ELIGIBILITY

- 1. Were you a member of a Reserve component (National Guard or Reserve member) on May XX, 2021?
 - 🔀 Yes
 - 🔀 No, I separated or retired

	BAC	KGROU	ND INFO	RMATION
2.	What is	your cu	irrent pay	ygrade?
	区 E- 1	<mark>≥</mark> Е- 6	🔀 W -1	🔀 0-1/0-1E
	∑ E- 2	► E- 7	₩ -2	🔀 0-2/0-2E
	⊠ E- 3	⊠ E- 8	⊠ W -3	🔀 0-3/0-3E
	E- 4	E- 9	₩ -4	🔀 O-4
	E- 5	Ū	₩ -5	🔀 O-5
	0		Ū	O-6 or above

- 3. Have you served on active duty, not as a member of the Reserve components, for a cumulative 24 months or more?
 - 🔀 Yes
 - 🔀 No
- 4. What is your marital status?
 - 🔀 Married
 - \mathbf{X} Separated
 - X Divorced
 - X Widowed
 - X Never married
- 5. [Ask if Q4 = "Divorced" OR Q4 = "Widowed" OR Q4 = "Never married"] Do you have a significant other?
 Yes
 - 🗙 No

For the next questions, the definition of "**child, children, or other legal dependents**" includes anyone in your family, <u>except your spouse</u>, who has, or is eligible to have, a Uniformed Services Identification and Privilege Card (also called a military ID card) or is eligible for military health care benefits, and is enrolled in the Defense Enrollment Eligibility Reporting System (DEERS).

- 6. Do you have a child, children, or other legal dependents based on the definition above?
 - 🔀 Yes

🗙 No

7. [Ask if Q6 = "Yes"] How many children or other legal dependents do you have in each age group specified below? To indicate none, select "0." To indicate nine or more, select "9."

13 years and younger	
	-
14-22 years old	
	-
23 years and older	
	-

8. Are you Spanish/Hispanic/Latino?

- No, not Spanish/Hispanic/Latino
- Yes, Mexican, Mexican-American, Chicano, Puerto Rican, Cuban, or other Spanish/ Hispanic/Latino
- 9. What is your race? Mark one or more races to indicate what you consider yourself to be.
 - 🗙 White
 - 🔇 Black or African American
 - 🔇 American Indian or Alaska Native
 - Asian (e.g., Asian Indian, Chinese, Filipino, Japanese, Korean, or Vietnamese)
 - Native Hawaiian or other Pacific Islander (e.g., Samoan, Guamanian, or Chamorro)

ACTIVATION/DEPLOYMENT STATUS

Please read the following definitions carefully.

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In this survey, the term "activation" refers to the involuntary
or voluntary call to active duty in support of a declared
national emergency (DNE) of a Reserve component or
National Guard member under provision of 10 USC §12301(a)
(Full Mobilization), 10 USC §12301(d) (Voluntary Active Duty
if in support of a DNE), 10USC §12302 (Partial Mobilization),
or 10 USC §12304 (Presidential Reserve Call-up), or 10 USC
§12304a. It also applies to National Guard members who
perform duties under 32 USC 502(f) for the purposes of
supporting a DNE. It does NOT apply to members on full-
time active duty or members serving on full-time National
Guard Duty in an AGR/FTS/AR status, active duty for
operational support, active duty for training, or members
serving on State Active Duty.
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- 10. Have you been activated in the past 24 months? This includes activations that started more than 24 months ago and continued into the past 24 months. If you have been an AGR/FTS/AR for the past 24 months, select "No."
 - X Yes
 - No
- 11. [Ask if Q10 = "Yes"] Was at least one of your activations in the past 24 months longer than 30 consecutive days? Yes

 - 🔀 No
- 12. [Ask if Q11 = "Yes"] In the past 24 months, has (have) your activation(s) of more than 30 consecutive days been voluntary, involuntary, or both?
 - 🔀 Voluntary
 - Involuntary
 - 🗙 Both
- 13. [Ask if Q10 = "Yes"] Are you currently activated?
 - 🗙 Yes
 - 🗙 No

In the survey, the term "**deployment**" refers to the performance of duties supporting a DNE that is at a location that would be considered outside normal commuting distance or time from the member's permanent work site (i.e., an armory or reserve center). Deployments can be to a location <u>within</u> the contiguous 48 states (CONUS) or to a location <u>outside</u> the contiguous 48 states (OCONUS).

- 14. [Ask if Q11 = "Yes"] Did any of your
 - activations of more than 30 consecutive days in the past 24 months result in deployment?
 - 🔀 Yes
 - 🗙 No
- 15. [Ask if Q14 = "Yes"] In the past 24 months, after processing in the mobilization station, were you deployed within the contiguous 48 states (CONUS), outside the contiguous 48 states (OCONUS), or both?
 - 🔀 CONUS
 - 🗙 oconus
 - 🔀 Both
- 16. [Ask if Q13 = "Yes" AND Q14 = "Yes"] Are you currently deployed? ∑ Yes No

EMPLOYMENT/STUDENT STATUS

- 17. [Ask if MTFLAG = 2 AND (Q10 = "No" OR Q13 = "No")] Are you <u>currently</u> a military technician? ∑ Yes
 - 🔀 No
- 18. [Ask if MTFLAG = 2 AND Q13 = "Yes"]
 - In the week prior to your current activation, were you a military technician?
 - 🔀 Yes
 - 🔀 No

- 19. [Ask if (RPROGCIV = "IMA" OR (AGRFLAG = 2 AND (RORG_CD = "Navy Reserve" OR RORG_CD = "Marine Corps Reserve" OR Q17 = "No"))) AND (Q10 = "No" OR Q13 = "No")] Last week, did you do any work for pay or profit? Mark "Yes" even if you worked only one hour, or helped without pay in a family business or farm for 15 hours or more.
 - No
- 20. [Ask if (RPROGCIV = "IMA" OR (AGRFLAG = 2 AND (RORG_CD = "Navy Reserve" OR RORG_CD = "Marine Corps Reserve" OR Q18 = "No"))) AND Q13 = "Yes"] In the week prior to your most recent activation, did you do <u>any</u> work for pay or profit? Mark "Yes" even if you worked only one hour, or helped without pay in a family business or farm for 15 hours or more.
 - 🗙 Yes
 - 🔀 No
- 21. [Ask if Q19 = "No"] <u>Last week</u>, were you <u>temporarily</u> absent from a job or business?

Yes, on vacation, temporary illness, labor dispute, etc.

- 🔀 No
- 22. [Ask if Q20 = "No"] In the week prior to your most recent activation, were you <u>temporarily</u> absent from a job or business?

Yes, on vacation, temporary illness, labor dispute, etc.

- 🔀 No
- 23. [Ask if Q21 = "No"] Have you been looking for work during the last 4 weeks?
 - 🗙 Yes
 - 🗙 No

- 24. [Ask if Q22 = "No"] Were you looking for work during the 4 weeks prior to your most recent activation?
 Yes
 - 🔀 No
- 25. [Ask if Q23 = "Yes"] <u>Last week</u>, could you have started a job if offered one, or returned to work if recalled?
 - Xes, could have gone to work
 - No, because of my temporary illness
 - \mathbf{X} No, because of other reasons (in school, etc.)
- 26. [Ask if Q24 = "Yes"] In the week prior to your most recent activation, could you have started a job if offered one, or returned to work if recalled?
 - X Yes, could have gone to work
 - 🗙 No, because of my temporary illness
 - No, because of other reasons (in school, etc.) \mathbf{X}
- 27. [Ask if Q19 = "Yes" OR Q21 = "Yes, on vacation, temporary illness, labor dispute, etc."] Do you have a full-time civilian job (of 35 hours or more per week) that includes benefits, as well as pay or salary?
 - 🔀 Yes
 - 🗙 No
- 28. [Ask if Q20 = "Yes" OR Q22 = "Yes, on vacation, temporary illness, labor dispute, etc."] In the week prior to your most recent activation, did you have a full-time civilian job (of 35 hours or more per week) that included benefits, as well as pay or salary?
 - 🔀 Yes
 - 🗙 No

29. [Ask if Q19 = "Yes" OR Q21 = "Yes, on vacation, temporary illness, labor dispute, etc."] What is your current <u>principal</u> civilian employment? By principal civilian employment, we mean the job at which you work the most

hours.

- An employee of a PRIVATE/PUBLIC company, business or individual, working for wages, salary, or commission
- An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization
- 🔀 A FEDERAL government employee
- 🔀 A STATE government employee
- A LOCAL government employee (e.g., county, city, town)
- Self-employed in OWN business, professional practice, or farm
- Working WITHOUT PAY in a family business or farm
- Working WITH PAY in a family business or farm

30. [Ask if (Q29 = "An employee of a **PRIVATE/PUBLIC** company, business or individual, working for wages. salary, or commission" OR Q29 = "An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization" OR Q29 = "A FEDERAL government employee" OR Q29 = "A STATE government employee" OR O29 = "A LOCAL government employee (e.g., county, city, town)" OR Q29 = "Selfemployed in OWN business, professional practice, or farm" OR Q29 = "Working WITHOUT PAY in a family business or farm" OR O29 = "Working WITH PAY in a family business or

farm")] Counting all locations where your current principal employer operates <u>in the United States</u>, what is the total number of persons who work for this employer?

- 🔀 1 to 9
- 🔀 10 to 24
- 🔀 25 to 49
- 🔀 50 to 99
- 🔀 100 to 499
- 🗙 500 to 999
- 🔀 1,000 or more

31. [Ask if Q13 = "No" AND (Q29 = "An employee of a PRIVATE/PUBLIC company, business or individual, working for wages, salary, or commission" OR Q29 = "An employee of a NOT-FOR-PROFIT, tax-exempt, or charitable organization" OR Q29 = "A FEDERAL government employee" OR O29 = "A STATE government employee" OR Q29 = "A LOCAL government employee (e.g., county, city, town)" OR Q29 = "Self-employed in OWN business, professional practice, or farm" OR Q29 = "Working WITHOUT PAY in a family business or farm" OR Q29 = "Working WITH PAY in a family business or farm")] Is your current principal civilian employment

the same as before your most recent activation?

