Form Approved
OMB No. 0920-xxxx
Exp. Date xx/xx/xxxx

IFPS-3: MONTH 4

The information you are being asked to provide is authorized to be collected under Section 301 of The Public Health Service Act (42 USC 241). Providing this information is voluntary. CDC will use this information in its study, *Feeding My Baby and Me (also known as the Infant Feeding Practices Study III)*, in order to learn more about the choices mothers make in feeding their babies and toddlers in the first 2 years of life. This information will support efforts to improve the health of our nation's children. This information will be shared with a contractor, Westat, with which CDC has entered into an agreement to assist with carrying out this study.

Public reporting burden of this collection of information varies from ***2 to 24 minutes*** with an average of ***15 minutes*** per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-***xxxx***)

DEMOGRAPHICS

A9. Are you currently {CHILD'S NAME}'s caregiver?

- Yes (GO TO A29)
- No

A10. Does {CHILD'S NAME} currently live with you?

- Yes
- No

[IF A9 AND A10 = NO, END SURVEY, MAY BE ELIGIBLE FOR FUTURE SURVEYS. SHOW SURVEY INELIGIBILITY SCREEN AND THEN END SURVEY.]

[START SURVEY INELIGIBILITY SCREEN]

We're sorry, you are not eligible to complete this survey if you are not currently the study child's caregiver and the child doesn't live with you. We will check back with you to see if you are eligible for study surveys in the future. Thank you.

[END SURVEY INELIGIBILITY SCREEN]

A29. Have you moved out of the United States?

- Yes
- No

FEEDING

Foods Your Baby Eats

[PROGRAMMER: LIST EACH REPETITION OF INSTRUCTIONS AND THE GRID THAT FOLLOWS THOSE INSTRUCTIONS ON A SEPARATE PAGE]

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Breast milk and infant formula	Feedings per day	Feedings per week
Breast milk at your breast		
Breast milk in a bottle/cup		
Infant formula		

[IF >0 FOR INFANT FORMULA] In the past week, about how many ounces of infant formula did your baby drink at each feeding?

- 1 to 2
- 3 to 4

- 5 to 6
- 7 to 8
- More than 8

In the past 7 days, how often was {CHILD'S NAME} fed each beverage listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the beverage once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the beverage less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the beverage at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Beverages	Feedings per day	Feedings per week
Water: include tap, bottled, or unflavored sparkling water		
100% pure fruit juice or 100% pure vegetable juice		
Regular soda or pop that contains sugar. Don't include diet soda or diet pop		
Sweetened fruit drinks such as Kool-Aid, lemonade, sweet tea, Hi-C, cranberry cocktail, Gatorade, or flavored milk (e.g., chocolate, strawberry, vanilla)		
Unsweetened cow's milk (includes milk added to foods such as cereals)		
Unsweetened other milk such as soy milk, rice milk, or goat milk.		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.

- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Grains	Feedings per day	Feedings per week
Baby cereal		
Infant snacks (includes baby puffs, melts, or teething biscuits)		
Hot or cold cereal (do not include baby cereal)		
Rice, pasta, breads (includes, rice, pasta, toast, rolls, bagels, cornbread, tortillas, bread in sandwiches, pancakes, waffles, crackers, etc.)		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Meats and Other Protein Foods	Feedings per day	Feedings per week
Meat (not processed): chicken, turkey, pork, beef, or lamb		
Processed meat: baby food meats, combination dinners, bacon, ham, lunch meats, hot dogs, etc.		
Fish or shellfish		
Eggs		
Beans: Refried beans, black beans, white beans, baked beans, beans in soup, pork and beans, or any other		

