United States of America Form Approved OMB No. 3220-0193 Railroad Retirement Board Employee Name Last 4 Digits of Social Security Number RAILROAD JOB Regular Railroad Job Position or Occupation INFORMATION Location Date Last Worked Date Sent Section 1 **Completion Instructions** The above named railroad employee has applied for an occupational disability benefit under Section 2(a)(1)(iv) of the Railroad Retirement Act (45 U.S.C. § 231a(a)(1)(iv)). In order to receive an occupational disability benefit, an eligible employee must be found to be disabled from work in his or her regular railroad occupation because of a permanent physical or mental impairment. Railroad Retirement Board (RRB) regulations provide that the Board shall consider the employer's description of the physical requirements and environmental factors relating to the employee's regular railroad occupation. See 20 CFR 220.13(b)(2)(iv)(E). To assist the RRB with making an accurate disability determination, it is imperative that you read the instructions below and timely complete and return this form to the RRB within 30 days of the Date Sent, as shown above. Check the information entered above by the RRB for accuracy. If the information is not correct, cross it out and enter the correct information above it. Complete all of the items below describing the applicant's job. The regular railroad occupation is: 1) the occupation in which the employee has been engaged for more calendar months than any other occupation during the last preceding 5 calendar years, whether consecutive or not; or 2) the occupation which the employee has been in service for not less than one-half of all months in which the employee has been engaged in service during the last 15 consecutive calendar years; or 3) if an employee last worked as an officer or employee of a railway labor organization and if that employment is no longer available, the regular occupation shall be the position to which the employee holds seniority rights or the position left to work for the railway labor organization. If more space is needed for any item, use Section 9, Remarks, or attach a separate sheet of paper showing the employee's name and the last four digits of their social security number. Be sure to indicate the item number at the beginning of the answer you wish to continue. • Provide any additional information on the duties the employee performed within the last 5 or 15 years if appropriate. Section 2 Disqualification Information Check here if the applicant *has been medically disqualified* for work by your railroad. If medically disqualified, send all applicable documentation to the Railroad Retirement Board, along with Form G-3EMP, Report of Medical Condition by Employer. (Do not check the box if a medical disqualification is in progress, but not yet finalized; check only if the disqualification has been made.) If the box is checked, **do not** complete Sections 3-9 below, and **go to** Section 10. Section 3 Summary of Duties Describe the essential duties of the position or occupation named above. In that description include technical knowledge or skills involved; any handwritten or typed reports to be completed; any manipulative (manual dexterity) skills used; any driving and/or operating of machinery; and any supervisory responsibilities.

Section 4 Machinery, Tools, Equipment							
List machinery, tools, and equipment used.							
Sectio		Environmental Conditions vironmental conditions of the position named above	0 (i 0) W	orkina outde	oore indoor	e or both:	unovon
		temperature/humidity extremes; etc.).	e (i.e., w	orking outur	J015, IIIU00I	S, OI DOIII,	uneven
Sectio	n 6	Job Accommodations					
		rmanent accommodation(s) given (e.g., Job Duties	s, Work S	Schedule, O	vertime Scl	hedule, Atte	endance
Schedu	ile, etc.) a	and the start and end dates for each accommodation	on. If the	ere is not an	end date f	or the	
		enter "N/A." If no permanent accommodations we	ere given	check "Noi	ne" and go	to Section	7.
None From To						<u></u>	
Yes	No			Month	Year	Month	Year
		Job Duties	>				
		Work Schedule	>				
		Overtime Schedule	>				
		Attendance Schedule	>				
		Other	>				
				1	1		

Sec	ction 7	Sensory Requirements	
		ensory requirements for the position named a go to Section 8. ⇒ ☐ Not Applicable	above. If no requirements are applicable check "Not
A)	near or fai		perception with or without eyeglasses or contact lenses; reption, etc. If there are no visual requirements check
В)	communic		aring with or without a hearing aid; hearing verbal tc. If there are no auditory requirements, check "None" and
C)	Connada	Describe worked requirements and a consul	king your old a group on the lavidly and socially and socially a
C)	using pho		king verbal commands loudly, accurately, and quickly; cements, etc. If there are no verbal requirements, check
Sec	ction 8	Physical Actions	
A)	1. Stand	number of hours a day spent: ing/walking	0 01 02 03 04 05 06 07 08
	Sitting		\square_0 \square_1 \square_2 \square_3 \square_4 \square_5 \square_6 \square_7 \square_8

