#### **2021 Health of the Force Survey**

You are invited to participate in the Navy Health of the Force Survey. This survey is being conducted by OPNAV N1 on behalf of the Chief of Navy Personnel. This survey collects information from Sailors on their careers, their experiences in the Navy, and the policies and programs that influence their lives. Participation in this survey is voluntary and confidential. If you did not receive an invitation to email invitation to participate in the survey, you were or will be asked to provide your DOD ID number to access the survey. This information is used to limit survey participation to active duty Navy and to minimize demographic questions. Only members of the Navy Survey Team will have access to DOD ID numbers; all data will be de-identified if provided to other N1 organizations.

OMB CONTROL NUMBER: XXXX-XXXX OMB EXPIRATION DATE: XX/XX/XXXX

#### AGENCY DISCLOSURE NOTICE

The public reporting burden for this collection of information, [Insert OMB Control Number], is estimated to average 25 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding the burden estimate or burden reduction suggestions to the Department of Defense, Washington Headquarters Services, at whs.mc-alex.esd.mbx.dd-dod-information-collections@mail.mil. Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

If you are willing to participate in this survey, please select the "Next" button below. If you prefer not to participate, please close the survey window.

#### **Career Information**

| <ol> <li>Please select your current grade from the following</li> </ol> | wing list?                |
|---|---------------------------|
| ☐ E1-E3   | O4-06                     |
| ☐ E4-E6   | ☐ W2-W5                   |
| ☐ E7-E9   | ☐ Other                   |
| □ 01-03   |                           |
|   |                           |
| 2. Please select your rating from the following lis                     | <b>t.</b> (enlisted only) |
| ] Aviation – Deck (AB, ABE, ABF, ABH, AO)                               |                           |
| Aviation – Squadron (AD, AE, AF, AM, AME, AO, AT, A                     | V)                        |
| ] Aviation – Support (AC, AN, AS, AZ, PR)                               |                           |
| Aviation - Air Crew (AWF, AWO, AWR, AWS, AWV)                           |                           |
|   |                           |

| Aviation - Intermediate Level/Fleet Readiness Center (AD, AE, AM, AT)   |
|---|
| Executive Support (LN, MC, MU, NCC, NCR, PS, RP, YN)  |
| ☐ Information Warfare Cryptology (CTI, CTM, CTR, CTT)   |
| ☐ Information Warfare Cyber (CTN, IT)   |
| ☐ Information Warfare Intelligence (IS)   |
| ☐ Meteorology/Oceanography (AG)   |
| ☐ Medical (HM, HN)  |
| □ Nuclear (EMN, ETN, MMN)   |
| Seabees (BU, CE, CM, CN, CU, EA, EO, EQ, SW, UC, UT)  |
| Security (MA)   |
| Special Operations (EOD, ND)  |
| Special Warfare (SB, SO)  |
| Submarine - Mechanical (MMA, MMW)   |
| Submarine - Service (CSS, LSS, YNS)   |
| Submarine – Technical (ETR, ETV, FT, ITS, MT, STS)  |
| Supply (CS, LS, SH)   |
| Surface - Engineering (DC, EM, EN, FN, GS, GSE, GSM, HT, MM, MR)  |
| Surface - Technical (ET, FC, FCA, GM, IC, STG)  |
| ☐ Surface - Operations (BM, MN, OS, QM, SN)   |
|   |
|   |
| Other: Please Specify   |
|   |
| Other: Please Specify   |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant   |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant