

Family Study Email #1:

Subject Line: Re-establishing Contact with You

Dear Name,

You are one of an important group of military spouses who completed a DoD survey as a participant in the Millennium Cohort Family Study in (survey month/year). We are enormously grateful for your help with this unique study, which seeks to better understand health and wellness issues facing military families in all branches of the U.S. Armed Forces.

In the next few weeks, we will be sending you a package with a study findings newsletter, and an invitation to complete the online follow-up survey, which has some important new updates from the previous version. We would greatly appreciate hearing how you are doing since the last survey. Even if you are no longer with your service member spouse, or if your service member is no longer in the military, we greatly value your continued participation in the study.

Thank you again for your effort to help inform the U.S. military about how to provide the best health care and support programs possible to current and future military families. We hope that you will continue to participate in this important study.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

The Millennium Cohort Family Study is an authorized Department of Defense project. Note Report Control Symbol # DD-NAVY(AR)2678, Office of Management and Budget Approval # 0703-0064, and Primary Institutional Review Board Protocol # NHRC.2015.0019.

Family Study Email #2:

Subject Line: Preliminary Results from Your Participation

Dear Name,

We hope you recently received our letter in the mail which highlights the preliminary study findings of the DoD Millennium Cohort Family Study.

You are one of an important group of military spouses who completed this significant DoD survey aimed at understanding the impact of military service on families. We greatly appreciate you sharing your thoughts and experiences because these will provide greater insight into issues facing today's military families.

Please complete your 45 minute survey today by visiting **www.familycohort.org**, clicking **Start Survey** and entering your **Subject ID: XXXXXXX**.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #3:

Subject: Help impact the lives of military families!

Dear Name,

As a member of the Millennium Cohort Family Study, you are one of a select group of individuals helping to inform military leaders and policy makers about the strengths and challenges associated with military life. In order to fully understand the impact of military service on spouses and families, it is important that we hear your unique perspective.

If you have not yet had a chance to complete your follow-up survey, please visit <http://www.familycohort.org>, click "Start Survey" and enter your Subject ID: XXXXXXXX.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #4:

Subject Line: Complete your Family Study survey

Dear Name,

We understand the demands of military life and greatly appreciate your participation thus far in the Millennium Cohort Family Study. We hope you will consider spending part of your day completing your follow-up survey.

Every survey counts, which is why it is essential to stay involved with the Family Study even if your relationship status has changed or you are no longer connected to the military.

Please complete your 45 minute survey today by visiting www.familycohort.org, clicking **Start Survey** and entering your **Subject ID: XXXXXXX**.

As always, thank you for your time and participation.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #5:

Subject Line: Waiting to hear from you

Dear NAME,

Thank you for your participation in the Millennium Cohort Study thus far! Your past contributions have helped to inform and shape not only our research program, but the landscape of military life as we know it.

Every survey counts, which is why it is essential to stay involved with the Family Study. We want to hear from you! Even if you are no longer married, or no longer have ties to the military, your participation matters!

Please complete your 45 minute follow-up survey today by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXXX. Once your survey is completed you will have the opportunity to select your \$10 gift card.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #6:

Subject Line: Take your survey today

Dear NAME,

As a member of the Family Study, the information you provide helps shape the future of all military spouses and families. We appreciate your participation thus far, and ask for your continued support of this important research by completing your follow-up survey today!

Please complete your 45 minute follow-up survey by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXXX. Once your survey is completed you will have the opportunity to select your \$10 gift card.

Thanks again for being a part of this unique network of military spouses!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #7:

Subject Line: Support military families

Dear NAME,

The Millennium Cohort Family Study team joins the nation in celebrating April as the Month of the Military Child. We recognize the strength and value of every man, woman, and child that make up our military community across the globe.

As a member of the Family Study, you have the unique opportunity to support current and future military families. By sharing your experiences and point of view, you are helping to improve policies, resources and programs for families like yours!

