# 2019 BRFSS Field Test Questionnaire



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## Core Section 1: Health Status

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C01.01	Would you say that in general your health is—	GENHLTH	Read: 1 Excellent 2 Very Good 3 Good 4 Fair 5 Poor Do not read: 7 Don't know/Not sure 9 Refused			90

# Core Section 2: Healthy Days

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C02.01	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	PHYSHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused			91-92
C02.02	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	MENTHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused			93-94
C02.03	During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities,	POORHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused	Skip if C02.01, PHYSHLTH, is 88 and C02.02, MENTHLTH, is 88		95-96

such as self-			
care, work, or			
recreation?			

## Core Section 3: Healthcare Access

Question	Question text	Variable	Responses	SKIP INFO/	Interviewer Note (s)	Column(s)
Number		names	(DO NOT READ UNLESS OTHERWISE NOTED)	CATI Note		
HC.01	What is the primary source of your health care coverage? Is it	HLTHCVR1	1 A plan purchased through an employer or union Notes: includes plans purchased through another person's employer 2 A plan that you or another family member buys on your own 3 Medicare 4 Medicaid or other state program 5 TRICARE (formerly CHAMPUS), VA, or Military 6 Alaska Native, Indian Health Service, Tribal Health			

source 8 None (no coverage) 77 Don't know/Not		
Sure 99		
Refused		

## Core Section 4: Chronic Health Conditions

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C06.01	Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me Yes, No, Or You're Not Sure. Ever told) you that you had a heart attack also called a myocardial infarction?	CVDINFR4	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.02	(Ever told) you had angina or coronary heart disease?	CVDCRHD4	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.03	(Ever told) you had a stroke?	CVDSTRK3	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.04	(Ever told) you	ASTHMA3	1 Yes			

	had asthma?		2 No 7 Don't know / Not sure 9 Refused	Go to C06.06		
C06.05	Do you still have asthma?	ASTHNOW	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.06	(Ever told) you had skin cancer?	CHCSCNCR	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.07	(Ever told) you had any other types of cancer?	CHCOCNCR	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.08	(Ever told) you have chronic obstructive pulmonary disease, C.O.P.D., emphysema or chronic bronchitis?	CHCCOPD1	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.10	(Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?	ADDEPEV2	1 Yes 2 No 7 Don't know / Not sure 9 Refused			
C06.11	Not including kidney stones, bladder infection	CHCKDNY1	1 Yes 2 No 7 Don't		Read if necessary: Incontinence is not being able to	

	or incontinence, were you ever told you have kidney disease?		know / Not sure 9 Refused		control urine flow.	
C06.12	(Ever told) you have diabetes?	DIABETE3	1 Yes 2 Yes, but female told only during	Go to Pre- Diabetes Optional	If yes and respondent is female, ask: was this only when you were pregnant? If respondent says pre-diabetes or borderline diabetes, use response code 4.	
			pregnancy 3 No 4 No, pre- diabetes or borderline diabetes 7 Don't know / Not sure 9 Refused	Module (if used). Otherwise, go to next section.		
C06.13	How old were you when you were told you have diabetes?	DIABAGE2	Code age in years [97 = 97 and older] 98 Don't know / Not sure 99 Refused	Go to Diabetes Module if used, otherwise go to next section.		

# Core Section 5: Demographics

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C08.01	What is your sex? Are you	SEX1	1 Male 2 Female Do not read: 7 Don't know / Not sure 9 Refused	States may adopt one of the two formats of the question. If second format is used, read options.		
C08.02	In what year were your born?	AGE	_ Code age in years 07 Don't know / Not sure 09 Refused			
C08.03	Are you Hispanic, Latino/a, or Spanish origin?	HISPANC3	If yes, read: Are you 1 Mexican, Mexican American, Chicano/a 2 Puerto Rican 3 Cuban 4 Another Hispanic, Latino/a, or Spanish origin Do not read: 5 No 7 Don't know / Not sure 9 Refused		One or more categories may be selected.	
C08.04	Which one or more of the following would you say is your race?	MRACE1	Please read: 10 White 20 Black or African American 30 American Indian or Alaska Native 40 Asian 41 Asian Indian 42 Chinese 43 Filipino 44 Japanese 45 Korean	If more than one response to C08.04; continue. Otherwise, go to C08.06.	If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading. One or more categories may be	