\times	Does not apply; I did not have a civilian job prior
	to my most recent activation

X Yes

No 🛛

- 32. [Ask if Q20 = "Yes" OR Q22 = "Yes, on vacation, temporary illness, labor dispute, etc." OR Q31 = "No"] In the week prior to your most recent activation, what was your <u>principal</u> civilian employment? By principal civilian employment, we mean the job at which you worked the most hours.
 - An employee of a PRIVATE/PUBLIC company, business or individual, working for wages, salary, or commission
 - An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization
 - A FEDERAL government employee
 - 🔀 A STATE government employee
 - A LOCAL government employee (e.g., county, city, town)
 - Self-employed in OWN business, professional practice, or farm
 - Working WITHOUT PAY in a family business or farm
 - Working WITH PAY in a family business or farm

- 33. [Ask if (Q32 = "An employee of a **PRIVATE/PUBLIC** company, business or individual, working for wages, salary, or commission" OR Q32 = "An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization" OR Q32 = "A FEDERAL government employee" OR Q32 = "A STATE government employee" OR O32 = "A LOCAL government employee (e.g., county, city, town)" OR Q32 = "Selfemployed in OWN business, professional practice, or farm" OR O32 = "Working WITHOUT PAY in a family business or farm" OR Q32 = "Working WITH PAY in a family business or farm")] Counting all locations where your principal employer operated in the United States, what is the total number of persons who worked for this employer? 🔀 1 to 9
 - 🗙 10 to 24
 - 🗙 25 to 49
 - 🗙 50 to 99
 - 100 to 499
 - 🗙 500 to 999
 - 🔀 1,000 or more
- 34. [Ask if AGRFLAG = 2 AND (Q10 = "No" OR Q13 = "No")] Are you <u>currently</u> enrolled in a civilian school? Mark "Yes" if you were enrolled in the most recent academic semester or if you are enrolled for the next semester.
 - 🔀 Yes
 - 🔀 No
- 35. [Ask if AGRFLAG = 2 AND Q13 = "Yes"]

At the time of your most recent activation, were you enrolled in a civilian school? *Mark "Yes" if you* were enrolled in the most recent academic semester or if you were enrolled for the next semester.

- 🔀 Yes
- 🔀 No

36. [Ask if Q34 = "Yes"] Are you <u>currently</u> a full-time student or part-time student? Full-time is considered an equivalent of 12 credit hours or more per semester. Part-time is considered an equivalent of less than 12 credit hours per semester.

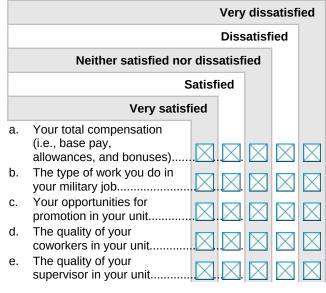
Full-time

- 🔀 Part-time
- 37. [Ask if Q35 = "Yes"] At the time of your most recent activation, were you a fulltime student or part-time student? Full-time is considered an equivalent of 12 credit hours or more per semester. Part-time is considered an equivalent of less than 12 credit hours per semester.
 - Full-time
 - 🗙 Part-time
- 38. [Ask if Q27 = "No"] What is the <u>main</u> reason you do not currently have a fulltime civilian job?
 - 🔀 Unable to find a job
 - X Full-time homemaker, parent, and/or care giver
 - 🔀 Full-time student
 - Retired, other than Guard/Reserve requirements
 - 🗙 Disabled
 - Prefer not to have a full-time job
 - 🔀 Other

[Ask if Q38 = "Other"] Please specify the <u>main</u> reason you do not currently have a full-time civilian job. Please do not include any personally identifiable information (e.g., names, addresses).

SATISFACTION

39. Taking all things into consideration, how satisfied are you, in general, with each of the following aspects of being in the National Guard/Reserve? *Mark one answer for each item*.



40. Overall, how satisfied are you with the military way of life?

- Very satisfied
- X Satisfied
- $\overline{\mathsf{X}}$ Neither satisfied nor dissatisfied
- X Dissatisfied
- 🗙 Very dissatisfied

RETENTION

- 41. How many years have you spent in military service? Do not count partial years. To indicate less than 1 year, enter "0". To indicate 35 years or more, enter "35". Include in military service years:
 - Time spent as an active duty Service member
 - Time spent as a National Guard/ Reserve component member, to include:
 - Time spent as a Drilling unit Reservist/ Traditional Guardsman/Troop Program Unit (TPU) Reservist
 - Time spent mobilized/activated on active duty
 - Time spent in a full-time, active duty program
 - Time spent in the Individual Ready Reserve (IRR)
 - Time spent as an Individual Mobilization Augmentee (IMA)
 - Time spent in the Standby Reserve

Years

- 42. Suppose that you have to decide whether to continue to participate in the National Guard/Reserve. Assuming you could stay, how likely is it that you would choose to do so?
 - 🔀 Very likely
 - 🔀 Likely
 - 🔀 Neither likely nor unlikely
 - Vnlikely
 - X Very unlikely

- 43. [Ask if Q4 = "Married" OR Q4 = "Separated" OR Q5 = "Less than 1 year" OR Q5 = "1 year to less than 6 years" OR Q5 = "6 years to less than 10 years" OR Q5 = "10 years or more"] In your opinion, how does your spouse/ significant other view your participation in the National Guard/ Reserve?
 - Very favorably
 - 🔀 Somewhat favorably
 - Neither favorably nor unfavorably
 - 🔀 Somewhat unfavorably
 - 🔀 Very unfavorably
- 44. In your opinion, how does your family view your participation in the National Guard/Reserve?
 - Very favorably
 - 🔀 Somewhat favorably
 - Neither favorably nor unfavorably
 - Somewhat unfavorably
 - 🔀 Very unfavorably
- 45. [Ask if Q19 = "Yes" OR Q20 = "Yes" OR Q21 = "Yes, on vacation, temporary illness, labor dispute, etc." OR Q22 = "Yes, on vacation, temporary illness,

labor dispute, etc."] In your opinion, how does your supervisor at your principal civilian job view your participation in the National Guard/ Reserve?

- Does not apply; I do not have a supervisor at my principal civilian job
- Very favorably
- Somewhat favorably
- Neither favorably nor unfavorably
- Somewhat unfavorably
- 🔀 Very unfavorably

- 46. [Ask if Q19 = "Yes" OR Q20 = "Yes" OR Q21 = "Yes, on vacation, temporary illness, labor dispute, etc." OR Q22 = "Yes, on vacation, temporary illness, labor dispute, etc."] In your opinion, how do your coworkers at your principal civilian job view your participation in the National Guard/ Reserve?
 - Does not apply; I do not work with others at my principal civilian job
 - 🔀 Very favorably
 - 🔀 Somewhat favorably
 - 🔀 Neither favorably nor unfavorably
 - 🔀 Somewhat unfavorably
 - 🔀 Very unfavorably

TEMPO

- 47. [Ask if AGRFLAG = 2] In the past 12 months, how many days (<u>full days, not</u> <u>drill periods</u>) did you spend in a compensated (pay or points) National Guard/Reserve status?
- 48. [Ask if AGRFLAG = 2] In an average month when not activated, how many <u>unpaid</u> hours, off duty, do you spend on your <u>unit's business</u>? For none, enter "0".

49. In the past 12 months, how many nights did you spend away from your home because of your military duties? Do not include nights spent away from home before out-of-town drills.

Nights

Days

50. In the past 12 months, have you spent	
more or less time away from your home than you expected when you first	STRESS
entered the National Guard/Reserve?	55. Overall, how would you rate the current
🔀 Much more than expected	level of stress in your <u>military</u> life?
More than expected	Much less than usual
Neither more nor less than expected	Less than usual
🔀 Less than expected	About the same as usual
Much less than expected	More than usual
	🔀 Much more than usual
51. What impact has time away (or lack	50 Output house and the summer
thereof) from your home in the past 12	56. Overall, how would you rate the current
months had on your military career	level of stress in your <u>personal</u> life?
intentions?	Much less than usual
Greatly increased your desire to stay	🔀 Less than usual
🔀 Increased your desire to stay	About the same as usual
Neither increased nor decreased your desire to stay	More than usual
Decreased your desire to stay	Much more than usual
Greatly decreased your desire to stay	
	DEPLOYMENTS IN PAST 5 YEARS
READINESS	57. [Ask if Q10 = "No"] Have you been
52. Overall, how well prepared are <u>you</u> to perform your wartime job?	activated in the <u>past 5 years</u> ?

No No

- Very well prepared
- Well prepared
- Neither well nor poorly prepared
- Poorly prepared
- 🔀 Very poorly prepared

53. Overall, how well prepared is <u>your unit</u> to perform its wartime mission?

- Very well prepared
- 🔀 Well prepared
- Neither well nor poorly prepared
- Noorly prepared
- Very poorly prepared
- 54. How well has your training prepared you to perform your wartime job?
 - 🔀 Very well
 - 🔀 Well
 - Neither well nor poorly
 - Noorly
 - 🔀 Very poorly

- **Operation Noble Eagle** officially began 11 Sep 2001 and is currently on-going.
- Operation Inherent Resolve (OIR) officially began 15 Jun 2014 and includes military intervention against extremists in Iraq and Syria.
- Operation Freedom's Sentinel (OFS), a follow-on mission to OEF, officially began 1 Jan 2015 and includes missions to train Afghan soldiers and conduct counterterrorism operations against extremists in Afghanistan.
- 58. [Ask if Q10 = "Yes" OR Q57 = "Yes"] In the <u>past 5 years</u>, for which of the following operations/contingencies have you been deployed to support (either directly or indirectly)? *Mark all that apply*.
 - \mathbf{X} I have not deployed in the past 5 years
 - \mathbf{X} Operation Noble Eagle
 - 🗙 Operation Inherent Resolve
 - Operation Freedom's Sentinel
 - COVID-19 Response
 - Southwest Border Operation
 - 🗙 Other

[Ask if (Q10 = "Yes" OR Q57 = "Yes") AND Q58 g = "Marked"] Please specify the other operation/contingency for which you have been deployed to support (either directly or indirectly) in the past 5 years. Please do not include any personally identifiable information (e.g., names, addresses).

59. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND (Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked")] In the <u>past 5 years</u>, how many times have you been deployed?

Times

- 60. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND (Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked")] In the <u>past 5 years</u>, have you been deployed to a combat zone or an area where you drew imminent danger pay or hostile fire pay?
 - 🔀 Yes
 - 🔀 No
- 61. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND Q60 = "Yes" AND Q16 = "Yes" AND (Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked")] For your most recent deployment, how many months have you been or were you deployed to a combat zone or an area where you drew imminent danger pay or hostile fire pay? Include partial months. For example, even if you were deployed to a combat zone for 2 days, but those days were in different months, enter "2".
- 62. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND (Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked")] Were you involved in combat operations? ∑ Yes

Months

- No
- 63. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND Q60 = "Yes" AND Q16 = "Yes" AND(Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked" OR Q58 h = "Marked")] Are you currently deployed to a combat zone or an area where you are drawing imminent danger pay or hostile fire pay?
 - 🔀 Yes
 - 🗙 No

- 64. [Ask if (Q10 = "Yes" OR Q57 = "Yes") AND (Q58 b = "Marked" OR Q58 c = "Marked" OR Q58 d = "Marked" OR Q58 e = "Marked" OR Q58 f = "Marked" OR Q58 g = "Marked")] Were any of your deployments in the <u>past 5 years</u> longer than you expected?
 - 🔀 Yes
 - 🔀 No

MILITARY ONESOURCE

65. In the past 12 months, have you used the confidential Military OneSource in the following ways to obtain information or services? *Mark "Yes" or "No" for each item*.

			No
		Yes	
a.	Accessed www.MilitaryOneSource.mil		\square
b.	Accessed Military OneSource mobile application		\boxtimes
c.	E-mailed Military OneSource	\square	\square
d.	Talked to a Military OneSource consultant on the phone		
e.	Contacted Military OneSource to arrange for face-to-face or telephonic counseling session(s)		
f.	Contacted Military OneSource to arrange for video counseling session(s)		

66. [Ask if Q65 a = "Yes"] How useful was... Mark one answer for each item.

Somewhat useful Useful Very useful a. MilitaryOneSource.mil?			No	t use	eful
Very useful a. MilitaryOneSource.mil?		Somewha	t use	eful	
 a. MilitaryOneSource.mil?		Use	eful		
 b. Military OneSource mobile application? c. E-mail communication with a Military OneSource consultant? d. Military OneSource consultant on the phone? e. Military OneSource face-to-face or telephonic counseling? f. Military OneSource video 		Very useful			
 application?	a.	MilitaryOneSource.mil?	\boxtimes	\times	\boxtimes
 Military OneSource consultant?	b.			\boxtimes	\boxtimes
 on the phone? e. Military OneSource face-to-face or telephonic counseling? f. Military OneSource video 	c.			\times	\boxtimes
or telephonic counseling?	d.			\boxtimes	\boxtimes
	e.	or telephonic counseling?		\boxtimes	\boxtimes
	f.		\boxtimes	\boxtimes	\boxtimes

HEALTH-RELATED QUALITY OF LIFE MEASURE (HRQOL)

- 67. Would you say that in general your health is...
 - Excellent?
 - Very good?
 - Good?
 - Fair?
 - Poor?
- 68. Now thinking about your <u>physical</u> <u>health</u>, which includes physical illness and injury, how many days during the past 30 days was your health not good? *To indicate none*, *enter "0"*.

Days

Davs

- 69. Now thinking about your <u>mental health</u>, which includes stress, depression, and problems with emotions, how many days during the past 30 days was your mental health not good? *To indicate none*, *enter "0"*.
- 70. During the past 30 days, approximately how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? *To indicate none, enter "0".*

Days

DETAILED READINESS

- 71. Overall, how well prepared are <u>you</u> for future deployments?
 - 🔀 Very well prepared
 - 🔀 Well prepared
 - Neither well nor poorly prepared
 - Noorly prepared
 - Very poorly prepared

72. [Ask if Q6 = "Married" OR Q6 = "Separated"] Overall, how well prepared is <u>your spouse</u> for future deployments?

- 🔀 Very well prepared
- 🔀 Well prepared
- 🔀 Neither well nor poorly prepared
- 🔀 Poorly prepared
- 🔀 Very poorly prepared

73. [Ask if Q6 = "Married" OR Q6 =

"Separated"] Have you and/or your spouse taken the following steps to prepare for deployment? *Mark one answer for each item*.

		Dor	Don't know	
			No	
		Yes		
a.	Ensured your spouse has money for rent, food, and living expenses (e.g., set up an allotment, joint accounts)		\boxtimes	\boxtimes
b.	Developed a financial plan to meet emergencies		\mathbf{X}	\boxtimes
c.	Got or increased life insurance for yourself		\boxtimes	\boxtimes
d.	Participated in Military and Family Support pre-deployment brieings or services		\square	

74. [Ask if Q10 = "Yes"] After you were notified of your most recent activation, did you need to do any of the following before reporting for duty? *Mark* "Yes" or "No" for each item.

			No
		Yes	
a.	Obtain dependent ID card(s) for family member(s)		\boxtimes
b.	Prepare a will for yourself		\square
C.	Obtain a power of attorney	\square	\boxtimes
d.	Obtain legal assistance on other matters (e.g., change lease)		\boxtimes
e.	Establish an emergency fund for your family		\boxtimes
f.	Get or increase life insurance for yourself	\square	\boxtimes
g.	Make financial arrangements (e.g., creditors)		\boxtimes
h.	Make arrangements for medical care with TRICARE or a civilian insurance center		
i.	Change child care arrangements	\square	\square
j.	Change elder care arrangements		\square

ACTIVATIONS/DEPLOYMENTS

- 75. [Ask if (Q29 = "An employee of a **PRIVATE/PUBLIC** company, business or individual, working for wages, salary, or commission" OR Q29 = "An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization" OR Q29 = "A FEDERAL government employee" OR Q29 = "A STATE government employee" OR O29 = "A LOCAL government employee (e.g., county, city, town)") OR (Q13 = "Yes" AND (Q32 = "An employee of a **PRIVATE/PUBLIC** company, business or individual, working for wages, salary, or commission" OR Q32 = "An employee of a NOT-FOR-PROFIT, taxexempt, or charitable organization" OR Q32 = "A FEDERAL government employee" OR Q32 = "A STATE government employee" OR Q32 = "A LOCAL government employee (e.g., county, city, town)"))] In general, how supportive is your principal civilian employer of your National Guard/ **Reserve obligations?**
 - 🔀 Very supportive
 - 🔀 Supportive
 - Neither supportive nor unsupportive
 - 🔀 Unsupportive
 - 🔀 Very unsupportive
- 76. [Ask if Q13 = "No" OR Q57 = "Yes"] In

the 3 months after your most recent deactivation, did you receive unemployment benefits from either state Unemployment Insurance (UI) or Unemployment Compensation for Ex-Servicemen (UCX)?

- X Yes, state Unemployment Insurance (UI)
- Yes, Unemployment Compensation for Ex-Servicemen (UCX)

🔀 No

- 77. [Ask if (Q13 = "No" OR Q57 = "Yes") AND (Q76 = "Yes, state Unemployment Insurance (UI)" OR Q76 = "Yes, Unemployment Compensation for Ex-Servicemen (UCX)")] Have you continuously received unemployment benefits between the time of your most recent deactivation and today?
 - Yes
 - 🔀 No
- 78. [Ask if (Q13 = "No" OR Q57 = "Yes") AND (Q76 = "Yes, state Unemployment Insurance (UI)" OR Q76 = "Yes, Unemployment Compensation for Ex-Servicemen (UCX)")] How many weeks did you receive unemployment benefits?

Weeks

79. [Ask if (Q10 = "Yes" AND Q11 = "Yes" AND Q13 = "No") OR Q16 = "No"]

Consider your income and benefits in the year <u>prior to</u> your most recent activation/deployment and your income and benefits <u>during</u> your most recent activation/deployment. In general, how did your overall income and benefits change while you were activated/ deployed?

- 🔀 Increased
- 🔀 Decreased
- \bigotimes Remained the same
- 🔀 Don't know
- 80. [Ask if (Q10 = "Yes" AND Q11 = "Yes" AND Q13 = "No") OR Q16 = "No"]

During your most recent activation/ deployment, did you or your family have any additional expenses because of any of the following items? *Mark* "Yes" or "No" for each item.

			No
		Yes	
a.	Elder care	×	\square
b.	Pet care	\square	\boxtimes
C.	Household repairs, yard work, or car maintenance	\mathbf{X}	\boxtimes
d.	Storage or security of personal belongings.	\square	\square

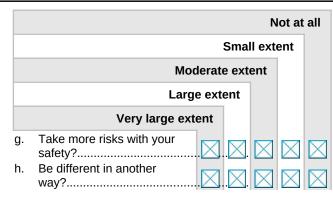
		No
	Yes	
e.	Communicating with family	\square
f.	Child care	\boxtimes

81. [Ask if (Q10 = "Yes" AND Q11 = "Yes" AND Q13 = "No") OR Q16 = "No"]

Which of the following was your <u>biggest</u> concern about returning from your most recent activation/ deployment? *Select one item from the list below*.

- Reemployment
- 🔀 Readjusting to work life
- 🔀 Financial stability
- Readjusting to family life
- Reestablishing a good relationship with your spouse
- Reestablishing a good relationship with your children
- Recovering from a physical injury/limitation
- Recovering from the emotional impact and stress of activation/deployment
- Health care coverage for yourself
- Health care coverage for your family
- \mathbf{X} Possibility of being activated/deployed again
- 🔀 Other
- 82. [Ask if Q14 = "Yes" AND (Q13 = "No" OR Q16 = "No")] After returning home from your most recent deployment, to what extent have you seemed to... Mark one answer for each item.

	Not at all
	Small extent
	Moderate extent
	Large extent
	Very large extent
a.	Be more emotionally distant (e.g., less talkative, less affectionate, less interested in social life)?
b.	Appreciate life more?
c. d.	Get angry faster?
e. f.	Drink more alcohol?