If you have not yet had a chance, please complete your 45 minute follow-up survey by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXXX. Once your survey is completed you will have the opportunity to select a \$10 gift card!

Thank you for your continued participation!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #8:

Subject Line: Because Families Serve Too

Dear NAME,

The Millennium Cohort Family Study was designed to serve those who have committed to a life of service. We are dedicated to improving the lives of service members, military spouses and military children, because families serve too!

As a member of the Family Study, you are a part of a loyal and valued network of military spouses committed to improving the lives of future generations of military spouses. We hope you will take some time out of your day to complete your follow-up survey.

To complete your 45 minute follow-up survey please visit www.familycohort.org, click "Start Survey" and enter your Subject ID: XXXXXXX. Once your survey is completed you will have the opportunity to select a \$10 gift card.

Thank you for your dedication to this important effort!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #9:

Subject: Complete your Military Family survey

Dear NAME,

We understand the demands of military life and greatly appreciate the time that you have already invested to participate in the Millennium Cohort Family Study in the past. We would greatly appreciate hearing from you during this survey cycle, and hope you will consider spending 45 minutes completing this important military family survey.

To complete your survey, please visit, www.familycohort.org click Start Survey and enter the following Subject ID: xxxxxxx.

We truly appreciate your past and current participation in a study designed to help improve the lives of military families.

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

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Family Study Email #10:

Subject Line: Help complete the picture of military families

Dear NAME,

You and your spouse are part of one of the most important research initiatives in history designed to understand the short and long-term impact of military life on military families. Your spouse has already taken the first step in helping reach our goal by completing their Millennium Cohort service member study. We are reaching out to ask you to complete your Millennium Cohort Family Study survey.

The surveys are designed to work together to create a larger, more complete understanding of the unique lives of military couples and families. Our research team is dedicated to supporting and serving our military community, and we need your help!

Every survey counts, and your participation is critical to the value of our study. Please complete your 45 minute survey by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXX.

As a thank you, once your survey is completed you will be able to select a \$10 gift card.

Thank you for your consideration!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

The Millennium Cohort Family Study is an authorized Department of Defense project. Note Report Control Symbol # DD-NAVY(AR)2678, Office of Management and Budget Approval #0703-0064, and Primary Institutional Review Board Protocol #NHRC.2015.0019

Family Study Email #11:

Subject Line: Last Chance to Complete your Survey

Dear NAME,

The Family Study survey cycle is coming to an end, which means your opportunity participate will be ending in a few short weeks.

Your participation is key to providing valuable information to policy makers, healthcare providers and military leadership. Therefore, every survey counts, and we want to hear from you!

Please consider using part of your day to complete your 45 minute follow-up survey by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXX. As a thank you, once your survey is completed you will be able to select a \$10 gift card.

Thank you for considering this final opportunity to participate!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

The Millennium Cohort Family Study is an authorized Department of Defense project. Note Report Control Symbol # DD-NAVY(AR)2678, Office of Management and Budget Approval #0703-0064, and Primary Institutional Review Board Protocol #NHRC.2015.0019

Family Study Email #12:

Subject Line: Final Chance to Participate

Dear NAME,

The Family Study survey cycle will be ending next week, but there is still time to complete your survey! Your experiences matter and your perspective matters, which is why we want to hear from you!

This will be our last attempt to contact you, so we hope you will consider completing your 45 minute follow-up survey by visiting www.familycohort.org, clicking "Start Survey" and entering your Subject ID: XXXXXXX. As a thank you, once your survey is completed you will be able to select a \$10 gift card.

Thank you for considering this final opportunity to participate!

Very respectfully,

Dr. Valerie Stander

Principal Investigator of the Millennium Cohort Family Study

The Millennium Cohort Family Study is an authorized Department of Defense project. Note Report Control Symbol # DD-NAVY(AR)2678, Office of Management and Budget Approval #0703-0064, and Primary Institutional Review Board Protocol #NHRC.2015.0019