

Childcare Survey of Activity and Wellness (C-SAW)

IMPORTANT:

- In this survey, we will use the term “Early Care and Education program.” This term represents all of the different types of childcare and early childhood education services such as childcare centers and preschool or pre-kindergarten programs, including Head Start and Early Head Start. We are interested in the ECE program for children ages 0-5 at [center or school name], located at [address].
- When answering the questions, DO NOT INCLUDE any children in kindergarten or higher grades who also may be served at this program location.
- If your program serves meals to children up to age 5 not yet in kindergarten, you will need a hardcopy or electronic version of the full menu of foods and beverages served to these children at this program location last week (Monday-Friday or every day the program was open last week).
- You will need a hardcopy or electronic version of your program’s written guidelines, rules or policies.
- If you don’t know the answer to a question, please contact the appropriate person to try to get the information. Thanks in advance for doing so!

A. ABOUT THIS EARLY CARE AND EDUCATION PROGRAM

- A1. Do children of the following ages attend this early care and education program?
(Mark one box per row)

| | Yes | No |
|--|--------------------------|--------------------------|
| a. Children less than 1 year of age | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Children who are 1 year old | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Children who are 2 years old | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Children who are 3 to 5 years old and not yet in kindergarten | <input type="checkbox"/> | <input type="checkbox"/> |

If responses to Q A1a, A1b, A1c, and A1d all = NO, PROGRAM IS INELIGIBLE. GO TO END OF SURVEY – THANK YOU2.

A2. On a typical day, about how many children who are not yet in kindergarten are cared for in this early care and education program?

Number of children

A3. Is this early care and education program located in the same building as a public or private school?

- Yes
- No

A4. The organization that administers this early care and education program is:
(Mark one box)

- For profit
- Non-profit
- Don't know

A5. The organization that administers this early care and education program ...
(Mark one box)

- Administers childcare at a single site
- Is a franchise, part of a chain or corporately owned
- Administers childcare at multiple sites, but is not a chain or corporately owned
- Don't know

A6. How would you describe the organization that administers this early care and education program?
(Mark all that apply)

- Religious organization
- Public school or local public education agency (LEA)
- Military
- Non-military government agency
- College or university
- Tribal agency
- Worksite
- Social service or family and youth organization
- A business
- Other

(Specify)

A7. How many days per week is this early care and education program usually open?

Number of days open each week

A8. Counting both full-time and part-time positions, how many paid staff (such as paid teachers and teacher's aides) work in this early care and education program's classrooms serving children ages 0-5 years but not yet in kindergarten?

Total number of paid classroom staff

A9. For children not yet in kindergarten, does this early care and education program offer...
(Mark one box per row)

| | Yes | No |
|--|--------------------------|--------------------------|
| a. Full-day (6 or more hours per day) programming? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Half-day (less than 6 hours per day) programming? | <input type="checkbox"/> | <input type="checkbox"/> |

A10. The early care and education program is:
(Mark one box)

- Licensed as an early care and education program by state, local, or tribal organization
- Legally exempt from licensing as an early care and education program
- Don't know

A11. Which of the following sources provide funding for this early care and education program?
(Mark one box per row)

| | Yes | No |
|--|--------------------------|--------------------------|
| a. Public pre-kindergarten programming? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Head Start or Early Head Start? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The Child and Adult Care Food Program (also called CACFP or "the food program") or the National School Lunch Program (NSLP)? | <input type="checkbox"/> | <input type="checkbox"/> |
| d. XXXXXX or other public childcare subsidies targeted for working and low-income families (including childcare vouchers/certificates, and state contracts)? | <input type="checkbox"/> | <input type="checkbox"/> |

NOTE 1

If Question A11 = Yes (CACFP or NSLP is a funding source), **GO TO NOTE 2.**

A11aa. Have you ever heard of the Child and Adult Care Food Program (also called CACFP or "the food program")?