RESERVE COMPONENT PARTICIPATION

83. If you were required to be activated, which of the following activation/dwell frequencies would you prefer?

Shorter but more frequent activations (short activation/short dwell)

- Longer but less frequent activations (long activation/long dwell)
- Very infrequent activations (e.g., only activated in the event of a national emergency)
- 84. [Ask if AGRFLAG = 2 OR Q17 = "No"

OR Q18 = "No"] In addition to the standard one weekend a month and 2 weeks of annual training a year, how many days <u>per year</u> would you be willing to volunteer to be placed on paid active duty status to perform operational missions?

- 🔀 0 days per year
- 🔀 1-7 days per year
- 🗙 8-15 days per year
- 🔀 16-29 days per year
- 🔀 30-60 days per year
- 🔀 61-90 days per year
- 🗙 91-120 days per year
- 🔀 More than 120 days per year

Suppose the Department of Defense (DoD) was considering a change in National Guard/Reserve participation where your unit or command had a different requirement for performing annual duty throughout the year.

85. [Ask if AGRFLAG = 2 OR Q17 = "No"

OR Q18 = "No"] How likely is it that you would be willing to perform your annual duty requirements under each of the following scenarios, assuming your pay and compensation remained exactly the same (<u>no</u> loss of pay and benefits)? *Mark one answer for each item*.

	Very unlikely					
			l	Jnlik	ely	
	Neither likely	/ nor	unlik	ely		
		Lik	ely			
	Very lil	kely				
a.	One drill weekend each month, plus 2 weeks of annual training each year			\boxtimes	\boxtimes	\boxtimes
b.	Two back-to-back drill weekends every 2 months (4 days total), plus 2 weeks of annual training					
C.	each year Three back-to-back drill weekends every 3 months (6 days total), plus 2					
d.	weeks of annual training each year Two 3-week periods of				\boxtimes	
	duty throughout the year (combination of drill weekends and annual training)				\bowtie	\square
e.	Three 2-week periods of duty throughout the year (combination of drill weekends and annual training)		\square		\boxtimes	

HEALTH AND WELL-BEING

In the following section, you will be asked questions about counseling. Data will be provided to DoD policy offices to assist with the assessment of counseling programs and improve member's health and well-being.

- 86. In the <u>past six months</u>, did you talk to a counselor (e.g., mental health counselor, non-medical counselor, or chaplain)?
 - X Yes

🗙 No

87. [Ask if Q86 = "Yes"] In the <u>past six</u> <u>months</u>, did you talk to a counselor about... *Mark* "Yes" or "No" for each item.

Yes a. Problem solving?			
 a. Problem solving?		Ν	ю
 b. Coping with stress?		Yes	
 c. Financial management?	a.	Problem solving?	\times
 d. Family issues?	b.	Coping with stress?	\times
 e. Relationship/marital issues?	c.	Financial management?	\times
 f. Couple's communication issues?	d.	Family issues?	\times
 g. Dealing with family separations?	e.	Relationship/marital issues?	\times
 h. Parent/child issues?	f.	Couple's communication issues?	\times
 i. Deployment and reunion?	g.	Dealing with family separations?	\times
 j. Crisis situations?	h.	Parent/child issues?	\times
k. Grief and loss?	i.	Deployment and reunion?	\times
	j.	Crisis situations?	\times
I. Other concerns?	k.	Grief and loss?	\times
	I.	Other concerns?	X

[Ask if Q86 = "Yes" AND Q87 I = "Yes"]

Please specify the other concern(s) you discussed with a counselor in the <u>past</u> <u>six months</u>. Please do not include any personally identifiable information (e.g., names, addresses).

MEMBER HEALTH CARE

- 88. [Ask if Q10 = "No"] Do you currently have any medical/hospitalization insurance?
 - 🔀 Yes
 - 🔀 No
- 89. [Ask if Q10 = "Yes"] Prior to your most recent activation, did you have any medical/hospitalization insurance?
 - 🗙 Yes
 - 🔀 No

90. [Ask if Q11 = "Yes" AND Q13 = "No"] By which of the following health

insurance or health coverage plans are you <u>currently</u> covered? *Mark* "Yes" or "No" for each item.

			No
		Yes	
a.	TRICARE or other military-provided health care		
b.	Veterans Affairs (VA) health care system		\boxtimes
C.	Federal Employees Health Benefits (FEHB) program		
d.	Insurance through current or former employer, union, or school/college (of you or another family member)		
e.	Insurance purchased directly from insurance company or through a state health insurance marketplace (for you or another family member)		
f.	Medicare (for those age 65 and over or with certain disabilities)		
g.	Medicaid, Medical Assistance, or any kind of government-assistance plan for those with low income or disability		
h.	Indian Health Service		\boxtimes
i.	Parents' or spouse's insurance or health coverage plan		
j.	Other health insurance or health coverage plan		\boxtimes

As a Selected Reserve member, you may qualify to purchase medical coverage under the premium-based TRICARE Reserve Select (TRS) health plan (for you and your family) and may qualify to purchase dental coverage under the premium-based TRICARE Dental Program (for you and/or your family).

91. Have you been provided information about these TRICARE medical and dental benefits? *Mark* "Yes" or "No" for each item.

		No
	Yes	
a.	TRICARE Reserve Select (TRS)	\square
b.	TRICARE Dental Program (TDP)	\boxtimes

92. [Ask if Q13 = "No"] Are you enrolled in the premium-based TRICARE Reserve Select (TRS) health plan <u>now</u>?

🗙 Yes

🔀 No

93. [Ask if Q91 a = "Yes" AND Q13 = "No" AND Q92 = "No"] Why did you decide not to enroll in the premium-based TRICARE Reserve Select (TRS) health plan? *Mark "Yes" or "No" for each item*.

		N	lo
	Yes	5	
a.	Premium costs are too expensive	\leq	\times
b.	Cost share is too expensive	$\leq [$	\times
c.	Lack of available providers	$\leq [$	\times
d.	Prefer other available health plan	$\leq [$	\times
e.	Prefer to be uninsured	$\leq [$	Х
f.	Not eligible for TRICARE Reserve Select		\times
g.	Other		\times

[Ask if Q91 a = "Yes" AND Q13 = "No"

AND Q92 = "No" AND Q93 g = "Yes"] Why did you decide <u>not</u> to enroll in the premium-based TRICARE Reserve Select (TRS) health plan? *Mark "Yes"* or *"No" for each item*.

- 94. [Ask if Q13 = "No"] Are you enrolled in the premium-based TRICARE Dental Program (TDP) <u>now</u>? ∑ Yes

 - 🔀 No
- 95. [Ask if Q91 b = "Yes" AND Q13 = "No" AND Q94 = "No"] Why did you decide <u>not</u> to enroll in the premium-based TRICARE Dental Program (TDP)? Mark "Yes" or "No" for each item.

			No
		Yes	
a.	Premium costs are too expensive	\square	\square
b.	Cost share is too expensive	\square	\square
c.	Lack of available providers		\boxtimes
d.	Prefer other available dental plan		\square
e.	Prefer to be uninsured	\ldots	\square
f.	Not eligible for TRICARE Reserve Select (TRS)		\boxtimes
g.	Other	\square	\square

- 96. [Ask if Q13 = "No" AND Q14 = "Yes"] In the 180 days after your most recent deployment, which of the following TRICARE programs did you access for medical care during your Transitional Assistance Management Program (TAMP) period?
 - TRICARE Prime
 - TRICARE Select
 - 🔀 None
- 97. [Ask if Q13 = "No" AND Q14 = "Yes" AND (Q96 = "TRICARE Prime" OR Q96 = "TRICARE Select")] In the 180 days after your most recent deployment, how many visits did you have to a doctor or provider office during your Transitional Assistance Management Program (TAMP) period?

Visits

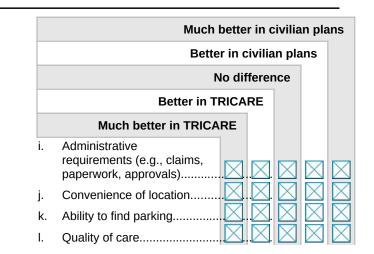
- 98. [Ask if Q13 = "No" AND Q14 = "Yes"] In the 180 days after your most recent deployment, which of the following dental services did you access during your Transitional Assistance Management Program (TAMP) period?
 - Active Duty Dental Program (ADDP)
 - Veterans Affairs (VA) Dental Treatment Facility
 - 🔀 Other dental insurance
 - 🔀 None
- 99. [Ask if Q13 = "No" AND Q92 = "Yes"] How do the following aspects of your TRICARE health plan compare to what is available in the civilian world (excluding TRICARE civilian care)? Mark one answer for each item.

	Much better in civilian plans							
Better in civilian plans								
	No difference							
	Better in TRICARE							
	Much better in TRICARE							
a. b.	Understanding benefits	3						
	when questions or problems arise	\leq						
c.	Out-of-pocket cost for care	\leq						

	Mucł	1 bette	r in c	ivilia	n pla	เทร
		ter in c				
		No di	fferer	nce		
	Better in	TRICA	RE			
	Much better in TRIC	ARE				
d.	Professionalism/"bedside manner" of physicians and other medical providers				\boxtimes	
e.	Availability of primary care medical providers				\boxtimes	
f. g.	Availability of specialists Ability to get appointments with primary care medical providers	⊠.				
h.	Waiting time in the clinic/ doctor's office				\boxtimes	
i.	Administrative requirements (e.g., claims, paperwork, referrals, approvals)				\boxtimes	
j.	Convenience of location	⊠	\square	\boxtimes	\times	\geq
k.	Ability to find parking		\square	\square	\times	\geq
l. m.	Quality of care Ability to get appointments with specialists			\bowtie	\boxtimes	

100. [Ask if Q13 = "No" AND Q94 = "Yes"] How do the following aspects of your TRICARE <u>dental</u> program compare to what is available in the civilian world (excluding TRICARE civilian care)? Mark one answer for each item.

