	s possible ways to tailor nutrition education that WIC staff can choose help staff tailor nutrition education pecify:) Next » Next of tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that WIC staff can choose the possible ways to tailor nutrition education that was the possible ways to tailor nutrition education that was the possible ways to tailor nutrition education that was the possible ways to tailor nutrition education that was the possible ways to tailor nutrition education that was the possible ways to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way to tailor nutrition education that was the possible way the possible way to tailor nutrition education that was the possib



TAILORING PROGRAM BENEFITS BASED ON NUTRITION RISK ASSESSMENT RESULTS

participants using i	-	f tailor referrals offered trition risk assessment?	
 Automatically ta changes 	ilors referrals offered to p	articipants, but WIC staff c	an make
 Automatically tai WIC staff 	lors referrals offered to pa	articipants, and this cannot	be changed by
O Suggests possil	ole referrals to offer partic	ipants that WIC staff can o	hoose from
O Does not help st	aff tailor referrals offered	to participants	
Other (Specify:)			
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CULTURAL APPROPRIATENESS OF NUTRITION RISK ASSESSMENT SERVICES AND BENEFIT TAILORING

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CULTURAL APPROPRIATENESS OF NUTRITION RISK ASSESSMENT SERVICES AND BENEFIT TAILORING

How does your Local Agency communicate with participants that speak a language other than English when providing putrition education? (Check all

that apply.)	an English when providing nutrition education? (Спеск ан
☐ Have bilingual st	aff onsite	
☐ Use on-site inter	preters (individuals who provide interpreter services o	nly)
Use a language	line service	
☐ We offer printed	educational materials in other languages	
☐ Other (Specify):		
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CULTURAL APPROPRIATENESS OF NUTRITION RISK ASSESSMENT SERVICES AND BENEFIT TAILORING

How does your Loca provision? (Check a		tural competency in serv	ice
☐ Staff training			
☐ Pursue feedback a	nd advice from cultura	ally diverse groups	
☐ Conduct culturally s	sensitive evaluations		
☐ Elicit participant exp	pectations and prefere	ences	
☐ Other (Specify):			
		_	
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\$	ROPRIATENESS OF	NEFIT TAILO	RING	
Do clinic assessmen participants' food pa		_		NIC
O Yes, always				
O Yes, sometimes				
○ No				
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cal Agency.	o ask some questions about the chara	
○ Local/County Hea	alth Department	
O Health Center/Clir	nic	
O Non-profit Organiz	zation	
Other (Please des	scribe):	
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	LOCAL AGENCY CI	HARACTERISTIC	CS	
How many clinic sites	does your Local Age	ncy operate?		
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	LOCAL AGENCY CHARACTERISTICS	S
Where are these cl	inic sites located?	
O Primarily in urba	ın areas	
O Primarily in rural	areas	
O Primarily in subu	urban areas	
O Clinics are locate	ed in a mix of urban/suburban areas	
O Clinics are locate	ed in a mix of urban/rural/suburban areas	
Clinics are locate« Previous	ed in a mix of urban/rural/suburban areas Next »	
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age 1:	Percent:			
age 2:	Percent:			
uage 3:	Percent:			
		appreciate your participa	tion.	
	revious	Submit Survey	tion.	
		Submit Survey	tion.	
	revious	Submit Survey	tion.	7:704