

**Appendix U**  
Westat IRB Approval Letter



An Employee-Owned  
Research Corporation

## Memo

**Date:** August 20, 2018

**To:** Nancy Weinfield, Project Director

**From:** Sharon Zack, Administrator, Westat IRB *Sharon Zack*

**Subject:** **Amendment Approval of WIC Toddler and Infant, Project Number 8967.01**  
**FWA 00005551**  
**Transaction # 2829**

As Administrator of the Westat Institutional Review Board (IRB), I reviewed the materials submitted for the following: **WIC Toddler and Infant, Project Number 8967.01**. The Westat IRB reviews all studies involving research on human subjects. This project was last reviewed in January 2018.

This amendment includes the following changes:

- Study extension for another year,
- Study extension notifications,
- New informed consent form,
- Additional interview with an advance letter,
- Additional child physical measurements, and;
- Additional contact updates.

The regulations (45 CFR 46) permit expedited review of minor changes in previously approved activities. I am therefore approving the modifications under expedited authority.

- You are required to submit this study for a continuing review before February 24, 2019.
- In the interim, you are responsible for notifying the IRB Office as soon as possible if there are any injuries to the subjects as well as problems or changes with the study that relate to human subjects.

**cc:** Institutional Review Board  
Alicia Sutherland