- Yes → **GO TO QUESTION A11bb**
- No → **GO TO NOTE BEFORE QUESTION A11cc**

A11bb. What are the reasons your early care and education program is not participating in CACFP?
(Mark all that apply)

- Do not know much about CACFP
- The paperwork requirements are too difficult
- The nutrition requirements are too difficult to meet
- The early care and education program does not have enough eligible children
- The meal reimbursement is not enough to cover food expenses
- The benefit does not seem worth the effort
- Our sponsoring agency or organization does not support participation
- Children don't like the types of foods the program requires
- Other
(Specify)

NOTE 2

If Question A11d = No (Public childcare subsidies are not a funding source), **GO TO QUESTION A12.**

A11cc. About what percent of the children enrolled in this early care and education program are funded (completely or partly) by [state program] or another publicly funded childcare subsidy?
(Mark one box)

- 1% - 25%
- 26% - 50%
- 51% - 75%
- 76% - 100%

A12. Does this early care and education program participate in [state name for QRIS] quality rating improvement system?

- Yes
- No

A13. Does this early care and education program have **accreditation** from a national, state-level, and/or local organization (such as NAEYC, Montessori, or a state or local accreditation)?

- Yes → **GO TO QUESTION A13a**
- No → **GO TO SECTION B, NUTRITION**

A13a. Please enter the name of all national, state, local, or tribal organizations that have **accredited** this early care and education program:

B. NUTRITION

NOTE 3

If this early care and education program **ONLY** serves children less than 1 year old, **GO TO QUESTION B19.**

B1. **Do children ages 1 to 5 years old** eat any meals or snacks at your early care and education program?

- Yes → **GO TO QUESTION B2**
 No → **GO TO QUESTION B16**

B2. **For children ages 1 to 5 years old**, when the following meals and snacks are eaten at this early care and education program, who usually provides the food?
(Mark one box per row)

| Meal or Snack | Usually brought from home by parents or guardians | Usually provided by program | N/A- Not usually eaten at the program |
|------------------------|---|-----------------------------|---------------------------------------|
| a. Breakfast | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Mid-morning snack | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Lunch | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Mid-afternoon snack | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Dinner | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Evening snack | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

NOTE 4

If all meals are usually brought from home or not usually eaten at the program, **GO TO QUESTION B15.**

B3. Not including food brought from home, where are this early care and education program's **meals** usually prepared?
(Mark one box)

- All meals prepared on-site
 All meals prepared off- site (such as catered)
 Some meals prepared on-site and some prepared off-site

B4. Who usually develops the menus for this early care and education program?
(Mark all that apply)

- Early care and education program director
- Onsite food service manager/food manager/cook
- A meal planning service or software (such as Minute Menu or procurement software)
- A corporate office, sponsor organization, or school food service
- A food vendor
- Registered dietitian or other credentialed nutrition expert
- Other

(Specify)

B5. Does this early care and education program have paid staff whose primary job is dedicated to foodservice-related tasks, such as ordering or shopping for food, preparing food, or cooking food?

- Yes
- No

NOTE 5

Questions B6 to B15 ask **how often during the last week** different types of foods and beverages were included in meals and snacks provided **for children ages 1 to 5 years old** in this early care and education program.

IMPORTANT: To answer these questions, you will need to look at the menu of foods and beverages served at this early care and education program last week

B6. How many days was this early care and education program open last week?

Number of days open last week

B7. During the last week, how often were **children ages 1 to 5 years old** served 100% fruit juice, such as apple, grape, or orange juice?
(Mark one box)

- Served some days, but not every day
- Served every day, usually 1 time per day
- Served every day, usually 2 times per day
- Served every day, usually 3 or more times per day

- Not served at all last week

B8. During the last week, how often were **children ages 1 to 5 years old** served sweet drinks that are not 100% juice, such as Hi-C, lemonade, Kool-Aid, Capri Sun, Sunny Delight, Hawaiian Punch, sweet teas, sport drinks, or sodas?
(Mark one box)

- Served some days, but not every day
- Served every day, usually 1 time per day
- Served every day, usually 2 times per day
- Served every day, usually 3 or more times per day

- Not served at all last week

B9. During the last week, how often were **children ages 1 to 5 years old** served flavored milk, such as chocolate, vanilla, or strawberry?
(Mark one box)

- Served some days, but not every day
- Served every day, usually 1 time per day
- Served every day, usually 2 times per day
- Served every day, usually 3 or more times per day

- Not served at all last week

B10. During the last week, how often were **children ages 1 to 5 years old** served **fruit**, including fresh, canned, dried, and frozen?
(Mark one box)

