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**Fig 1** DrugAbuse.gov Website Feedback Survey

The screenshot shows the NIH National Institute on Drug Abuse website. The main article is titled "Study Ranks Recovery Assets in Cocaine Addiction" and is dated July 14, 2015. The article text discusses a study on recovery assets for cocaine addiction. A feedback survey is overlaid on the bottom right of the page, asking "Did you find what you were looking for?" with "Yes" and "No" buttons. The website header includes navigation links for Researchers, Medical & Health Professionals, Patients & Families, Parents & Educators, and Children & Teens. The main navigation bar includes links for Drugs of Abuse, Related Topics, Publications, Funding, News & Events, and About NIDA. The article page includes a "Cite this article" section, a "Subscribe to NIDA Notes" section, and a "Other Articles of Interest" section. A social media bar at the bottom includes icons for Facebook, Twitter, Email, and a plus sign for more options.

**NIH National Institute on Drug Abuse**  
The Science of Drug Abuse & Addiction

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Connect with NIDA:

Home » News & Events » NIDA Notes » Treatment » Study Ranks Recovery Assets in Cocaine Addiction

## Study Ranks Recovery Assets in Cocaine Addiction

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### NIDA Notes

July 14, 2015

A can-do attitude, ability to cope with potential triggers for drug use, readiness to change, and participation in self-help programs are major assets for people trying to recover from cocaine addiction. In a NIDA-funded study, each of these factors markedly increased patients' odds for attaining or maintaining abstinence, or both, during 2 years of intensive outpatient treatment and continuing care. On the liability side of the ledger, symptoms of depression were associated with continued drug use and with relapse (see Figure).

The study, conducted by Dr. James McKay and colleagues at the University of Pennsylvania and the Philadelphia Veterans Affairs Medical Center, yields insights that clinicians can use to evaluate patients with cocaine addiction and plan their treatment and aftercare. Among their detailed findings, the researchers discovered that the list of factors that help patients become abstinent overlaps, but is not identical with, the list of factors that support extending established abstinence.

**Other Articles of Interest**

**NIDA Notes**

A Rapid Teen Substance Use Screening Tool for Clinicians

Electronic Questionnaire Quickly Rates Teens' Substance Use

Text Messaging Aftercare

**Did you find what you were looking for?**

Yes No

Abstinent Users

Fig 1.5

# User Selected "No"

The screenshot shows the NIH National Institute on Drug Abuse website. The main article is titled "Study Ranks Recovery Assets in Cocaine Addiction" dated July 14, 2015. The article text discusses a can-do attitude and readiness to change as major assets for recovery. A feedback form is overlaid on the right side of the page, containing the text "What were you looking for?" and "We welcome your feedback". A yellow box highlights the feedback text, and a callout box explains that clicking here makes the text disappear and pressing return submits the message with no identifiable information. The website header includes navigation links for Researchers, Medical & Health Professionals, Patients & Families, Parents & Educators, and Children & Teens. The footer features social media icons for Facebook, Twitter, Email, and a plus sign for more options.

En español

Researchers | Medical & Health Professionals | Patients & Families | Parents & Educators | Children & Teens

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Abstinent Users

Clicking here, makes the text "we welcome your feedback" disappear. Pressing return submits their message with no identifiable information.

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Other Articles of Interest

**NIDA Notes**

A Rapid Teen Substance

**What were you looking for?**

We welcome your feedback

Text Messaging Aftercare Intervention Cuts Youths' Risk for Relapse

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Fig 2

The screenshot shows the homepage of the National Institute on Drug Abuse (NIDA). At the top right, there is a language selector for "En español". Below it, a navigation bar lists target audiences: Researchers, Medical & Health Professionals, Patients & Families, Parents & Educators, and Children & Teens. The NIDA logo and name are prominently displayed on the left, with the tagline "The Science of Drug Abuse & Addiction". A search bar and a disclaimer for external links are on the right. A row of menu items includes Home, Drugs of Abuse, Related Topics, Publications, Funding, News & Events, and About NIDA. The breadcrumb trail indicates the current page is under "News & Events" > "NIDA Notes" > "Treatment" > "Study Ranks Recovery Assets in Cocaine Addiction".

## Study Ranks Recovery Assets in Cocaine Addiction

July 14, 2015

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**Figure 2:** A line graph showing the relationship between various factors and the likelihood of becoming an abstinent user. The y-axis represents a probability or odds, ranging from 0.6 to 1.0. A blue line labeled "Abstinent Users" shows a positive correlation, starting at approximately 0.65 and rising to about 0.85.

**Categories:** Basic Science, Bulletin Board, Director's Perspective, Epidemiology, Narrative of Discovery, NIDA @ Work, Prevention, Treatment.

**Tags:** Drug Topics, Drugs of Abuse, Population Groups, Related Topics.

**Other Articles of Interest:** NIDA Notes: A Rapid Teen Substance Use Screening Tool for... Text Messaging Aftercare Intervention Cuts Youths' Risk for Relapse.

**Nora's Blog:** Researching Marijuana for...

**Was this article helpful?** Yes No

Fig 2.5

# User Selected "No"

The screenshot shows the NIH National Institute on Drug Abuse website. The main article is titled "Study Ranks Recovery Assets in Cocaine Addiction" and is dated July 14, 2015. The article text discusses a can-do attitude and the ability to cope with potential triggers for drug use. A feedback form titled "Why not?" is highlighted with a yellow box, containing the text "We welcome your feedback". A callout box points to the feedback form with the text: "Clicking here, makes the text 'we welcome your feedback' disappear. Pressing return submits their message with no identifiable information." The website header includes the NIH logo, navigation menu, and search bar. The footer contains social media icons for Facebook, Twitter, and Email, along with a plus sign for more options.

En español

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Abstinent Users

Why not?  
We welcome your feedback

Clicking here, makes the text "we welcome your feedback" disappear. Pressing return submits their message with no identifiable information.

Categories

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#### Why not?

Text Messaging Aftercare Intervention Cuts Youths' Risk for Relapse

Nora's Blog

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Fig 3

The screenshot shows the NIH National Institute on Drug Abuse website. At the top right, there is a link for "En español". Below the navigation bar, the NIH logo and "National Institute on Drug Abuse" are displayed, along with the tagline "The Science of Drug Abuse & Addiction". A search bar and social media icons are also present. The main content area features the article title "Study Ranks Recovery Assets in Cocaine Addiction" with a date of July 14, 2015. The article text discusses recovery assets like a can-do attitude and coping skills. A line graph titled "Abetinent Users" is partially visible at the bottom. On the right, there are sections for "Cite this article", "Subscribe to NIDA Notes", and "Other Articles of Interest". A feedback pop-up is also present.

En español

Researchers | Medical & Health Professionals | Patients & Families | Parents & Educators | Children & Teens

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Abetinent Users

1.0  
0.8  
0.6

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Text Messaging Aftercare Intervention Cuts Youths' Risk for Relapse

**Nora's Blog**

Researching Marijuana for

Fig 3.5

En español

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Researcher  
High School Student  
College Student  
Graduate Student  
Doctoral Candidate

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