cooked dried beans. Don't include green beans.		
Peanut butter, other peanut foods, or nuts		
Soy foods: tofu, frozen soy desserts, etc.		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Fruits and Vegetables	Feedings per day	Feedings per week
Fruits: fresh, frozen, or canned, pureed baby food, or in squeezable pouches. Don't include juice.		
Potatoes: baked, boiled, or mashed potatoes, or sweet potatoes		
Fried potatoes including French fries, home fries, or hash browns		
Green leafy vegetables: spinach, kale, collards, lettuce, or other green leafy vegetables		
Other vegetables: fresh, frozen, or canned, or in squeezable pouches (other than green leafy or lettuce salads, potatoes, or cooked dried beans)		
Tomato sauces: Mexican-type salsa with tomato, spaghetti noodles with tomato sauce, or mixed into foods such as lasagna (do not include tomato sauce on pizza)		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Dairy	Feedings per day	Feedings per week
Cheese: all types (include cheese as a snack, on a sandwich, or in foods such as lasagna, quesadillas, or casseroles). Do not count cheese on pizza		
Other dairy products, such as pudding or yogurt. Don't include sugar free or plain kinds		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Sweets and Desserts	Feedings per day	Feedings per week
Ice cream or other frozen dairy desserts, such as frozen yogurt and sherbet. Don't include sugar free kinds		
Sugar free frozen dairy desserts or sugar free pudding, plain or sugar free		

yogurt, or other sugar free dairy products		
Sweet foods: candy, cookies, cake, doughnuts, muffins, pop-tarts, etc. Don't count frozen or sugar free desserts		

In the past 7 days, how often was {CHILD'S NAME} fed each food listed below? Include feedings by everyone who feeds the baby and include snack and night time feedings.

Fill in only one column for each item.

- If **{CHILD'S NAME}** was fed the food once a day or more, enter the number of feedings per day in the first column.
- If **{CHILD'S NAME}** was fed the food less than once a day, enter the number of feedings per week in the second column.
- If **{CHILD'S NAME}** was not fed the food at all during the past 7 days, fill in 0 in the second column.

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER LINE, EITHER FEEDINGS PER DAY OR FEEDINGS PER WEEK]

Snacks and Other Foods	Feedings per day	Feedings per week
Pizza: frozen pizza, fast food pizza, homemade pizza, or other pizza		
Snacks such as potato chips, corn chips, pretzels, or popcorn		

C13. [ASK ONLY IF BREAST MILK FROM BREAST AND BREAST MILK FROM BOTTLE/CUP ENDORSED IN FFQ] Babies might drink breast milk from the breast, a bottle, or a cup. Which of the following best describes how {CHILD'S NAME} was drinking breast milk in the past week.

- Mostly at the breast but some breast milk from a bottle or cup
- About half at the breast and half from a bottle or cup
- Some at the breast but most from a bottle or cup

C52. During the past week, how often was {CHILD'S NAME} put to bed with a bottle with anything other than water?

- At most bedtimes, including naps
- At most night bedtimes, but not naps

- At most naps, but not night bedtimes
- Only occasionally at bedtimes, including naps
- Never

C53. [ASK ONLY IF BREAST MILK FROM BOTTLE/CUP OR FORMULA ENDORSED IN FFQ] How often have you added baby cereal to {CHILD'S NAME}'s bottle of formula or pumped (or expressed) breast milk in the past week?

- Never
- Only rarely
- Every few days
- About once a day
- At most feedings
- At every feeding

Feeding Breast Milk

These next questions are about feeding your baby breast milk.

E5. [ASK IF E4 FROM PREVIOUS SURVEY INCLUDES DATE AND R HAS NOT ALREADY ANSWERED YES] Has {CHILD'S NAME} stopped directly feeding at your breast?

