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OBGYN BI-MI Proficiency Rating Scale (PRS) – Provider/Trainee Follow-Up (3m and 6m)

Instructions: Please indicate how well you did each of the following during your most recent brief intervention with a patient in your clinic regarding alcohol use.

Use the following anchors for items 1-10 and please note that Item 11 has its own set of anchors below it.

1 = I did not do this.

2 = I attempted, but could improve on skill/technique for best practice.

3 = I performed this skill/technique at a level that is approaching acceptable.

4 = I did this well, with good technique.

5 = I did very well, with positive reception & engagement from the patient.

| | 1 | 2 | 3 | 4 | 5 |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Ask for permission to talk about patient's alcohol use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Assess quantity, frequency, & consequences of alcohol use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Explain NIAAA low risk drinking guidelines (including "0 drinks for pregnant women" and associated health risks. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Advise the patient to quit or cut down on alcohol use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Help her think about pros & cons of her alcohol use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ask how ready she is to make a change. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Help the patient make a plan or set a goal for decreasing use and/or discussing further. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Explore patient's own reasons for quitting or cutting down on alcohol use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Work with the patient as a partner (respectfully and non-judgmentally) in addressing her alcohol use issues. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Support her autonomy and choice regarding substance use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Because of this conversation, the patient's motivation to cut down or quit using alcohol, or at least to consider doing so, was increased.

Strongly Disagree



Disagree



Neutral



Agree



Strongly Agree



Thank you for your participation and feedback!