

Appendix C: Table 1 Examination Components and Survey List

Table 1. Examination Components and Survey List

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| Personal History |
| Personal History, Medical History |
| Questionnaires |
| Beck Anxiety Inventory (BAI), CES-D, Beck Hopelessness Scale, Connor-Davidson Resilience Scale 10, Brief COPE, Beck Depression Inventory-II, Organizational Support, Maslach Burnout Inventory-GS; Fatigue scale; Spielberger Stress Survey |
| PCL-PTSD Checklist for DSM-5, |
| COVID specific questions/ civil unrest |
| Lifestyle Factors |
| Pittsburgh Sleep Quality Index |
| Physical Measurements |
| Physical Measurements (Anthropometrics, Blood Pressure, Pulse) |
| Biological Measures |
| Pre-qualifying Blood Draw and Cortisol Form, Survey, Saliva Take Home Questionnaires |
| Telomere Length |
| Screening Forms |
| Eligibility Screening Form |