- Yes
- No (GO TO E10)

E6. How old was {FILL: HE/SHE} when {FILL: HE/SHE} completely stopped feeding directly from your breast? Do not answer about pumped or expressed milk. You will be asked about that later. (Day 0 is the day your baby was born)

My baby completely stopped feeding at my breast at ___ days OR ___ weeks OR ___ months

E8. What were the two most important reasons for your decision to stop feeding your baby directly at your breast?
[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER COLUMN, DO NOT ALLOW BOTH COLUMNS CHECKED FOR SAME LINE]

	Most important reason	Second most important reason
I wanted or needed someone else to feed my baby		
Breast milk alone did not satisfy my baby		
I wanted my body back to myself		
I was sick or had to take medicine		

I could not breastfeed while working or going to school		
My baby lost interest in nursing or began to wean himself or herself		
I was pregnant		
Other reason		

[PROGRAMMER: DISPLAY E10 AND E15 ON THE SAME SCREEN]

E10. [DO NOT DISPLAY IF ANSWERED WITH DATE IN PREVIOUS SURVEY] How old was {FILL: HE/SHE} when you first pumped your breast milk? (Day 0 is the day your baby was born)

I first pumped my breast milk at___ days OR ___ weeks OR ___ months

OR

- I have never pumped my breast milk

E15. [DO NOT DISPLAY IF ANSWERED WITH DATE IN PREVIOUS SURVEY] How old was {FILL: HE/SHE} when you first fed your baby pumped or hand-expressed breast milk? (Day 0 is the day your baby was born)

I first gave my baby pumped or hand-expressed breast milk at___ days OR ___ weeks OR ___ months

OR

- I have never given my baby pumped or hand-expressed breast milk

[IF E10 = NEVER PUMPED, SKIP TO E16]

C19. Are you currently pumping breast milk on a regular schedule?

- Yes
- No

C20. In the past week, how many times did you pump breast milk?

__ Times in past week

E11. [ASK IF E10 FROM CURRENT OR PREVIOUS SURVEY INCLUDES DATE AND R HAS NOT ALREADY ANSWERED YES] Have you stopped pumping or hand-expressing breast milk?

- Yes

- No (GO TO E16)

[IF E11 = VALID SKIP, SKIP TO E16]

E12. How old was {CHILD'S NAME} when you completely stopped pumping or hand-expressing breast milk? (Day 0 is the day your baby was born). Do not answer about feeding your baby your pumped breast milk. You will be asked about that later.

I completely stopped pumping or hand-expressing my breast milk at___ days OR ___ weeks OR ___ months

E13. What were the two most important reasons for your decision to stop pumping or hand-expressing breast milk?

[PROGRAMMER: ONLY ALLOW ONE RESPONSE PER COLUMN, DO NOT ALLOW BOTH COLUMNS CHECKED FOR SAME LINE]

	Most important reason	Second most important reason
Pumping milk no longer seemed worth the effort it required		
Too many challenges related to pumping at work or school		
Pumping supplies cost too much		
I was not getting enough pumped milk		
I had enough milk stored to reach my breastfeeding goal		
I was pregnant		
I was sick or had to take medicine		
Other reason		

E16. [ASK IF E15 FROM CURRENT OR PREVIOUS SURVEY INCLUDES DATE AND R HAS NOT ALREADY ANSWERED YES] Have you stopped feeding your baby pumped or expressed breast milk?

- Yes
- No (GO TO E22)

[IF E16 = VALID SKIP, GO TO E19]

E17. How old was {FILL: HE/SHE} when {FILL: HE/SHE} completely stopped being fed any pumped or expressed breast milk? Do not answer about feeding directly at your breast. (Day 0 is the day your baby was born)

My baby completely stopped being fed pumped or expressed breast milk at___ days OR ___ weeks OR ___ months

E19. [IF E4 OR E15 HAVE DATE IN ANY SURVEY AND E5 ≠ NO AND E16 ≠ NO, ASK E19. ONCE ANSWERED, DO NOT ASK AGAIN IN FUTURE SURVEYS]] Did you feed your baby breast milk (at the breast or pumped/expressed milk) as long as you wanted?

- Yes
- No

Feeding Formula

These next questions are about feeding your baby infant formula.

E22. [DO NOT ASK IF E22 = YES IN A PREVIOUS SURVEY; IF FORMULA ENDORSED IN FFQ CODE YES AND CONTINUE TO E23] Did you ever feed {CHILD'S NAME} infant formula?

