

NINR Exit Survey for Trainees

1. Welcome to the NINR trainee exit survey

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The National Institute of Nursing Research (NINR) at the National Institutes of Health is conducting this important survey to examine the extent to which the Division of Intramural Research is achieving its long-term goals in research. The results of this survey will allow us to adjust the training program to serve fellows better.

Recent alumni of the Division of Intramural Research are being asked to complete the survey. The survey should take approximately 15 minutes to complete.

Your participation is voluntary and secure to the extent allowable permitted by law. We are not collecting personally identifiable information. You can choose not to answer questions and to stop your participation at any time without consequence. Your answers will be collated with the responses of other participants and analyzed.

Your survey results will be collected in the aggregate and remain anonymous. Aggregated results will help NINR review its intramural training programs and to share with the larger training community and future trainees. NINR plans to publicize the findings of this information collection to inform stakeholders.

If you have questions about this survey or your participation, please contact Dr. Pamela Tamez by email at pamela.tamez@nih.gov or by phone at (301) 451-5895.

Thank you for participating.

* 1. By checking this box, I acknowledge and accept the statement.

- Yes, I accept
- No, end the survey

1 / 5  20%

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2. Demographics

* 2. Please select the training program you are completing. (Mark all that apply.)

- Postdoctoral Fellow
- Postbaccalaureate Fellow - Bachelors Level
- Visiting Fellow/ Postdoctoral
- Summer Intern
- Graduate Student
- Research Fellow (FTE)
- Postbaccalaureate Fellow - Masters Level
- Other (please specify)

* 3. Please select the training program you are completing. (Mark all that apply.)

- Postdoctoral Fellow
- Postbaccalaureate Fellow - Bachelors Level
- Visiting Fellow/ Postdoctoral
- Summer Intern
- Graduate Student
- Research Fellow (FTE)
- Postbaccalaureate Fellow - Masters Level
- Other (please specify)

* 4. Are you a nurse?

Yes

No

If so, please list your certifications and/or training. (RN, BS, MSN, NP, PhD, etc.)

5. Which of these best describes your ethnicity?

Hispanic or Latino (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.)

Not Hispanic or Latino

6. Please select the racial category or categories with which you most closely identify. Check as many as apply.

American Indian or Alaska Native
(A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment.)

Asian
(A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.)

Black or African American
(A person having origins in any of the black racial groups of Africa.)

Native Hawaiian or other Pacific Islander
(A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.)

White
(A person having origins in any of the original peoples of Europe, the Middle East, or North Africa)

7. Are you


Female

Male



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3. Please rate your level of satisfaction.

8. With developing training and other skills

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied nor dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Receiving the training I needed for the job I wanted.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing my communication skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing my leadership skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Developing my other professional skills (e.g., project management, institutional regulations, workplace etiquette, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Serving as a mentor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support in navigating difficult conversations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

9. With conducting science ethically

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Feeling empowered to stand up or disagree when something does not feel ethical	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The way authorship decisions were made	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving appropriate credit for scientific ideas	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding process of scientific research	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding how to navigate ethical challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Knowledge of the area being studied	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

10. With community

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Connecting to a community (e.g., NINR fellows, affinity groups, FELCOM, Postbac Committee)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working and collaborating as part of a team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling empowered to seek assistance from colleagues and leadership	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Degree of support received from colleagues for your well-being and success	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Degree of support received from leadership for your well-being and success	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

11. With environment

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Working in a safe and respectful work environment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Degree of independence received	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diversity of colleagues (e.g. race/ethnicity, gender, sexual orientation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diversity of leadership (e.g. race/ethnicity, gender, sexual orientation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having a good work-life balance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Salary/ stipend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Benefits (vacation time, insurance)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overall experience	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

3 / 5  60%

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4. Mentoring

How well did your mentor do the following?

12. Communicate effectively

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Communicated openly, frequently, and respectfully with you.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided consistent, timely, and honest feedback.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listened to you carefully and discussed concerns you had.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided a safe space to talk about wellness and health (family illness, mental health, etc.).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

13. Foster a supportive environment

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Maintained a relationship with you based on trust and mutual respect.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided a workplace free from harassment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Familiarized you with standard operating procedures and assisted you to navigate your organization.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understood your unique goals and mentored you accordingly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Made sure expectations of your work were clear.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Connected you with the colleagues and resources needed to do your work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supported your success and helped you achieve your career goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reviewed your work thoughtfully and carefully.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

14. Promote your professional development

	Very dissatisfied	Somewhat dissatisfied	Neither satisfied or dissatisfied	Somewhat satisfied	Very satisfied	Prefer not to answer
Reviewed your progress regularly and discussed any problems you encountered.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supported your attendance at events for scientific training.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Identified and encouraged networking opportunities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided you time for your career development	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helped you navigate and explore professional decisions, roles, and opportunities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

15. How likely are you to recommend your lab Principal Investigator to other fellows?

1 (not at all likely)	2	3	4	5 (highly recommend)
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16. When you joined NINR, did you and your supervisor establish an Individual Development Plan (IDP)?

- Yes
- No

Additional comments:

17. How often did you receive feedback from your mentor on your research progress?

- At least once per week
- Once every other week
- Once per month
- Less often than once per month
- Prefer not to answer

Additional comments:

18. How often would you have liked to receive feedback from your mentor on your research progress?

- At least once per week
- Once every other week
- Once per month
- Less often than once per month
- Prefer not to answer

Additional comments:

19. Did you receive annual evaluation/progress review from supervisor/meet to discuss?

Yes


No

Additional comments:

4 / 5  80%

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5. Program Infrastructure

20. What lessons did you learn at NINR that you believe made you a better professional? (or that will contribute to your future professional experiences?)

21. Do you have suggestions on what NINR can do differently?

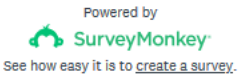
22. Can you identify what the NINR Training Office is doing well and/or can do differently?

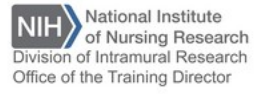
23. Is there anything you would like to share with the Training Director about your experience?

24. Do you have any additional comments re: mentoring experience, fellowship program, your "best piece of advice" to new trainees etc.



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Your responses are important. Thank you for completing this exit survey!

Done