	Much better in civilian p	lans			
Better in civilian plans					
	No difference				
	Better in TRICARE				
	Much better in TRICARE				
a.	Understanding benefits				
b.	Obtaining assistance when questions or problems arise				
c.	Out-of-pocket cost for care				
d.	Professionalism/"bedside manner" of dentists and other dental providers				
e.	Availability of dental providers				
f.	Availability of dental specialists				
g.	Ability to get dental appointments				
h.	Waiting time in the dental clinic/provider's office				



DETAILED RETENTION

101. To what extent does military service provide you with the following opportunities? *Mark one answer for each item*.

			Ν	lot at	all	
		Sma	all ext	ent		
	Mo	derate ex	tent			
	Large extent					
	Very large ex	tent				
a.	Opportunity to learn a new skill			\boxtimes	\boxtimes	
b.	Opportunity to do an interesting job			\boxtimes	\boxtimes	
C.	Opportunity to do something exciting			\boxtimes		
d.	Opportunity to have the challenge of military training			\boxtimes		
e.	Opportunity to travel/"get away"			\boxtimes	\boxtimes	
f.	Opportunity to use educational benefits			\boxtimes	\boxtimes	
g.	Opportunity to earn extra money			\boxtimes	\boxtimes	
h.	Opportunity to earn credit toward a military pension			\boxtimes	\boxtimes	
i.	Opportunity to perform a public service			\boxtimes	\boxtimes	
j.	Opportunity to serve your country			\boxtimes	\boxtimes	
k.	Opportunity to serve your local community			\boxtimes	\boxtimes	
I.	Opportunity to serve with people you respect and enjoy being around			\boxtimes	\boxtimes	

102. Are you already eligible for military retirement?

- 🔀 Yes
- 🔀 No
- 103. [Ask if Q102 = "No"] If you could stay in the National Guard/Reserve as long as you want, how likely is it that you would choose to serve until eligible for retirement?
 - 🔀 Very likely
 - 🔀 Likely

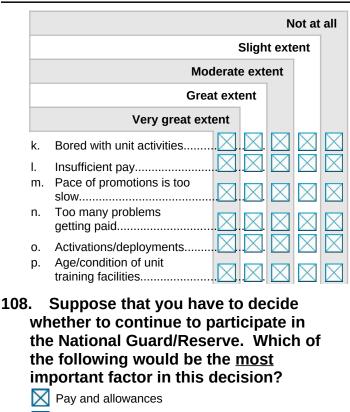
🔀 Neither likely nor unlikely

- 🗙 Unlikely
- 🔀 Very unlikely
- 104. When you leave military service, how many total years do you expect to have completed? Do not count partial years. To indicate less than 1 year, enter "0". To indicate 35 years or more, enter "35". Include in military service years:
 - Time spent as an active duty Service member
 - Time spent as a National Guard/ Reserve component member, to include:
 - Time spent as a Drilling unit Reservist/ Traditional Guardsman/Troop Program Unit (TPU) Reservist
 - Time spent mobilized/activated on active duty
 - Time spent in a full-time, active duty program
 - Time spent in the Individual Ready Reserve (IRR)
 - Time spent as an Individual Mobilization Augmentee (IMA)
 - Time spent in the Standby Reserve

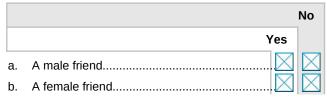
Years

- 105. In general, has your <u>life</u> been better or worse than you expected when you first entered the National Guard/
 Reserve?
 Much better
 - 🔀 Somewhat better
 - About what you expected
 - Somewhat worse
 - Much worse
- 106. In general, has your experience in the Reserve component been better or worse than you expected when you first entered the National Guard/ Reserve?
 - 🔀 Much better
 - 🔀 Somewhat better
 - About what you expected
 - 🗙 Somewhat worse
 - X Much worse
- 107. Suppose that you have to decide whether to continue to participate in the National Guard/Reserve. To what extent is each of the following a reason for you to leave? *Mark one answer for each item*.

Not at all						
			Sligh	t ext	ent	
	Moderate extent					
	G	reat ext	ent			
	Very great	extent				
a.	Obligation of military service fulfilled				\boxtimes	
b.	Not eligible to reenlist		\mathbf{X}	\boxtimes	\times	\square
c.	Moving to another area		\times	\boxtimes	\times	\boxtimes
d.	Too hard to get to my Guard/Reserve unit				\boxtimes	
e.	Need the time for my education		\square		\boxtimes	
f.	Unit drills conflict with my civilian job		\boxtimes	\boxtimes	\boxtimes	\boxtimes
g.	Unit drills conflict with my family activities		\square		\boxtimes	\boxtimes
h.	Desire for more leisure time		\boxtimes		\boxtimes	
i.	Dislike of my unit's training	J	\mathbf{X}	\boxtimes	\times	\square
j.	Unit's lack of modern equipment for training			\boxtimes	\boxtimes	



- 🔀 Military retirement system
- 🔀 Health care
- 🔀 Educational assistance
- Opportunities for training and professional development
- Quality of the work environment based on unit morale, camaraderie, and professionalism
- Pride in serving your country
- Other factor
- 109. If you had a friend considering military service, would you recommend that he/she join? *Mark* "Yes" or "No" for each item.



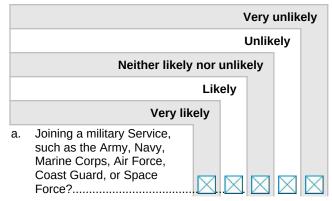
110. [Ask if QRefError = "Yes" AND Q7 b

> 0] Suppose your child came to you for advice. How likely is it that you would recommend... Mark one answer for each item.

Very unlikely					
			Unlik	ely	
	Neither likel	y nor un	likely		
		Likely	/		
	Very li	kely			
a.	Joining a military Service, such as the Army, Navy, Marine Corps, Air Force, Coast Guard, or Space Force?		3. 🖂	\boxtimes	
b.	Joining a Reserve component of the military, such as the Army National Guard, Army Reserve, Navy Reserve, Marine Corps Reserve, Air National Guard, Air Force Reserve, or Coast Guard				
	Reserve?		3. 🖂	\boxtimes	\boxtimes
C.	Becoming a federal civil servant?		3.	\boxtimes	
d.	Getting a full-time job?			\times	\boxtimes
e.	Getting a part-time job?		9. 🖂	\times	\boxtimes
f.	Attending a four-year college or university?		3. 🖂	\boxtimes	\boxtimes
g.	Attending a trade, technical vocational, or community college?		3.	\boxtimes	

111. [Ask if QRefError = "No" OR Q7 b =

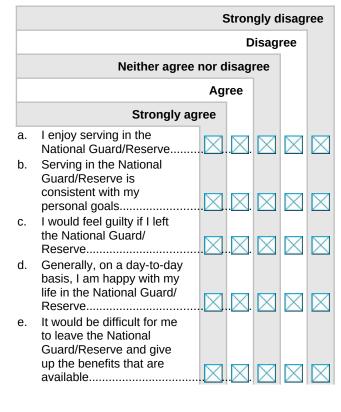
"0"] Suppose a youth came to you for advice. How likely is it that you would recommend... *Mark one answer for each item*.



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Very unlike						
			1	Unlik	ely	
	Neither likel	y nor	unlik	ely		
		Lik	ely			
	Very li	kely				
b. c.	Joining a Reserve component of the military, such as the Army National Guard, Army Reserve, Navy Reserve, Marine Corps Reserve, Air National Guard, Air Force Reserve, or Coast Guard Reserve?			\boxtimes	\boxtimes	
d.	Getting a full-time job?				\boxtimes	
e. f. g.	Getting a part-time job? Attending a four-year college or university? Attending a trade, technical vocational, or community college?					

112. How much do you agree or disagree with each of the following statements about serving in the National Guard/ Reserve? *Mark one answer for each item*.



Strongly disagree						
Disagree						
	Neither agree	nor d	lisag	ree		
		Ag	ree			
	Strongly aç	gree				
f.	I would not leave the National Guard/Reserve right now because I have a sense of obligation to the people in it				\bowtie	
g.	Generally, on a day-to-day basis, I am proud to be in the National Guard/ Reserve				\bowtie	
h.	If I left the National Guard/ Reserve, I would feel like I had let my country down				\boxtimes	
i. j.	I continue to serve in the National Guard/Reserve because leaving would require considerable sacrifice I intend to leave the National Guard/Reserve at the next available opportunity		. 🔀 .			

FAMILY LIFE

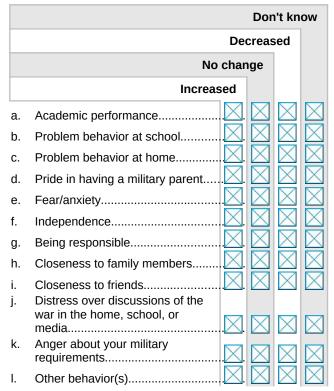
- 113. Do you have any children under the age of 18 who usually live with you?
 - 🗙 Yes
 - 🗙 No
- 114. [Ask if Q113 = "Yes"] To what extent do you feel that child care issues will impact whether you stay in the National Guard/Reserve?
 - Very large extent
 - X Large extent
 - 🗙 Moderate extent
 - 🔀 Small extent
 - 🔀 Not at all
- 115. [Ask if Q14 = "Yes"] Prior to your most recent deployment, did you have any children ages 18 or under living with you either part-time or full-time? ∑ Yes
 - No 🛛

116. [Ask if Q14 = "Yes" AND Q115 =

- "Yes"] Prior to your most recent deployment, did you, and/or your spouse, have a family care plan that included continuous care for your child(ren) for deployments of 6 months or more?
 - 🔀 Yes
 - 🗙 No
 - 🗙 Don't know

117. [Ask if Q14 = "Yes" AND Q115 = "Yes"] In response to your most recent

deployment, did your child(ren) experience any of the following behavior changes? Where your child(ren)'s behavior did not change, please mark "No change." Mark one answer for each item.



118. [Ask if Q14 = "Yes" AND Q115 = "Yes" AND (Q6 = "Married" OR Q6 =

"Separated")] How important are each of the following in your child(ren)'s ability to cope with deployments? *Mark one answer for each item*.

