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The Mary Frances Picciano Dietary Supplement Research Practicum

Presented by the National Institutes of Health (NIH), Office of Dietary Supplements
Bethesda, Maryland
May 29 –31, 2019
Session Evaluation

Your feedback will help improve NIH Office of Dietary Supplements (ODS) Annual Practicum. Please take a few minutes to provide feedback on each session that you attended on Day 2.

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Motivations for Dietary Supplement Use, *Johanna Dwyer, ODS, NIH*

Objectives: Discuss methodologies used to collect information on why people report taking supplements, and explore reasons for use with a description of results from the National Health Interview Survey on motivations for supplement use.

Did not Attend

	Strongly Disagree	Disagree	Agree	Strongly Agree
The topic was relevant for my work or career.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The content covered the objectives of the presentation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Was there any other information that you would have liked to have heard about in this presentation?

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Efficacy and Effectiveness: Lines of Evidence in Supplement Research, *Howard Sesso, Harvard Medical School*

Objectives: Explain concepts of efficacy and effectiveness with examples of research to evaluate dietary supplements, and describe research studies used to determine efficacy and effectiveness.

Did not Attend

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Safety: The Concept of Safety, Its Measurement, and Reporting, Mary Hardy, George Washington University Medical School

Objectives: Explain the concept of safety in regard to dietary supplements with the help of examples to show how it is evaluated, and discuss the systems to monitor adverse effects of supplements and the variation in safety concerns by population subgroups.

Did not Attend

	Strongly Disagree	Disagree	Agree	Strongly Agree
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Interactions Between Supplements and Drugs, *Bill Gurley, University of Arkansas for Medical Sciences College of Pharmacy*

Objectives: Describe mechanisms and the potential clinical implications of interactions of ingredients in supplements using examples, and discuss the extent to which interactions are studied, reported, pose risks to consumers, and catalogued for accessibility.

Did not Attend

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Dietary Supplement Databases, Joyce Merkel, ODS, NIH

Objectives: Describe the purpose and illustrate the content and navigation of several databases that provide information on dietary supplement ingredients, and comment on the value and limitations of these resources.

Did not Attend

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Emerging Science: The Microbiome and Nutrition, *Cindy D. Davis, ODS, NIH*

Objectives: Define the human microbiome, and describe the evidence related to supplements and the gastrointestinal microbial community structure, the influence of the gastrointestinal microbiome on dietary components, and relationship to chronic diseases.

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Dietary Supplements for Weight Loss, Carol Haggans, ODS, NIH

Objectives: Provide an overview of weight-loss supplement products in the market, and summarize the scientific evidence for selected product ingredients using ephedra as a case study to discuss safety issues.

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NIH Support for Research and Training on Nutrition and Dietary Supplements, *Abby Ershow, ODS, NIH*

Objectives: Describe the NIH extramural funding system and mechanism, the research opportunities offered, and the federal agencies that provide funding for nutrition research and training.

Did not Attend

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Day 2

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Day 2