- Served some days, but not every day
- Served every day, usually 1 time per day
- Served every day, usually 2 times per day
- Served every day, usually 3 or more times per day

- Not served at all last week

B11. During the last week, how often were **children ages 1 to 5 years** served **vegetables**, including fresh, canned, and frozen? Please do not count white potatoes.
(Mark one box)

- Served some days, but not every day
- Served every day, usually 1 time per day
- Served every day, usually 2 times per day
- Served every day, usually 3 or more times per day

- Not served at all last week

B12. During the last week, how often were **children ages 1 to 5 years** served **fried or pre-fried potatoes**, such as French fries, tater tots, and hash browns? Please include types that are sold frozen and then baked in the oven, or prepared from scratch.
(Mark one box)

- Served 1 time last week
- Served 2 times last week
- Served 3 times last week
- Served 4 or more times last week

- Not served at all last week

B13. During the last week, how often were **children ages 1 to 5 years old** served **fried, pre-fried or breaded meats** such as chicken nuggets, chicken strips, fish sticks, or corn dogs? Please include types that are sold frozen and then baked in the oven, or fried meats prepared from scratch.
(Mark one box)

- Served 1 time last week
- Served 2 times last week
- Served 3 times last week
- Served 4 or more times last week

- Not served at all last week

B14. During the last week, how often were **children ages 1 to 5 years old** served **sweet baked goods** such as cakes, pastries, pies, muffins, pop tarts, brownies, donuts, sweet rolls, cupcakes, and cookies? Please do not include graham crackers.
(Mark one box)

- Served 1 time last week
- Served 2 times last week
- Served 3 times last week
- Served 4 or more times last week

- Not served at all last week

B15. During the last week, how often were **children ages 1 to 5 years old** served **salty snacks** such as salted chips, salted crackers, popcorn, or pretzels?
(Mark one box)

- Served 1 time last week
- Served 2 times last week
- Served 3 times last week
- Served 4 or more times last week

- Not served at all last week

B16. Are parents and guardians allowed to bring in food such as cakes, pastries, brownies, donuts, cupcakes, and cookies **for special occasions**, such as holidays or birthday celebrations?

Yes

No

B17. How often do you and other staff at this early care and education program see children who do not appear to be getting enough food to eat at home?

(Mark one box)

Never

Rarely

Sometimes

Often

Very often

B18. During the past 12 months, did this early care and education program ...

(Mark one box per row)

| | Yes | No |
|---|--------------------------|--------------------------|
| a. Grow fruits, vegetables, and/or herbs (on- or off-site)? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Have agriculture or nutrition education activities (e.g., taste tests at the center, cooking demonstrations, farmer visits or field trips to a farm/garden, learning about how food grows or where it comes from)? | <input type="checkbox"/> | <input type="checkbox"/> |

NOTE 6

If this early care and education program does not serve children less than 1 year old, **GO TO SECTION C, PHYSICAL ACTIVITY.**

B19. Is there a space available at this early care and education program for mothers to breastfeed?

Yes → **GO TO QUESTION B19a**

No → **GO TO SECTION C**

B19a. Is that space private?

Yes

No

C. PHYSICAL ACTIVITY

NOTE 7

If this early care and education program only serves children less than 1 year old, **GO TO QUESTION C8.**

This section asks about physical activity opportunities for *children ages 1 to 5 years old*. When answering the questions, consider all children, including those with special needs.

- Physical activity includes the type of play where children are breathing harder and their hearts are beating faster than when at rest.

Examples: dancing, jumping, hopping, running, yoga

- Physical activity *does not include* sedentary play, where children might be sitting and playing with blocks, toys, or puzzles.