- Yes
- No (GO TO C26)

E23. [DO NOT DISPLAY IF ANSWERED WITH DATE IN PREVIOUS SURVEY] How old was {FILL: HE/SHE} when {FILL: HE/SHE} was first fed infant formula? (Day 0 is the day your baby was born)

My baby was first fed infant formula at___ days OR ___ weeks OR ___ months

Solid Foods

These next questions are about introducing solid foods to your baby.

C26. [ONCE ANSWERED WITH ANYTHING OTHER THAN "I HAVE NOT YET FED MY BABY SOLID FOODS," DO NOT ASK AGAIN] How old was {CHILD'S NAME} when {FILL: HE/SHE} was first fed solid foods? Please include any foods such as infant cereal, fruit, vegetables, meat or other foods, even if it was just a small amount fed from a spoon, a bottle or your hands. The first solid food means the first time your baby had any food other than breast milk or infant formula.

____ Months **[HAVE A DROP DOWN OPTION FOR LESS THAN ONE MONTH ALL OTHER RESPONSES ARE WRITE-IN]**

[NOTE TO PROGRAMMER – DO NOT ALLOW FOR OPTIONS THAT ARE OLDER THAN CHILD'S AGE AT TIME OF SURVEY]

- I have not yet fed my baby solid foods (GO TO G3)

C27. [ONCE ANSWERED, DO NOT ASK AGAIN] What was the first solid food you fed {CHILD'S NAME}? The first solid food means the first time your baby had any food other than breast milk or infant formula. This can also include anything added to the bottle.

- Infant rice cereal
- Infant cereal (not rice)
- Fruits
- Vegetables
- Meats
- Other food
- I fed my baby several different foods mixed together

EMPLOYMENT AND CHILD CARE

G3. Was {CHILD'S NAME} cared for by someone other than you, or your partner, on a regular schedule during the past month? That is, did someone else usually keep your baby at least once a week for three or more hours at a time?

Include arrangements in which the exact day or time may change if the child care usually occurred at least once a week.

- Yes
- No (GO TO G3A)

G4. Where did your usual child care occur? (Please select one. If you have more than one, please select the one you use the most often)

- A daycare center
- An in-home daycare
- In a private home (this includes your own home)

G5. How many days in an average week was {CHILD'S NAME} cared for by your regularly scheduled child care provider(s)? (Include days your baby was cared for by family members if they regularly provide child care while you are away from the baby.)

_____ DAYS PER WEEK

G6. On an average day while {CHILD'S NAME} was with your child care provider, how many meals or snacks did {CHILD'S NAME} have?

Please include breast milk, formula, and all other foods, and include meals and snacks.

_____ Number PER DAY FED BABY

G7. [PROGRAMMER: ONLY DISPLAY IF G4 = A DAYCARE CENTER OR AN IN-HOME DAYCARE] Does your child care provider currently:

	Yes	No	Don't know
Allow mothers to breastfeed at the child care site			
Provide an area for mothers to breastfeed at the child care site			
Feed mothers' pumped breast milk to babies			
Have water for children to drink available at all times			
Have active play time every day			

G8. Under your regular child care arrangements in the past month, who usually provided {CHILD'S NAME}'s food?

- You, the mother
- The child care provider
- Someone else

G3A. In the past month, was your regular childcare arrangement disrupted due to the COVID-19 pandemic?

- Yes
- No

G28. Are you currently attending school?

- Yes, full-time
- Yes, part-time
- No

G23. Are you currently working for pay?

- Yes, currently working for pay
- No, not currently working for pay (GO TO H23)

G23A. In the past month, have you been working from home?

- Yes, I only work at home
- Yes, I work both at home and outside the home
- No, I only work outside the home

G34. What do you do for your MAIN job? That is, what is your title and your typical job duties?