			46 Vietnamese 47 Other Asian 50 Pacific Islander 51 Native Hawaiian 52 Guamanian or Chamorro 53 Samoan 54 Other Pacific Islander Do not read: 60 Other 88 No additional choices 77 Don't know / Not sure 99 Refused	selected.	
C08.05	Which one of these groups would you say best represents your race?	ORACE3	Please read: 10 White 20 Black or African American 30 American Indian or Alaska Native 40 Asian 41 Asian Indian 42 Chinese 43 Filipino 44 Japanese 45 Korean 46 Vietnamese 47 Other Asian 50 Pacific Islander 51 Native Hawaiian 52 Guamanian or Chamorro 53 Samoan 54 Other Pacific Islander Do not read: 60 Other 77 Don't know / Not sure 99 Refused	If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading. If respondent has selected multiple races in previous and refuses to select a single race, code refused	
C08.06	Are you	MARITAL	Please read: 1 Married 2 Divorced 3 Widowed 4 Separated 5 Never married		

			Or 6 A member of an unmarried couple Do not read: 9 Refused		
C08.07	What is the highest grade or year of school you completed?	EDUCA	Read if necessary: 1 Never attended school or only attended kindergarten 2 Grades 1 through 8 (Elementary) 3 Grades 9 through 11 (Some high school) 4 Grade 12 or GED (High school graduate) 5 College 1 year to 3 years (Some college or technical school) 6 College 4 years or more (College graduate) Do not read: 9 Refused		
C08.08	Do you own or rent your home?	RENTHOM1	1 Own 2 Rent 3 Other arrangement 7 Don't know / Not sure 9 Refused	Other arrangement may include group home, staying with friends or family without paying rent. Home is defined as the place where you live most of the time/the majority of the year. Read if necessary: We ask this question in order to compare health indicators	

				among people with different housing
				situations.
C08.14	Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?	VETERAN3	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.
C08.15	Are you currently?	EMPLOY1	Read: 1 Employed for wages 2 Self-employed 3 Out of work for 1 year or more 4 Out of work for less than 1 year 5 A Homemaker 6 A Student 7 Retired Or 8 Unable to work Do not read: 9 Refused	If more than one, say "select the category which best describes you".
C08.16	How many children less than 18 years of age live in your household?	CHILDREN	Number of children 88 None 99 Refused	
C08.17	Is your annual household income	INCOME2	Read if necessary: 04 Less than \$25,000 If no, ask 05; if yes, ask 03 (\$20,000 to less than	If respondent refuses at ANY income level, code

	from all sources—		\$25,000) 03 Less than \$20,000 If no, code 04; if yes, ask 02 (\$15,000 to less than \$20,000) 02 Less than \$15,000 If no, code 03; if yes, ask 01 (\$10,000 to less than \$15,000) 01 Less than \$10,000 If no, code 02 05 Less than \$10,000 If no, ask 06 (\$25,000 to less than \$35,000) 06 Less than \$50,000 If no, ask 07 (\$35,000 to less than \$50,000) 07 Less than \$75,000 If no, code 08 (\$50,000 to less than \$75,000) 08 \$75,000 or more Do not read: 77 Don't know / Not sure 99 Refused		'99' (Refused)	
C08.18	About how much do you weigh without shoes?	WEIGHT2	Weight (pounds/kilograms) 7777 Don't know / Not sure 9999 Refused		If respondent answers in metrics, put 9 in first column. Round fractions up	
C08.19	About how tall are you without shoes?	HEIGHT3	/ Height (ft / inches/meters/centimeters) 77/ 77 Don't know / Not sure 99/ 99 Refused		If respondent answers in metrics, put 9 in first column. Round fractions down	
C08.20	To your knowledge, are you now	PREGNANT	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Skip if C08.01, SEX, is coded 1;		

pregnant?	or C08.02,	
	AGE, is	
	greater	
	than 49	

## Module Section 6: Colorectal Cancer Screening

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				CATI note: If respondent is < 49 years of age, go to next section.		
Prologue	The next questions are about colorectal cancer screening. There are different stool tests to determine whether the stool contains blood.					
CRC.01	One stool test uses a special kit to obtain a small amount of stool at home to determine whether the stool contains blood and returns the kit to the doctor or the lab. Have you ever had this test using a home kit?		1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CRC.03	Interviewer note: This is also called a fecal immunochemical test (FIT) or a guaiac-based fecal occult blood test (gFOBT). The FIT test uses antibodies to detect blood in the stool. The gFOBT uses a chemical (guaiac) to detect blood in the stool.	
CRC.02	How long has it been since you last had this test?		Read if necessary: 1 Within the past year (anytime less			

		than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 3 years (2 years but less than 3 years ago) 4 Within the past 5 years (3 years but less than 5 years ago) 5 5 or more years ago Do not read: 7 Don't know / Not sure 9 Refused			
CRC.03	Another stool test uses a special kit to obtain an entire bowel movement at home and returns the kit to a lab. Have you ever had this test?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CRC.05	Interviewer note: This is also called a FIT-DNA test or a stool DNA test. This test combined the FIT with a test that detects altered DNA in the stool.	
CRC.04	How long has it been since you last had this test?	Read if necessary: 1 Within the past year (anytime less than 12 months ago) 2 Within the past 2 years			