NOTE 8

If this early care and education program provides *ONLY half-day* care, **GO TO QUESTION C3.**

C1. **For children ages 1 and 2 years old** about how much total time is usually provided each day for physical activity? Please include indoor and outside time, and self-directed and adult led activity. (Mark one box)

- None
- Less than 15 minutes
- At least 15 minutes, but less than 30 minutes
- At least 30 minutes, but less than 1 hour
- At least 1 hour, but less than 1.5 hours
- At least 1.5 hours, but less than 2 hours
- At least 2 hours, but less than 2.5 hours
- At least 2.5 hours

- We do not have any children ages 1 and 2 years old at this early care and education program

C2. **For children ages 3 to 5 years old**, about how much total time is usually provided each day for physical activity? Please include indoor and outside time, and self-directed and adult led activity? (Mark one box)

- None
- Less than 15 minutes
- At least 15 minutes, but less than 30 minutes
- At least 30 minutes, but less than 1 hour
- At least 1 hour, but less than 1.5 hours
- At least 1.5 hours, but less than 2 hours
- At least 2 hours, but less than 2.5 hours
- At least 2.5 hours

- We do not have any children ages 3 to 5 years old at this early care and education program

NOTE 9

If this early care and education program provides **ANY full-day** care, **GO TO QUESTION C5.**

C3. **For children ages 1 and 2 years old** about how much total time is usually provided each day for physical activity? Please include indoor and outside time, and self-directed and adult led activity. (Mark one box)

- None
- Less than 15 minutes
- At least 15 minutes, but less than 30 minutes
- At least 30 minutes, but less than 1 hour
- At least 1 hour

- We do not have any children ages 1 and 2 years old at this early care and education program

C4. **For children ages 3 to 5 years old**, about how much total time is usually provided each day for physical activity? Please include indoor and outside time, and self-directed and adult led physical activity. (Mark one box)

- None
- Less than 15 minutes
- At least 15 minutes, but less than 30 minutes
- At least 30 minutes, but less than 1 hour
- At least 1 hour

- We do not have any children ages 3 to 5 old at this early care and education program

C5. About how many times each day are **children ages 1 to 5 years old usually** taken outdoors for physical activity?
(Mark one box)

- 1 time per day
- 2 times per day
- 3 or more times per day

- We do not have daily scheduled outdoor physical activity time

C6. About how many times each day are **children ages 1 and 2 years old** provided with an adult-led physical activity, either indoors or outdoors? Examples include dancing, yoga, music and movement, gross motor skills activities, or physically active adult-led games.
(Mark one box)

- We do not have any children ages 1 and 2 years old at this early care and education program
- 1 time per day
- 2 times per day
- 3 or more times per day

- We do not have daily scheduled adult-led physical activity time

C7. About how many times each day are **children ages 3 to 5 years old** provided with an adult-led physical activity, either indoors or outdoors? Examples include dancing, music and movement, motor skills activities, or physically active adult-led games.
(Mark one box)

- We do not have any children ages 3 to 5 years old at this early care and education program
- 1 time per day
- 2 times per day
- 3 or more times per day

- We do not have daily scheduled adult-led physical activity time

NOTE 10

If the early care and education program does not serve children less than 1 year old, **GO TO SECTION D, SCREEN TIME.**

C8. About how many times each day are infants who are not yet crawling placed on their stomachs for supervised "tummy time"?
(Mark one box)

- 1 time per day
- 2 times per day
- 3 or more times per day

- Infants do not have daily tummy time

C9. Does this early care and education program have **written guidelines, rules, or policies** about the amount of time infants may be placed in devices that constrain movement, such as swings or infant seats?

- Yes
- No

| |
|-----------------------|
| D. SCREEN TIME |
|-----------------------|

The next few questions ask about screen time while children are at your early care and education program. Screen time includes any time spent watching shows or videos, or playing games (including active video games) on a screen.

Screens include:

- TV, videos, DVDs
- Projections on a wall or big screen (e.g. projected from a computer)
- Desktop, laptop or tablet computers
- Electronic games
- Smart phones or other hand held devices

Do not include the following as part of screen time:

- Using e-books or tablet computers to read children stories
- Using Smart Boards for interactive instruction
- Using any video conferencing program (like Skype)
- Time spent on virtual or remote learning

D1. While at this early care and education program, about how much daily screen time do **children under 2 years old** usually have? **IMPORTANT:** Screen time includes **any time** watching shows or videos, or playing games (including active video games) on a screen.
(Mark one box)

- We do not have any children **under 2 years old** at this early care and education program
- We have screen time for this age group, but not every day
- Less than 30 minutes per day
- More than 30 minutes but less than 60 minutes per day
- 1-2 hours per day
- More than 2 hours per day