Not important						ant	
Somewhat important							
	Moderately important						
	l	mport	ant				
	Very impor	rtant					
a.	Your spouse's support for deployments			\boxtimes	\boxtimes	\boxtimes	
b.	Your spouse's ability to maintain a stable household routine			\boxtimes	\boxtimes	\boxtimes	

119. [Ask if Q14 = "Yes" AND Q115 =

"Yes"] How important are each of the following in your child(ren)'s ability to cope with deployments? *Mark one answer for each item*.

			Ν	ot im	port	ć
Somewhat importa						
Moderately important						
	l	mport	ant			
	Very impor	tant				
a.	Communication with you while deployed				\boxtimes	
о.	Caregiver/teacher reaction to deployment			\boxtimes	\boxtimes	
с.	The way family members deal with the deployment				\boxtimes	
d.	Limited exposure to media coverage of the war				\boxtimes	
e.	Support from extended family and friends		\boxtimes		\times	
ŕ.	Other			\mathbf{X}	\times	

120. [Ask if Q14 = "Yes" AND Q115 =

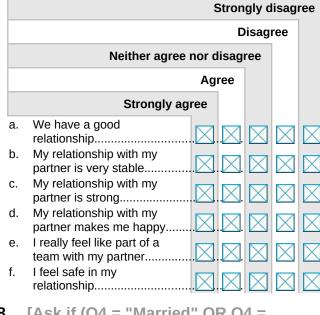
"Yes"] How well have your children coped with your deployment?

- Responses vary among my children
- X Very well
- 🗙 Well
- 🔀 Neither well nor poorly
- 🔀 Poorly
- 🔀 Very poorly

	Not important	
	Somewhat important	
	Moderately important	124. [Ask if (Q6 = "Married" OR Q6 =
	Important	"Separated") AND Q123 = "Yes"] Is your spouse <u>currently</u> serving in the
	Very important	military?
a.	My spouse's ability to	Yes, on active duty (not as a member of the National Guard/Reserve)
	communicate with me Pre-deployment information	Yes, as a member of the National Guard/ Reserve in a full-time active duty program (AGR/FTS/AR)
	Reunion planning information or classes	Yes, as a traditional National Guard/Reserve member (e.g., drilling unit, IMA, IRR)
	Knowing the expected length of the deployment	No
	Contact with someone in my unit	125. [Ask if (Q4 = "Married" OR Q4 =
	Having no changes in the length of deployment	"Separated") OR Q5 = "Yes"] All things
•	Temporary reunions with me (R & R time)	considered, how would you rate the current level of happiness in your
	Level of support my family receives from the military	relationship with your spouse or significant other?
	community	Very happy
	receives from our <u>civilian</u> community	🔀 Нарру
	Deployment pay	🔀 Neither happy nor unhappy
K.	Military and Family	🔀 Unhappy
	Support/Unit Family Readiness Support	🔀 Very unhappy
•	Understanding why the deployment is important/	126. [Ask if (Q4 = "Married" OR Q4 =
n.	Locally available	"Separated") OR Q5 = "Yes"]
	counseling/support	Compared to 12 months ago, how ofte
n.	services	do you and your spouse or significant
	support services (e.g.,	other have problems in your personal relationship?
	Military OneSource)	Much more often
	[Ask if Q6 = "Married" OR Q6 =	More often
	eparated"] Were you serving in the	
_	gular active duty Service or in the	About the same
	tional Guard/Reserve when you	Less often
ma 🖂	rried your current spouse? Yes	Much less often

127. [Ask if (Q4 = "Married" OR Q4 = "Separated") OR Q5 = "Yes"] How

much do you agree or disagree with the following statements about your relationship with your spouse or significant other? *Mark one answer for each item*.



128. [Ask if (Q4 = "Married" OR Q4 =

"Separated") OR Q5 = "Yes"] To what extent do you and your spouse/ significant other agree on your <u>National</u> <u>Guard/Reserve</u> career plans?

- X Strongly agree
- 🔀 Agree

🔀 Neither agree nor disagree

🔀 Disagree

🔀 Strongly disagree

129. [Ask if (Q4 = "Married" OR Q4 =

"Separated") OR Q5 = "Yes"] To what extent does your spouse/significant other have a choice in whether you stay in the National Guard/Reserve?

- 🔀 Very large extent
- 🔀 Large extent
- 🔀 Moderate extent
- 🗙 Small extent
- 🗙 Not at all

130. [Ask if (Q4 = "Married" OR Q4 = "Separated") OR Q5 = "Yes"] Were any

of your deployments in the past 24 months longer than your spouse/ significant other expected?

🔀 Yes

🗙 No

FINANCIAL WELL-BEING AND EDUCATION

131. Which of the following <u>best</u> describes your (and/or your spouse's) financial condition?

- Very comfortable and secure
- Able to make ends meet without much difficulty
- Occasionally have some difficulty making ends meet
- Tough to make ends meet but keeping your head above water
- 🔀 In over your head

132. Compared to 12 months ago, is your financial situation better, worse, or has it stayed the same?

- 🔀 Much better
- 🔀 Somewhat better
- 🔀 Stayed the same
- 🔀 Somewhat worse
- Much worse
- 133. [Ask if Q132 = "Much better" OR Q132 = "Somewhat better"] Which of the following are reasons why your financial situation is <u>better</u> than it was 12 months ago? *Mark "Yes" or "No"* for each item.

			No
		Yes	
a.	Change related to your employment (e.g., new job, promotion)	\square	\boxtimes
b.	Change related to your spouse's employment (e.g., new job, promotion)		\boxtimes
C.	Change in your family situation (e.g., got married or divorced, fewer children living at home)		
d.	Reduction in debt (e.g., paid off credit card debt, student loan debt, other loans)		\boxtimes
e.	Better financial management (e.g., received financial education, increased savings, followed budget)		

134. [Ask if Q132 = "Much worse" OR Q132 = "Somewhat worse"] Which of the following are reasons why your financial situation is <u>worse</u> than it was 12 months ago? *Mark* "Yes" or "No" for each item.

			No
		Yes	
a.	Change related to your employment (e.g., lost job, between jobs, could not find job)		\boxtimes
b.	Change related to your spouse's employment (e.g., lost job, between jobs, could not find job)		
C.	Change in your family situation (e.g., got married or divorced, had a baby, provided financial support for family)		
d.	Increased debt (e.g., unplanned expenses, student loan deferment ended)		\boxtimes
e.	Financial management problems (e.g., used savings, no budget)		\boxtimes

135. Which of the following activities do you do <u>routinely</u> in order to manage your finances? *Mark* "Yes" or "No" for each item.

			No
		Yes	
a. b.	Make short-term financial plans (e.g., renting a house, purchasing a vehicle, saving for vacation, medical/dental/vision expenses) Make and/or monitor long-term financial plans (e.g., home ownership, retirement, insurance, children's college education)		
c. d.	Follow a monthly budget or spending plan Contribute to a savings account for emergency savings or other savings goal		
e. f.	Review your LES Contribute to a retirement account (e.g., the Thrift Savings Plan (TSP), IRA, 401(k))		
g.	Monitor your credit score/rating		\square

136. From which of the following resources have you received information, training, or counseling on <u>any</u> financial topic? *Mark "Yes" or "No" for each item*.

			No
		Yes	
a.	Military financial training, class, or seminar (online or classroom)		\boxtimes

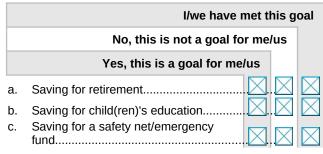
			No
		Yes	
b.	Military financial counseling (e.g., Personal Financial Manager [PFM], Personal Financial Counselor [PFC], Career Readiness Consultant [CRC],		
	telephone counseling)		
C.	Unit leadership or financial specialist within your unit (e.g., Command Financial Specialist, Corporal for Financial Fitness, Command Financial NCO)		
d.	Military aid society (e.g., Army Emergency Relief, Navy-Marine Corps Relief Society, Air Force Aid Society, Coast Guard Mutual Assistance)		\mathbf{x}
e.	On-base financial institution (e.g., bank or credit union)		
f.	Online military resource(s) (e.g., Military OneSource, Office of Financial Readiness, Sen\$e app, Financial Readiness Program).		
g.	Off-base financial institution (e.g., bank or credit union)		
h.	Professional/certified financial counselor, planner, or advisor outside of the military		
i.	Family/friends/peers	\square	
j.	Online non-military resources (e.g., online search, blogs, articles)		

137. Which of the following statements <u>best</u> describes your (and your spouse's, if applicable) saving or investment habits?

- Unable to save or invest—usually spend more than income
- Unable to save or invest—usually spend about as much as income
- Save or invest whatever is left over at the end of the month—no regular plan

Save or invest regularly by putting money aside each month

138. Please indicate whether the following are financial goals for you (and your spouse, if applicable). If a goal does not apply to you, please select "No, this is not a goal for me/ us." Mark one answer for each item.



	I/we have met this go
	No, this is not a goal for me/us
	Yes, this is a goal for me/us
d. e.	Paying off your education-related loans (e.g., federal or private student loans) Being free of debt, except for mortgage
f.	Buying a home
g.	Saving for a major purchase (e.g., vehicle, vacation, household items)
de	Which of the following options <u>best</u> scribes how you routinely pay credit rd debt?
\times	Pay credit card balance in full each month
\times	Pay more than minimum payment but not full balance
\times	Pay only minimum payment
X	I do not use credit cards

140. How much do you (and your spouse, if applicable) have in an emergency savings fund, in terms of your <u>average</u> monthly expenses?

- Less than 1 month
- Between 1 and 3 months
- Between 3 and 6 months
- More than 6 months
- \mathbf{X} I do not have an emergency savings fund

141. In the <u>past 12 months</u>, did any of the following happen to you (and/or your spouse)? *Mark "Yes" or "No" for each item*.