		(1 year but less than 2 years ago) 3 Within the past 3 years (2 years but less than 3 years ago) 4 Within the past 5 years (3 years but less than 5 years ago) 5 5 or more years ago Do not read: 7 Don't know / Not sure 9 Refused		
CRC.05	A sigmoidoscopy is a flexible tube that is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had a sigmoidoscopy?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CRC.07	
CRC.06	How long has it been since you last had this test?	Read if necessary: 1 Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 3 years		

		(2 years but less than 3 years ago) 4 Within the past 5 years (3 years but less than 5 years ago) 5 5 or more years ago Do not read: 7 Don't know / Not sure 9 Refused		
CRC.07	A colonoscopy is uses a longer tube than a sigmoidoscopy. You are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Have you ever had a colonoscopy?	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CRC.09	
CRC.08	How long has it been since you last had this test?	Read if necessary: 1 Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 3 years		

		(2 years but		
		less than 3		
		years ago)		
		4 Within the		
		past 5 years		
		(3 years but		
		less than 5		
		years ago)		
		5 5 or more		
		years ago		
		Do not read:		
		7 Don't		
		know / Not		
		sure		
		9 Refused		
CRC.09	A virtual	1 Yes		
CRC.07	colonoscopy uses	Ties		
	a series of X-rays	2 No	Go to next	
	to take pictures			
	of inside the	7 Don't	section	
		know / Not		
	colon. Have you	sure		
	ever had a virtual	9 Refused		
000.40	colonoscopy?	D 110		
CRC.10	How long has it	Read if		
	been since you	necessary:		
	last had this test?	1 Within the		
		past year		
		(anytime less		
		than 12		
		months ago)		
		2 Within the		
		past 2 years		
		(1 year but		
		less than 2		
		years ago)		
		3 Within the		
		past 3 years		
		(2 years but		
		less than 3		
		years ago)		
		4 Within the		
		past 5 years		
		(3 years but		
		less than 5		
		years ago)		
		years ago,		

	years ago		
	years ago Do not read:		
	7 Don't		
	know / Not		
	sure		
	9 Refused		

## Core Section 7: Tobacco Use

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C09.01	Have you smoked at least 100 cigarettes in your entire life?	SMOKE100	1 Yes		Do not include: electronic cigarettes (e-cigarettes, njoy, bluetip), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs) or marijuana. 5 packs = 100 cigarettes	
			2 No 7 Don't know/Not Sure 9 Refused	Go to C09.05		
C09.02	Do you now smoke	SMOKDAY2	1 Every day 2 Some days			
	cigarettes every day, some days,		3 Not at all	Go to C09.04		
	or not at all?		7 Don't know / Not sure 9 Refused	Go to C09.05		
C09.03	During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?	STOPSMK2	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to C09.05		

C09.04	How long has it	LASTSMK2	Read if		
	been since you		necessary:		
	last smoked a		01 Within the		
	cigarette, even		past month		
	one or two		(less than 1		
	puffs?		, month ago)		
	P		02 Within the		
			past 3 months		
			(1 month but		
			less than 3		
			months ago)		
			03 Within the		
			past 6 months		
			(3 months but		
			less than 6		
			months ago)		
			04 Within the		
			past year (6		
			months but		
			less than 1		
			year ago)		
			05 Within the		
			past 5 years (1		
			year but less		
			than 5 years		
			ago)		
			06 Within the		
			past 10 years		
			(5 years but		
			less than 10		
			years ago)		
			07 10 years or		
			more		
			08 Never		
			smoked		
			regularly		
			77 Don't know		
			/ Not sure		
			99 Refused		
C09.05	Do you	USENOW3	1 Every day	Read if necessary:	
07.05	currently use	UJLINUVVJ	2 Some days	Snus (Swedish for	
			3 Not at all	snuff) is a moist	
	chewing		7 Don't		
	tobacco, snuff,			smokeless tobacco,	
	or snus every		know / Not	usually sold in small	
	day, some days,		sure	pouches that are	
	or not at all?		9 Refused	placed under the lip	

against the gum.