- We never have screen time for **children under 2 years old**

D2. While at this early care and education program, about how much time do **children ages 2 to 5 years old** usually spend in front of any types of screens? **IMPORTANT:** Screen time includes **any time** watching shows or videos, or playing games (including active video games) on a screen as defined at the top of this section. Screen time does not include teachers using e-books or tablet computers to read children stories, using Smart Boards for interactive instruction, participating in virtual or remote learning, or connecting with families through Skype or videoconferencing programs.
(Mark one box)

- We do not have any children **ages 2 to 5 years old** at this early care and education program → **GO TO SECTION E, STAFF TRAINING**
- We have screen time for this age group, but not every day
- Less than 30 minutes per day
- More than 30 minutes but less than 60 minutes per day
- 1-2 hours per day
- More than 2 hours per day

- We never have screen time for **children ages 2 to 5 years old** → **GO TO SECTION E, STAFF TRAINING**

D2a. For **children ages 2 to 5 years old**, what is the purpose (or purposes) of this screen time?
(Mark all that apply)

- Educational
- Entertainment
- Engagement in physical activity
- Other

(Specify)

E. STAFF TRAINING

This section asks about staff training. Training only includes the following types of activities:

- classes,
- workshops,
- conference sessions, and
- any activities that count as continuing education hours.

E1. During the past 12 months, have you or your assistant director/curriculum director had training on the following topics?

(Mark one box per row)

| Training Topic | Yes | No |
|--|--------------------------|--------------------------|
| a. Child nutrition (other than food safety and food program guidelines) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Infant nutrition | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Supporting breastfeeding or the storage and handling of breast milk | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Using responsive feeding techniques for children, such as paying attention to when children are hungry, or not pressuring children to clean their plate when full | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Engaging young children in physical activity | <input type="checkbox"/> | <input type="checkbox"/> |

E2. During the past 12 months, what portion of the classroom childcare staff at this early care and education program has had training on each of the following topics?

(Mark one box per row)

| Training Topic | All | Most | Some | None |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| a. Child nutrition (other than food safety and food program guidelines) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Infant nutrition | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Supporting breastfeeding or the storage and handling of breast milk | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Using responsive feeding techniques for children, such as paying attention to when children are hungry, or not pressuring children to clean their plate when full | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Engaging young children in physical activity | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Positive behavioral interventions | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Child development and approaches to learning | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Stress management and mental health promotion for providers | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

F. ACTIVITIES TO IMPROVE THIS EARLY CARE AND EDUCATION PROGRAM'S NUTRITION AND PHYSICAL ACTIVITY OFFERINGS

F1. During the past 12 months, has this early care and education program ...
(Mark one box per row)

| Activity | Yes | No |
|---|--------------------------|--------------------------|
| a. Participated in an assessment to review the center's nutrition and physical activity practices, such as the Nutrition and Physical Activity Self-Assessment for Childcare tool (Go NAPSACC), Let's Move Checklist, | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Used a curriculum or lesson series whose focus is healthy eating? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Used a curriculum or lesson series whose focus is getting the children moving or increasing physical activity? | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Earned a special designation for the program's nutrition and physical activities practices and policies, such as a healthy childcare facility, breastfeeding friendly, or another designation offered in your state? | <input type="checkbox"/> | <input type="checkbox"/> |

G. TRACKING DEVELOPMENTAL PROGRESS

G1. During the past 12 months, for what portion of the children did this early care and education program do developmental screening **using a validated screening tool** (such as the Ages and Stages Questionnaire) within 3 months of program enrollment?
(Mark one box)

- All
- Most
- Some
- None

G2. During the past 12 months, for what portion of the children did this early care and education program engage in ongoing assessment of their developmental progress, including cognitive skills, language, social-emotional skills, and physical development?
(Mark one box)

- All
- Most
- Some
- None

- G3. During the past 12 months, what portion of families received information on a regular basis from this early care and education program about their child’s development and learning? This could be through in-person or telephone conferences or via written communication.
(Mark one box)