			No
		Yes	
a. b.	Bounced two or more checks Failed to make a monthly/minimum		
	payment on your credit card, including the Military Star Card		\square
c.	Failed to make a rent or mortgage payment		\boxtimes
d.	Had one or more debts referred to a collection agency		\boxtimes
e.	Had telephone, cable, or Internet shut off	\square	\square
f.	Had water, heat, or electricity shut off		\square
g.	Failed to make a car payment	\square	\boxtimes
h.	Had a car repossessed		\square
i.	Filed for personal bankruptcy	\square	\square

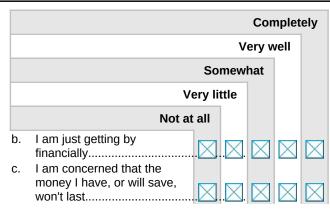
			No
		Yes	
j.	Had to pay overdraft fees to your bank or credit union two or more times		\boxtimes
k.	Borrowed money from family and/or friends to pay bills		
I.	Took money out of a retirement fund or investment to pay living expenses		\boxtimes
m.	Had personal relationship problems with your partner due to finances		\boxtimes
n.	Had your security clearance affected due to your financial condition		\boxtimes
0.	Used a local food pantry		\square
p.	Had adverse personnel action due to financial condition		\boxtimes
q.	Provided unplanned financial support to a family member who did <u>not</u> live with you		

142. In the <u>past 12 months</u>, have you (and your spouse, if applicable) used any of the following financial products or services to cover *routine* expenses? *Mark* "Yes" or "No" for each item.

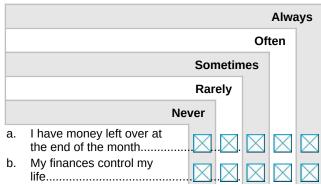
			No
		Yes	
a. b.	Overdraft loan or line of credit Overdraft protection from savings, credit card, or another account		\boxtimes
c.	Direct deposit advance loan		\square
d.	Payday loan	⊠	\square
e.	Vehicle title loan		\boxtimes
f.	Cash advance on a credit card		\boxtimes
g.	Pawn Ioan	\square	\boxtimes
h.	Loan or grant from a military aid society (e.g., Army Emergency Relief, Navy- Marine Corps Relief Society, Air Force Aid Society, Coast Guard Mutual Assistance)		
i.	Other loan obtained online	\square	\boxtimes

143. How well does each statement describe you or your situation? *Mark one answer for each item.*

				Cor	nplet	ely
			v	ery v	vell	
		So	mew	hat		
		Very li	ttle			
	No	ot at all				
a.	Because of my money situation, I feel like I will never have the things I want in life				\bowtie	



144. How often does each of the following statements apply to you? *Mark one answer for each item.*



The Department of Defense is interested in assessing the overall financial literacy and preparedness of military members. By completing the next set of items, you will help the Department determine how well military members understand a variety of financial-related topics. For each question or statement, please select the BEST response. If you are not sure about an answer, please select "Don't know."

- 145. Suppose you had \$100 in a savings account and the interest rate was 2% per year. After five years, how much do you think you would have in the account if you left the money to grow?
 - More than \$102
 - 🔀 Exactly \$102
 - 🔀 Less than \$102
 - 🗙 Don't know
- 146. Imagine that the interest rate on your savings account was 1% per year and inflation was 2% per year. After 1 year, how much would you be able to buy with the money in this account?
 - 🔀 More than today
 - 🔀 Exactly the same
 - 🔀 Less than today
 - 🗙 Don't know

- 147. Is the following statement true or false?
- A 15-year mortgage typically requires higher monthly payments than a 30year mortgage, but the total interest paid over the life of the loan will be less.
 - 🔀 True
 - 🔀 False
 - 🔀 Don't know
- 148. Is the following statement true or false?

Buying a single company's stock usually provides a safer return than a stock mutual fund.

- 🗙 True
- 🔀 False
- 🔀 Don't know
- 149. Is the following statement true or false?
- An insurance deductible is an amount you are responsible for paying before the insurance company will pay on your insurance claim.
 - 🔀 True
 - 🗙 False
 - 🔀 Don't know
- 150. The Survivor Benefit Plan (SBP) is a monthly annuity paid following death to the beneficiaries of...
 - A retiree who signs up to participate and pays a monthly premium from their retired pay
 - A Reserve or National Guard member who dies in the line of duty on federal active or inactive service
 - 🗙 Both
 - Oon't know
- 151. Which of the following does not impact your credit score?
 - 🔀 Paying bills on time
 - 🔀 Checking your own credit score

 - 🔀 Applying for new credit
 - 🔀 Don't know

- 152. Under the Blended Retirement System (BRS), the government will contribute 1% of your base pay to your Thrift Savings Plan (TSP) account and match up to an additional ____ percent based on your TSP contribution after you are vested in TSP.
 - \times 4% for a total of 5%
 - 🔀 5% for a total of 6%
 - There is no government match
 - 🗙 Don't know
- **153.** Is the following statement true or false?
- In making a decision whether or not to receive a lump sum payment from the Blended Retirement System (BRS) or another qualified retirement plan, one important factor to consider would be the potential taxes one may have to pay on the lump sum payment received.
 - 🔀 True
 - 🔀 False
 - 🗙 Don't know
- 154. In managing your personal budget, what is discretionary income?
 - Special pays, allowances, and bonuses outside of military base pay
 - The money used to make your rent or mortgage payment or other such fixed expenses
 - The money remaining after taxes and fixed expenses (such as rent/mortgage, utilities, insurance) are paid
 - 🔀 Don't know

SUICIDE PREVENTION AWARENESS AND TRAINING

- 155. The next several questions ask about a time period in your life when you may have faced some challenges. We understand these are sensitive issues, but the Department wants to know more about members' experiences so they can help others who face similar challenges. Responses to these items are completely voluntary and confidential. Your responses will only be reported in aggregate form. Your individual data will not be reported.
- 156. Have you actually had any thoughts of killing yourself during the following periods? *Mark* "Yes" or "No" for each *item.*

	Yes
a.	Ever in your life
b.	Before joining the military
c.	Since joining the military
d.	Within the past 12 months
e.	Within 6 months before leaving for a deployment or another mission.
f.	During a deployment or another mission
g.	Within 6 months after returning from a deployment or another mission

157. [Ask if Q156 a = "Yes" OR Q159 b = "Yes" OR Q159 c = "Yes" OR Q159 d = "Yes" OR Q159 e = "Yes" OR Q159 f = "Yes" OR Q159 g = "Yes"] Have you thought about <u>how</u> you might kill

yourself during the following periods? Mark "Yes" or "No" for each item.

			No
		Yes	
f.	During a deployment or another mission		\boxtimes
g.	Within 6 months after returning from a deployment or another mission		\boxtimes

158. [Ask if Q156 a = "Yes" OR Q159 b = "Yes" OR Q159 c = "Yes" OR Q159 d = "Yes" OR Q159 e = "Yes" OR Q159 f =

"Yes" OR Q159 g = "Yes"] Have you had these thoughts and had some intention of acting on them during the following periods? Mark "Yes" or "No" for each item.

			No
		Yes	
a.	Ever in your life	\square	\boxtimes
b.	Before joining the military		\square
C.	Since joining the military		\square
d.	Within the past 12 months		\boxtimes
e.	Within 6 months before leaving for a deployment or another mission		\boxtimes
f.	During a deployment or another mission	\square	\square
g.	Within 6 months after returning from a deployment or another mission		\boxtimes

- 159. [Ask if Q156 a = "Yes" OR Q159 b = "Yes" OR Q159 c = "Yes" OR Q159 d =
 - "Yes" OR Q159 e = "Yes" OR Q159 f =

"Yes" OR Q159 g = "Yes"] Have you

worked out a plan of how to kill yourself during the following periods? Mark "Yes" or "No" for each item.

			No
		Yes	
a.	Ever in your life	\square	\boxtimes
b.	Before joining the military		\boxtimes
c.	Since joining the military		\boxtimes
d.	Within the past 12 months		\boxtimes
e.	Within 6 months before leaving for a deployment or another mission		\boxtimes
f.	During a deployment or another mission		\square
g.	Within 6 months after returning from a deployment or another mission		\boxtimes

160. Did you make a suicide attempt during the following periods? *Mark "Yes" or "No" for each item*.

				No
			Yes	
	a.	Ever in your life	\square	\boxtimes
	b.	Before joining the military	\square	\boxtimes
	c.	Since joining the military	\square	\boxtimes
	d.	Within the past 12 months	\square	\boxtimes
	e.	Within 6 months before leaving for a deployment or another mission		
	f. g.	During a deployment or another mission Within 6 months after returning from a deployment or another mission		\boxtimes
161	"Y "Y "Y	[Ask if Q156 c = "Yes" OR Q159 es" OR Q159 f = "Yes" OR Q159 es" OR Q160 c = "Yes" OR Q16 es" OR Q160 f = "Yes" OR Q160 es"] Since joining the military, I) g = 0 d =) g =	

you ever talked to anyone about your thoughts or attempts to kill yourself?

No, but I considered talking to someone

🔀 No, and I never considered talking to anyone

162. [Ask if (Q156 c = "Yes" OR Q159 d = "Yes" OR Q159 f = "Yes" OR Q159 g = "Yes" OR O160 c = "Yes" OR O160 d = "Yes" OR Q160 f = "Yes" OR Q160 g = "Yes") AND Q161= "Yes"] Who did you talk to about these thoughts or actions? Mark all that apply. Spouse or significant other Parent or parental figure, sibling, or other family member Friend who is not in the military \mathbf{X} Military friend not in my chain of command Someone in my chain of command Mental health professional at a military facility (e.g., psychologist, psychiatrist, clinical social worker, other mental health counselor) 🔀 Civilian mental health professional at a civilian medical facility (e.g., psychologist, psychiatrist, clinical social worker, other mental health counselor) General medical doctor at a military facility \times General medical doctor at a civilian facility Chaplain, pastor, rabbi, or other spiritual counselor 🔀 Someone at a suicide helpline (e.g., Veterans Crisis Line/Military Crisis Line, National Suicide Prevention Lifeline)