B) Indicate in the chart below, the amount of time and a description of the physical action or activity involved during a typical 8-hour workday. Use the "Descriptive Comments" column to notate "N/A" if an action listed below does not apply, or if you want to provide specific details on the amount of time an action is performed. If more space is needed for any item, use Section 9, Remarks.							
Amount of Time							
	Action	Never	Occasionally (Up to 1/3)	² Frequently (1/3 to 2/3)	Constantly	Descriptive Comments	
	Balancing (With or without equipment in all weather conditions and on any surface, including uneven terrain)						
	2. Bending						
	3. Twisting/Turning						
	4. Crouching/Squatting/Stooping						
	5. Kneeling						
	6. Reaching above shoulder level						
	7. Climbing (Indicate what is climbed such as stairs, ladder, etc.)						
	Pushing/Pulling (Indicate what and how the employee pushed or pulled)						
	Crawling under equipment to view, inspect, or repair						
	10. Gripping/Holding						
	11. Foot Control (Shifting of feet when using pedals, brakes, clutch, etc.)						
	12. Fine manipulation (Fingering; keypunch; keyboard; pressing buttons; picking/pinching/turning knobs; etc.)						
	13. a. Lifting/Lowering/Carrying (Indicate the objects the employee lifted/lowered/carried)						
	b. Check the weight of the objects the employee lifted/lowered/ carried.		Heaviest Weight Lifted 10 lbs 20 lbs 100 lbs Over 100 lbs				
			Weight Most Often Lifted/Carried ☐ Up to 10 lbs ☐ Up to 25 lbs ☐ Up to 50 lbs ☐ Over 50 lbs				

Occasionally means occurring from very little up to one-third (approx. 2-1/2 hours) of an 8-hour workday; cumulative, not continuous.

Frequently means occurring one-third (approx. 2-1/2 hours) to two-thirds (approx. 5 hours) of an 8-hour workday; cumulative, not continuous.

Section 9 Remarks
This section is to be used for the continuation of answers to other items. Be sure to include the section and item number at the
beginning of the answer you wish to continue. You may also use this section to enter any additional information that you fe
may be important to include.
Section 10 Employer Certification
I know that it is a federal crime to make a false or fraudulent statement to the Railroad Retirement Board (RRB). I certi
that the information I gave the RRB on this form is true to the best of my knowledge.
NAME: SIGNATURE: (Please Print or Type)
(Please Print or Type)
TITLE: DATE: DATE:
(Please Print or Type)
TELEPHONE NO (
Call our toll-free number at (877) 772-5772 with any questions on filling out this form.
Return this completed form to:
U.S. RAILROAD RETIREMENT BOARD
844 NORTH RUSH STREET
CHICAGO, ILLINOIS 60611-1275
ATTENTION: DISABILITY BENEFITS DIVISION
or cond o for to (040) 754 7457
or send a fax to (312) 751-7157.
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Paperwork Reduction Act Notice

The Railroad Retirement Board is authorized to collect the information on this form under Section 7(b)(6) of the Railroad Retirement Act. The railroad job information is required to help determine if the employee identified above is eligible for a disability. While you are not required to respond, the information you provide will be used by the RRB in determining an applicant's eligibility for an occupational disability under the RRA.

We estimate this form takes an average of 60 minutes per response to complete, including the time for reviewing the instructions, getting the needed data, and reviewing the completed form. Federal agencies may not conduct or sponsor, and respondents are not required to respond to, a collection of information unless it displays a valid OMB number. If you wish, send comments regarding the accuracy of our estimate or any other aspect of this form, including suggestions for reducing the completion time to: Associate Chief Information Officer for Policy & Compliance, Railroad Retirement Board, 844 North Rush Street, Chicago, IL 60611-1275.