- All
- Most
- Some
- None

H. DISCIPLINE

- H1. During the past 12 months, which of the following has this early care and education program done to deal with child behaviors such as hitting, kicking, biting, tantrums, or disobeying?
(Mark one box for each row)

| Disciplinary Action | No | Yes | If Yes, For How Many Children? |
|--|--------------------------|----------------------------|--------------------------------|
| a. Asked a parent/caregiver to pick up a child early because of challenging behaviors. | <input type="checkbox"/> | <input type="checkbox"/> → | |
| b. Sent a child home for one day or more because of challenging behaviors. | <input type="checkbox"/> | <input type="checkbox"/> → | |
| c. Told a parent/caregiver their child can no longer attend your program because of challenging behaviors. | <input type="checkbox"/> | <input type="checkbox"/> → | |

I. IMPACT OF CORONAVIRUS (COVID-19) ON ECE PROGRAM

This section asks questions about the impact the COVID-19 pandemic has had on this early care and education program. **Unless a specific time period is given, please base your responses on the time since the pandemic began (March 2020).**

- I1. Has this early care and education program closed for one or more weeks because of the COVID-19 pandemic?

- Yes
- No → **GO TO QUESTION I2**

- I1a. For how many weeks, in total, was this early care and education program closed due to the COVID-19 pandemic?

_____ Number of weeks

11b. Did this early care and education program provide any type of food assistance to families when it was closed due to the COVID-19 pandemic?

- Yes
 No → **GO TO QUESTION 12**

11c. What types of food assistance did this early care and education program provide? (Mark all that apply)

- Pick-up meals or snacks from the program site
 Home delivery of meals or snacks
 Pick-up groceries from the program site
 Home delivery of groceries
 Provided food assistance through other method not listed above

12. We would like to learn how the COVID-19 pandemic impacted this early care and education program's enrollment. Please provide your best estimate.

12a. Thinking back to the beginning of last year, approximately how many children not yet in kindergarten were enrolled in January 2020?

_____ Approximate number of children not yet in kindergarten enrolled in January 2020

12b. Thinking back to the beginning of this year, approximately how many children not yet in kindergarten were enrolled in January 2021?

_____ Approximate number of children not yet in kindergarten enrolled in January 2021

13. Are the effects of the COVID-19 pandemic currently impacting this early care and education program's enrollment?

- Yes
 No

14. Since March 2020, during the times this early care and education program has been open, have any of the staff or children tested positive for COVID-19?

- Yes
 No → **GO TO QUESTION 15**
 Don't know → **GO TO QUESTION 15**

14a. How many children have tested positive for COVID-19?

_____ ENTER "0" IF NO COVID-19 CASES

14b. How many staff members have tested positive for COVID-19?

_____ ENTER "0" IF NO COVID-19 CASES

15. Have there been any staff layoffs, furloughs, and/or pay cuts at this early care and education program due to the COVID-19 pandemic?

Yes

No












16. Has this early care and education program received financial support related to the COVID-19 pandemic from any of the following? (Mark all that apply)

The Paycheck Protection Program (PPP)

Other federal, state or local government support (such as a grant, increased subsidies, or other assistance)

Non-government organization support

17. Since March 2020, which of the following steps has this early care and education program taken to reduce the risk of exposure to COVID-19? For each step taken, please mark one box to indicate whether it was very difficult, somewhat difficult, or not at all difficult to apply.

| Step | Did you take this step? | If you took this step, how difficult was it to apply? | | |
|--|--|---|--------------------------|--------------------------|
| | | Very Difficult | Somewhat Difficult | Not At All Difficult |
| a. Teachers and other adults wear masks | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Children wear masks | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Keep children six feet apart as much as possible | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Change drop off and pick up procedures | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Keep children in pods or cohorts (no mixing) | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. More frequent handwashing | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. More frequent cleaning of program areas (classrooms, restrooms, hallways, etc.) | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Reduce class size limits | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Implement remote learning for all or some children | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Take temperature of children and staff at start of day | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Require staff and children to stay home if they have symptoms | <input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

18. Since March 2020, which of the following changes to this program's meal services have you made as a result of the COVID-19 pandemic? (Mark all that apply)

- We substituted or replaced certain food items we usually serve at meals or snacks due to changes in food availability or cost (for example, a milk substitution or replacing whole grain foods with non-whole grain foods)
- Families required to provide their children with packed meals and snacks
- Food from home required to be in prepackaged or disposable packaging
- Only pre-prepared foods provided by the program permitted
- Food served pre-plated rather than family style
- Children seated farther apart to eat
- Staff no longer permitted to eat with the children
- Purchased more food from local farms

- We did not make any changes to the program's meal services

19. During 2020, did the COVID-19 pandemic affect your program's participation in the Child and Adult Care Food Program (CACFP)?

