

Form Approved
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The course you are taking will contain presentation materials developed by the Mountain Plains Practice and Implementation Center (PIC), located at the University of Nevada, Reno. These materials are based on content developed by the Centers for Disease Control and Prevention (CDC).

This survey does not ask you for any personal identifying information and the results will only be used to assist us in determining the effectiveness of the course. Your instructor will not be able to view your individual responses or know if you completed this survey. Likewise, you are not required to complete this survey and your participation in this class will not be affected regardless of your decision.

Thank you for your time and enjoy the class.

1. Please enter the personal ID code you created for the pre-test survey.

First letter of your mother's first name

First digit of your social security number

Last digit of your social security number

First letter of your mother's maiden name

The public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333 ATTN: PRA (XXXX-XXXX)

The following items will be used only to describe the demographic makeup of the class.

2. Are you (choose one)

Male

Female

3. Are you Hispanic or Latino/a?

No

Yes

4. How do you describe your race? (check all that apply)

American Indian/Alaska Native

Asian

Black/African American

Native Hawaiian/Pacific Islander

White

The scenarios describe the alcohol use-related behaviors of two women. Please read each scenario carefully and respond to the questions that follow.

5. Scenario 1

Over the past few months, Sally has started to drink more than her usual amount of alcohol. In fact, she has noticed that she now needs to drink twice as much in order to get the same effect. Several times she has tried to cut down or stop drinking. However, each time she tried she became very agitated and couldn't sleep, so would start drinking and the symptoms would go away. Her family has complained that she is often hung over, moody, and has become unreliable – making plans one day and cancelling them the next. In fact, they report that she frequently calls them while intoxicated and has no memory of the calls or what she promised the next day.

In your opinion, how likely is it that Sally's situation might be caused by...

	Not at all likely	Not very likely	Neither likely nor unlikely	Somewhat likely	Very likely
her own bad character.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
a chemical imbalance in her brain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
the way she was raised.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
stressful circumstances in her life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
a genetic or inherited problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Scenario 2

During the past year, Jessica has started to drink more than her usual amount of alcohol. In fact, she has noticed that she now needs to drink twice as much in order to get the same effect. Three months ago, Jessica found out that she is pregnant and her doctor told her she should not drink alcohol during her pregnancy. Jessica has tried but so far has not been able to stop drinking. Some of Jessica's friends told her that when they were pregnant the taste and/or smell of alcohol made them sick. Jessica was hoping that she would have the same reaction, but that has not been the case. Out of concern for Jessica's health and the health of her baby, her family has tried several times to talk with her about it. However, they are telling her that she is being selfish and not behaving in the best interest of her child. This approach is only increasing how guilty and ashamed Jessica is feeling about not being able to stop. As a result, Jessica has become very secretive about her drinking, sneaking a drink whenever she has a chance.

In your opinion, how likely is it that Jessica's situation might be caused by...

	Not at all likely	Not very likely	Neither likely nor unlikely	Somewhat likely	Very likely
her own bad character.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
a chemical imbalance in her brain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
the way she was raised.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
stressful circumstances in her life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
a genetic or inherited problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following items deal with factors related to fetal alcohol spectrum disorders.

9. Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy.

- True
- False

10. FASD is preventable if a woman does not drink during her pregnancy.

- True
- False

11. The effects for FASD are always visible.

- True
- False

12. When is it safe to drink alcohol during pregnancy?

- During the first three months
- During the last three months
- Once in a while
- Never

13. How much alcohol is safe to drink during pregnancy?

- One glass of wine
- Two light beers
- One shot of hard alcohol
- None of the above

14. Screening for excessive alcohol use during pregnancy can be an effective strategy in reducing FASD.

- True
- False

15. On a scale of 0-10 with 0 meaning "Completely Disagree" and 10 meaning "Completely Agree" to what extent do you agree with the following statements.

	0 (Completely disagree)	1	2	3	4	5	6	7	8	9	10 (Completely agree)
Alcohol consumption during pregnancy is more prevalent in women with lower incomes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol consumption during pregnancy is more prevalent in women with lower levels of education.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol consumption during pregnancy is more prevalent in Anglo-white women.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16. Which of the following two statements best corresponds with your personal viewpoint (please check only ONE box).

- Occasional consumption of one standard drink alcoholic drink per day or less (i.e., 1.5 oz. hard liquor, 12 oz. of beer or 5 oz. of wine) during pregnancy is not harmful to the mother or the fetus.
- Pregnant women or women who are trying to become pregnant should completely abstain from consuming alcohol.

Thank you for your participation!!!