Form Approved
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### **14**<sub>b</sub>

# Multi-Site Clinical Assessment of Chronic Fatigue Syndrome

## DePaul Symptom Questionnaire (DSQ)

Subject ID Nu	ımber:					
Start Date:	/	/	& Time:	am/pm		
Month	Day	Year	HH:MM	_ ^		
Complete Date:			& Time:	am/pm		
Month	Day	Year	HH:MM			

Public reporting burden of this collection of information is estimated to average 12 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB Control Number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA 0920-XXXX

#### Questions from the DePaul Symptom Questionnaire (DSQ)

Please answer the following questions.

For the following questions, we would like to know **how often you have had each symptom** and **how much each symptom has bothered you over the last 6 months**. For each symptom please select **one number for frequency and one number for severity.** Please fill the chart out from left to right.

for severity. Please fill the chart out from	1 left to 1										
	Frequency: Throughout the past 6 months, how often have you had this symptom?  For each symptom below, select a number from:  0 = none of the time  1 = a little of the time  2 = about half the time  3 = most of the time  4 = all of the time					Severity: Throughout the past 6 months, how much has this symptom bothered you?  For each symptom below, select a number from: 0 = symptom not present 1 = mild 2 = moderate 3 = severe 4 = very severe					
Symptoms											
	0	1	2	3	4	0	1	2	3	4	
1) Dead, heavy feeling after starting to exercise							$\bigcirc$			$\bigcirc$	
2) Next day soreness or fatigue after non-strenuous, everyday activities			$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$				
3) Mentally tired after the slightest effort											
4) Minimum exercise makes you physically tired							$\bigcirc$				
5) Physically drained or sick after mild activity	$\circ$	$\bigcirc$			$\bigcirc$	0	$\bigcirc$		$\bigcirc$	$\bigcirc$	
6) Muscle twitches	0	$\bigcirc$		$\bigcirc$	$\bigcirc$		$\bigcirc$		$\bigcirc$	$\bigcirc$	
7) Muscle weakness										$\bigcirc$	
8) Sensitivity to noise	0						$\bigcirc$		$\bigcirc$	$\bigcirc$	
9) Bladder problems										$\bigcirc$	
10) Irritable bowel problems				$\bigcirc$	$\bigcirc$		$\bigcirc$			$\bigcirc$	
11) Nausea										$\bigcirc$	
12) Feeling unsteady on your feet, like you might fall										$\bigcirc$	
13) Shortness of breath or trouble catching your breath	0	$\bigcirc$		$\bigcirc$	$\bigcirc$	0	$\bigcirc$		$\bigcirc$		
14) Dizziness or fainting										$\bigcirc$	
15) Irregular heart beats							$\bigcirc$	$\bigcirc$		$\bigcirc$	
16) Losing or gaining weight without trying		$\bigcirc$		$\bigcirc$	$\bigcirc$		$\bigcirc$		$\bigcirc$		
17) No appetite											

Symptoms	Frequency: Throughout the past 6 months, how often have you had this symptom?  For each symptom below, select a number from:  0 = none of the time  1 = a little of the time  2 = about half the time  3 = most of the time  4 = all of the time					Severity: Throughout the past 6 months, how much has this symptom bothered you?  For each symptom below, select a number from: 0 = symptom not present 1 = mild 2 = moderate 3 = severe 4 = very severe					
	0	1	2	3	4	0	1	2	3	4	
18) Sweating hands					$\bigcirc$		$\bigcirc$	$\bigcirc$			
19) Night sweats		$\bigcirc$									
20) Cold limbs (e.g. arms, legs, hands)				$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$	$\circ$	
21) Feeling chills or shivers		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$		$\bigcirc$	$\bigcirc$	
22) Feeling hot or cold for no reason		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
23) Feeling like you have a high temperature		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$						
24) Feeling like you have a low temperature		$\bigcirc$			$\bigcirc$			$\bigcirc$			
25) Alcohol intolerance											
26) Some smells, foods, medications, or chemical make you feel sick		$\bigcirc$	$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	

### THIS IS THE END OF THE SURVEY