

Appendix C: Table 1 Examination Components and Survey List

Table 1. Examination Components and Survey List

Personal History
Personal History, Medical History
Questionnaires
Beck Anxiety Inventory (BAI), CES-D, Beck Hopelessness Scale, Connor-Davidson Resilience Scale 10, Brief COPE, Beck Depression Inventory-II, Organizational Support, Maslach Burnout Inventory-GS; Fatigue scale; Spielberger Stress Survey
PCL-PTSD Checklist for DSM-5,
COVID specific questions/ civil unrest
Lifestyle Factors
Pittsburgh Sleep Quality Index
Physical Measurements
Physical Measurements (Anthropometrics, Blood Pressure, Pulse)
Biological Measures
Pre-qualifying Blood Draw and Cortisol Form, Survey, Saliva Take Home Questionnaires
Telomere Length
Screening Forms
Eligibility Screening Form