- Yes, we left the CACFP in 2020 due to the pandemic and have not returned → **GO TO QUESTION 19a**
- Yes, we left the CACFP temporarily (kept contract but stopped receiving reimbursement for meals) due to the pandemic but have resumed participation → **GO TO QUESTION 19a**
- No, we continuously participated in CACFP during 2020 → **GO TO QUESTION 19b**
- No, we did not participate in CACFP at any time during 2020 → **GO TO QUESTION 110**

19a. Why did your program permanently or temporarily leave the CACFP? (Mark all that apply)

- Sponsoring organization issues (e.g. went out of business or other)
 - No longer had enough children to serve meals to
 - CACFP cost-related issues
 - Difficulty meeting CACFP requirements
 - Positive COVID cases
 - State or local mandates
- } **GO TO QUESTION 110**

19b. What concerns do you have that might make it difficult to maintain participation in CACFP in 2021? (Mark all that apply)

- Serving meals that meet CACFP nutrition requirements
- Affording food and labor costs associated with CACFP
- Monitoring challenges (if a CACFP sponsoring organization)
- CACFP paperwork/documentation

Low attendance

No concerns about maintaining CACFP participation in 2021

110. Which of the following changes have you made to your program's breastfeeding policies or practices due to the COVID-19 pandemic? (Mark all that apply)
- Mothers are no longer allowed to breastfeed on site
 - Mothers cannot visit during the day to breastfeed
 - Mothers cannot leave bottles at our site
 - Mothers have to breastfeed in a different location in our building than before

 - There have been no changes to breastfeeding policies or practices

 - We do not currently serve any infants
111. Has the amount of time children watch screens (TV, DVDs, videos, computers, video games, smart phones or other hand held devices) while at your program increased, decreased, or stayed the same as pre-pandemic levels? Do not include time spent on virtual or remote learning in your response.
- Increased
 - Decreased
 - Stayed the same
112. Has the amount of time children go outdoors while at your program increased, decreased, or stayed the same as pre-pandemic levels?
- Increased
 - Decreased
 - Stayed the same
113. Has your program's ability to make referrals for concerns about children's' health, development, or other issues increased, decreased, or stayed the same as pre-pandemic levels?
- Increased
 - Decreased
 - Stayed the same
114. Has your program's ability to regularly provide families' information about their child's development and learning increased, decreased, or stayed the same as pre-pandemic levels? This could be through a variety of methods including in-person, telephone or web conferences, or via written communication.
- Increased
 - Decreased
 - Stayed the same

J. WHO COMPLETED THE SURVEY

This section should be completed by the person mostly responsible for completing this survey.

J1. What is your primary role at this early care and education program?
(Mark one box)

- An administrative role such as director, program supervisor/manager, assistant director or principal
- A teaching role such as teacher, assistant teacher or some other direct service role
- Both an administrative role and a teacher/direct service role
- Other
(Specify)

We would appreciate it if you would provide us with a copy of the menu(s) you used when answering the questions about the foods and beverages served at your early care and education program last week. Please click the "Browse" button below to find your menu file(s). Once found, highlight each file and click "Upload".

If you do not wish to provide the menu, please click here .

K. FEEDBACK ON PILOT QUESTIONNAIRE

Since this is a pilot study, your responses to the three remaining questions will provide us with feedback that will help us learn about the survey.

K1. How difficult or easy was it for your program to complete this survey?

- Very difficult
- Somewhat difficult
- Somewhat easy
- Very easy

K2. How much time did it take you to complete the survey?

- Less than 15 minutes
- 15-30 minutes
- 30-45 minutes
- 45-60 minutes
- More than one hour

K3. Is there any other feedback you'd like to provide about this survey?

THANK YOU VERY MUCH FOR COMPLETING THIS SURVEY!

THANKYOU2. We are only interested in programs that serve children ages 0 – 5 but not yet in kindergarten. Thank you for your interest in the survey!