Some other individual/resource not listed above

163. [Ask if (Q156 c = "Yes" OR Q159 d = "Yes" OR Q159 f = "Yes" OR Q159 g = "Yes" OR O160 c = "Yes" OR O160 d = "Yes" OR Q160 f = "Yes" OR Q160 g = "Yes") AND Q161= "No, but I considered talking to someone"] If you were to talk with someone about these thoughts or actions, who would you talk to? *Mark all that apply*. 🔀 Spouse or significant other Parent or parental figure, sibling, or other family member Friend who is not in the military Military friend not in my chain of command Someone in my chain of command Mental health professional at a military facility (e.g., psychologist, psychiatrist, clinical social worker, other mental health counselor) Civilian mental health professional at a civilian medical facility (e.g., psychologist, psychiatrist, clinical social worker, other mental health counselor) 🔀 General medical doctor at a military facility General medical doctor at a civilian facility \times Chaplain, pastor, rabbi, or other spiritual counselor Someone at a suicide helpline (e.g., Veterans

Someone at a suicide helpline (e.g., Veterans Crisis Line/Military Crisis Line, National Suicide Prevention Lifeline)

Some other individual/resource not listed above

164. [Ask if (Q156 c = "Yes" OR Q159 d = "Yes" OR Q159 f = "Yes" OR Q159 g = "Yes" OR Q160 c = "Yes" OR Q160 d = "Yes" OR Q160 f = "Yes" OR Q163 g = "Yes") AND Q161 = "No, and I never considered talking to anyone"] You indicated that you did not talk to someone about your thoughts or	
attempts to kill yourself. Why did you choose not to talk to anyone? <i>Mark all</i>	
that apply.	
I did not know where to get help.	
I did not trust mental health professionals.	
It was difficult to arrange the time to talk to someone (e.g., child care issues, could not get time off from work).	
I was concerned it would cost too much money.	
🔀 I was embarrassed.	
I was concerned it might impact my security clearance (now or in the future).	
I thought my coworkers and/or superiors would have less confidence in me if they found out.	
I was concerned it would negatively affect my career.	
I thought my friends and family would have less respect for me if they found out.	
I did not think my treatment would be kept confidential.	
I was concerned that any prescribed medications would have too many side effects.	
I would think less of myself if I could not handle it on my own.	
I received treatment or therapy previously and did not think it was effective.	
I did not want anyone to interfere.	
165. What assurances do you think	

Service members *need* in order to seek help for their thoughts or attempts to kill themselves? *Mark all that apply.*

\times	Confidentiality
\times	Support from their peers
\times	Support from their chain of command
\times	Reassurance of no impact or limited potential impact on member's career
\times	Helping services with flexible or off-duty hours
\times	Other

166. How much do you agree or disagree with each of the following statements? Individuals who need help with personal problems (e.g., relationship, financial) would <u>not</u> seek help because of... *Mark one answer for each item.*

	Strongly disagree					ree
Disagree						
Neither agree nor disagree						
	A	g	ree			
	Strongly agree					
a.	A negative impact to their career	3	\square	\boxtimes	\boxtimes	\boxtimes
b.	Loss of privacy/ confidentiality].		\boxtimes	\times	\boxtimes
C.	Fear of being perceived as "broken" by chain of command or peers].			\bowtie	
d.	A situation that cannot be helped with the resources available].			\boxtimes	
e.	Not knowing who to turn to].			\times	\square
f.	Other		\times	\times	\times	\times

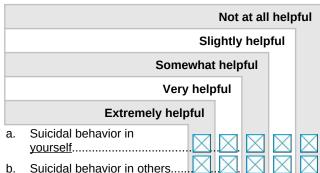
167. Suppose you felt trapped or stuck in a stressful situation. How likely or unlikely is it that you would use each of the following ways to deal with or cope with the situation? *Mark one answer* for each item.

	Very unlikely					
Unlikely						
Neither likely nor unlikely						
	Likely					
	Very likely					
a.	Ignore the situation	\boxtimes				
b.	Avoid the situation	\boxtimes				
C.	Deal with the situation on your own to try and fix it	\boxtimes				
d.	Ask someone to help you try and fix the situation	\boxtimes				
e.	Seek out self-help resources via the Internet or books					
f.	Use alcohol or another harmful substance to cope with the situation					

168. How often do you receive suicide prevention training?

- 🔀 More than once a year
- 🔀 Once a year
- 🔀 Once every 2 years
- Only at a professional military school
- I do <u>not</u> receive suicide prevention training
- 169. [Ask if Q168 = "More than once a year" OR Q168= "Once a year" OR Q168= "Once every 2 years" OR Q168= "Only at a professional military

school"] How helpful was the suicide prevention training you received <u>most</u> <u>recently</u> in helping you recognize the following? *Mark one answer for each item.*



170. The suicide prevention training that would be <u>most effective</u> in preparing me to handle a possible suicide

prevention situation is...
 Listening to a respected leader talk about an experience seeking help for suicidal thoughts or behavior

- Listening to a fellow Service member talk about an experience seeking help for suicidal thoughts or behavior
- Skills training on coping or problem-solving
- A lecture on suicide awareness (e.g., warning signs)
- PowerPoint presentation on suicide prevention
- Online webinar on suicide prevention
- Small group discussion

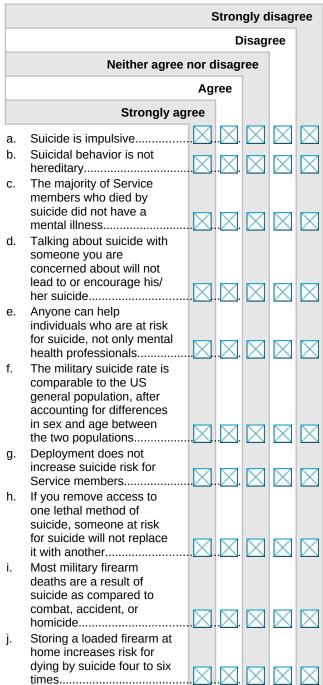
171. What is your level of knowledge of each of the following support services? *Mark one answer for each item.*

I have never heard of this service.					
I have heard of this service, but I do not really know what it is.					
	I have heard of this service, but I only superficially understand it.				
	I know a lot about this service.				
a.	Military Crisis Line (MCL)/ Veterans Crisis Line (VCL)				
b.	National Suicide Prevention				
c.	Military OneSource				
d.	DSTRESS Line				
e.	Military & Family Life Counseling (MFLC) Program				
f.	Coast Guard SUPRT Program				
g.	VA Mobile Vet Center				

172. Suppose you found yourself in a situation where you thought you needed help with personal problems (e.g., relationship, financial). How likely or unlikely is it that you would use each of the following support services? *Mark one answer for each item.*

			١	/ery	unlik	ely
	Unlike					
	Neither likel	y nor	unlik	ely		
		Lik	ely			
	Very li	kely				
a.	Military Crisis Line (MCL)/ Veterans Crisis Line (VCL)				\boxtimes	
b.	National Suicide Prevention Lifeline				\boxtimes	
c.	Military OneSource		\mathbf{X}	\boxtimes	\times	\boxtimes
d.	DSTRESS Line		\mathbf{X}	\boxtimes	\times	\boxtimes
e.	Military & Family Life Counseling (MFLC) Program		\boxtimes			
f.	Program Coast Guard SUPRT Program					
g.	VA Mobile Vet Center		\mathbf{X}	\boxtimes	\times	\mathbf{X}

173. How much do you agree or disagree with each of the following statements? *Mark one answer for each item.*



174. In the past 12 months, did you know someone who has died by suicide?

\times	Yes			
X	No			

175. [Ask if Q174= "Yes"] Did you receive suicide postvention support or counseling to help you with this loss from any of the following sources? *Mark "Yes" or "No" for each item*.

		Yes	
a.	Unit Commander or Leader	\square	\square
b.	Chaplain	\square	\mathbf{X}
c.	Casualty Assistance Officer	\square	\boxtimes
d.	Long-Term Casualty Support Coordinator	\square	
e.	First Responder	\square	\square
f.	Military Investigator	\square	\square
g.	Non-Clinical Provider (e.g., Military OneSource Counselor, MFLC)		\boxtimes
h.	Suicide Prevention Program Manager	\square	\mathbf{X}

No

176. [Ask if Q174= "Yes" AND Q175a =

"Yes"] How useful was the support or counseling you received from the... Mark one answer for each item.

	Not useful					
Somewhat useful						
	Useful					
	Very use	ful				
a.	Unit Commander or Leader?	\times	\boxtimes	\times	\boxtimes	
b.	Chaplain?	\times	\boxtimes	\times	\boxtimes	
c. d.	Casualty Assistance Officer? Long-Term Casualty Support Coordinator?		\boxtimes	\boxtimes	\boxtimes	
e.	First Responder?	\times	\boxtimes	\times	\boxtimes	
f. g.	Military Investigator? Non-Clinical Provider (e.g., Military OneSource Counselor, MFLC)?	.⊠.	\boxtimes	\boxtimes		
h.	Suicide Prevention Program Manager?			\boxtimes		

- 177. Have you *ever* intentionally hurt yourself (e.g., cut or hit yourself) to relieve stress, feel better, get sympathy, or get something else to happen <u>without</u> any intention of killing yourself?
 - 🔀 Yes
 - 🔀 No

COVID-19 PANDEMIC

- 178. As a result of the COVID-19 pandemic, how would you rate the current level of stress in your <u>work</u> life?
 - 🔀 Much less than usual
 - 🔀 Less than usual
 - \mathbf{X} About the same as usual
 - 🔀 More than usual
 - 🗙 Much more than usual

179. As a result of the COVID-19 pandemic, how would you rate the current level of stress in your <u>personal</u> life?

- Much less than usual
- 🔀 Less than usual

 \mathbf{X} About the same as usual

- 🔀 More than usual
- 🔀 Much more than usual

TAKING THE SURVEY

A "military survey" is defined as a survey regarding military topics (e.g., readiness, programs/services, tempo, benefits).

180. Excluding this survey, how many military surveys have you been <u>asked</u> to complete in the past 12 months? To indicate none, select "0." To indicate 10 or more, select "10."

-

Thank you for participating in the 181. survey. There are no more questions on this survey. If you have comments or concerns that you were not able to express in answering this survey, please enter them in the space provided. Your comments will be viewed and considered as policy deliberations take place. Do not include any personally identifiable information (PII) in your comments. If **OPA or its data collection contractor** perceives comments as a direct threat to yourself or others, out of concern for your welfare, OPA may contact an office in your area for appropriate action. Your feedback is useful and appreciated.