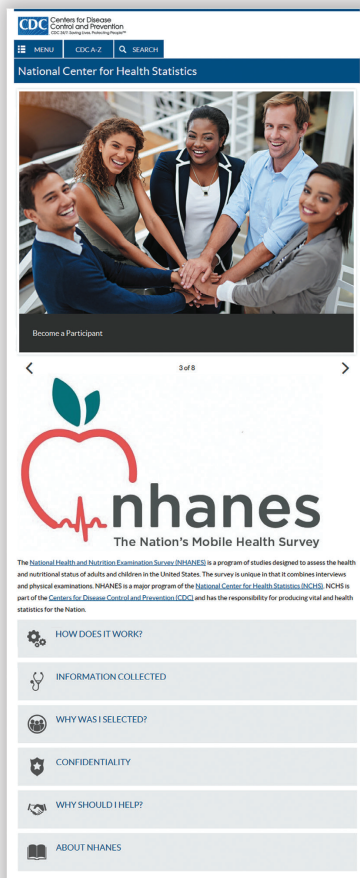


NHANES website

<https://www.cdc.gov/nhanes>



Contact information

For more information about the National Center for Health Statistics, contact:

Telephone: (800) 232-4636
E-mail: cdcinfo@cdc.gov
Internet: <https://www.cdc.gov/nchs>

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For more information about the **National Health and Nutrition Examination Survey**, visit the NHANES website at <https://www.cdc.gov/nhanes>

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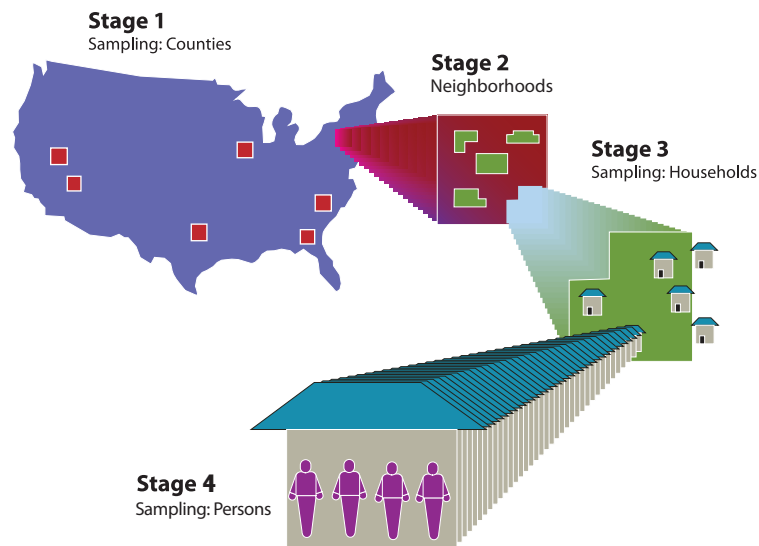
National Health and Nutrition Examination Survey

How are NHANES participants selected?



Centers for Disease Control and Prevention
National Center for Health Statistics

How are NHANES participants selected?



All the counties in the United States are divided into 15 groups based on their characteristics. One county is selected from each large group, and together they form the 15 counties in the NHANES surveys for each year.



Within each county, smaller areas (with a large number of households in each area) are formed, and about 24 of these small groups are selected.



All of the houses or apartments within those selected small groups are identified, and a sample of about 30 households are selected within each group.



Selected households are asked to completed a short survey about who lives at that address.



A computer algorithm randomly selects some or all of the household members.

Why was I selected?

The U.S. population is made up of different types of people. In order to produce reliable health statistics, each type of person must be adequately represented in the sample. Every step in selecting a particular person is a random selection. Each person selected may represent as many as 65,000 or more similar people in the United States. Similar to winning a lottery, the chance of being selected is small, but ultimately there are approximately 5,000 lucky winners each year in our survey.