_____

G35. For your MAIN job, what type of a company do you work for? That is, what does the company make or do?

_____

G24. How old was {CHILD'S NAME} when you began working after your delivery?

_____ days or _____ weeks or _____ months

G25. How many hours per week did you usually work for pay at your job during the past month? (Answer for whatever time you have been working if less than 1 month) (If you work at two or more jobs, answer for the total number of hours you work.)

- 1 to 9 hours per week
- 10 to 19 hours per week
- 20 to 29 hours per week
- 30 to 34 hours per week
- 35 to 40 hours per week
- More than 40 hours per week

G29A. [PROGRAMMER: ONLY DISPLAY IF STILL FEEDING OR PUMPING BREAST MILK (E5 OR E11= NO)] [IF G23A= ONLY WORK AT HOME OR BOTH HOME AND OUTSIDE HOME] When you work at home, does your employer currently do any of the following things to help you while you breastfeed?

Select all that apply.

- Allow reasonable breaks for pumping
- Provide flexible work arrangements (e.g., hours, location)

- Allow me to have my baby with me at work

G29B. [PROGRAMMER: ONLY DISPLAY IF STILL FEEDING OR PUMPING BREAST MILK (E5 OR E11= NO)] [IF G23A= ONLY WORK OUTSIDE THE HOME OR BOTH HOME AND OUTSIDE HOME] When you are at your worksite (not your home), does your employer currently do any of the following things to help you while you breastfeed?

Select all that apply.

- Allow reasonable breaks for pumping
- Provide a private space that isn't a bathroom where you can pump milk
- Provide flexible work arrangements (e.g., hours, location)
- Allow me to have my baby with me at my worksite while I work

G30. [PROGRAMMER: ONLY DISPLAY IF STILL FEEDING OR PUMPING BREAST MILK (E5 OR E11 = NO)] Have you had any of the following experiences during the past month? Mark "No" if the item does not describe your circumstances, such as if you have no coworkers for the first item. (If you have stopped breastfeeding, please answer for the time you were breastfeeding.)

	Yes	No
A coworker made negative comments or complained to me about breastfeeding or pumping breast milk.		
It was hard for me to arrange break time for breastfeeding or pumping breast milk.		
It was hard for me to find a place to breastfeed or pump breast milk.		
I felt worried about keeping my job, or felt penalized at work, because of breastfeeding or pumping breast milk.		

HEALTH AND LIFESTYLE

H23. Which of the following problems did your baby have during the past month? (Check Yes/No for each item)

	Yes	No
Fever		
Diarrhea or vomiting		
Ear infection		
Severe respiratory infection (e.g., pneumonia, bronchiolitis)		
Wheeze		
Eczema (atopic dermatitis)		

COVID-19		

G26. How many days in the past month did you or another caregiver (e.g., the baby's father) miss work because your baby was sick?

_____ days

D11. Did you receive information on any of the following topic areas for {CHILD'S NAME} from a health care provider such as a doctor or nurse?

	Yes	No	Don't know
How to store breast milk for this baby			
How to do responsive feeding (such as how to know if your baby is hungry or full)			

H6. What kind of birth control are you or your spouse/partner using now?

Select all that apply.

- Hormonal IUD (Mirena®, Skyla®, Kyleena®, Liletta®)
- Implant (Nexplanon®)
- Shot (Depo-Provera®)
- Progestin-only pill (e.g. mini-pill)
- Combined contraception (e.g. combined pill, patch [OrthoEvra®] or vaginal ring [NuvaRing®])
- Non hormonal method (for example permanent sterilization [e.g., tubes tied, Essure®, vasectomy], copper [non-hormonal] IUD, condoms, not having sex at certain times [rhythm method or natural family planning], withdrawal [pulling out], diaphragm, cervical cap, sponge, not having sex, no method, not applicable [e.g. hysterectomy, same-sex partner])

[PROGRAMMER: DISPLAY CONTACT INFORMATION SECTION]