# Core Section 8: Alcohol Consumption

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C10.01	During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage	ALCDAY5	1 Days per week 2 Days in past 30 days 888 No drinks in past 30 days 777 Don't know / Not sure 999 Refused	Go to next section		
C10.02	or liquor? One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?	AVEDRNK2	Number of drinks 88 None 77 Don't know / Not sure 99 Refused		Read if necessary: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.	
C10.03	Considering all types of alcoholic beverages, how many times during the past 30 days did you	DRNK3GE5	Number of times 77 Don't know / Not sure 99 Refused	CATI X = 5 for men, X = 4 for women		

	have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?				
C10.04	During the past 30 days, what is the largest number of drinks you had on any occasion?	MAXDRNKS	Number of drinks 77 Don't know / Not sure 99 Refused		

### Section 9: ACE Module

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
Prologue	I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer. All questions refer to the time period before you were 18 years of age.				Be aware of the level of stress introduced by questions in this section and be familiar with the crisis plan.	
M22.01	Now, looking back before you were 18 years of age 1) Did you live with anyone who was depressed, mentally ill, or suicidal?	ACEDEPRS	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused			394
M22.02	Did you live with anyone who was a problem drinker or alcoholic?	ACEDRINK	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused			395

M22.03	Did you live with anyone who used illegal street drugs or who abused prescription medications?	ACEDRUGS	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused		396
M22.04	Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?	ACEPRISN	1 Yes 2 No 7 Don't Know/Not Sure 9 Refused		397
ACE.05	Before you were 18 years of age, during your childhood were your parents?	ACEDIVRE2	Read: 1 Living together 2 Living separately 3 Living together for part of your childhood, or 4 Other arrangements 7 Don't Know 9 Refused		398
ACE.06	How often did your parents or adults in your home ever slap, hit, kick, punch or beat each other up? Was it	ACEPUNCH	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		399
ACE.07	Not including spanking, (before age 18), how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Was it—	ACEHURT1	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		400
ACE.08	How often did a parent or adult in your home ever	ACESWEAR	Read: 1 Never		401

	swear at you, insult you, or		2 Once		
	put you down? Was it		3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		
ACE.09	How often did anyone at least 5 years older than you or an adult, ever touch you sexually? Was it	ACETOUCH	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		402
ACE.10	How often did anyone at least 5 years older than you or an adult, try to make you touch them sexually? Was it	ACETTHEM	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		403
ACE.11	How often did anyone at least 5 years older than you or an adult, force you to have sex? Was it	ACEHVSEX	Read: 1 Never 2 Once 3 More than once Don't Read: 7 Don't know/Not Sure 9 Refused		404
ACE.12	For how much of your childhood was there an adult in your household who made you feel safe and protected? Would you say never, a little of the time, some of the time, most of the time, or all of		Do not read 1 Never 2 A little of the time 3 Some of the time 4 Most of the time		

	the time?	5 All of the time 7 Don't Know 9 Refused
ACE.13	For how much of your childhood was there an adult in your household who tried hard to make sure your basic needs were met? Would you say never, a little of the time, some of the time, most of the time, or all of the time?	1 Never2 A little of thetime3 Some of thetime4 Most of thetime5 All of thetime7 Don't Know9 Refused
ACE.14	In the last 12 months how many times have you attempted suicide?	10 times/ never 21 or 2 times 33 to 9 times 4 10 to 19 times 5 20 to 39 times 6 40 or more times 7 Do not know 9 Refused
ACE.15	In the last 12 months how many times have you taken prescription pain reliever differently than how a doctor told you to use it?	10 times/ never21 or 2 times33 to 9 times4 10 to 19times5 20 to 39times6 40 or moretimes7 Do not know9 Refused
ACE.16	In the last 12 months, how many times have you used heroin?	1 0 times/ never 2 1 or 2 times 3 3 to 9 times 4 10 to 19 times 5 20 to 39

	times 6 40 or more times 7 Do not know 9 Refused		
Would you like for me to provide a toll-free number for an organization that can provide information and referral for the issues in the last few questions.		If yes provide number [STATE TO INSERT NUMBER HERE]	

# **Closing Statement**

Read		
That was r	ny last question. Everyone's answers will be	
combined	to help us provide information about the health	
practices of	f people in this state. Thank you very much for your	
time and c	ooperation.	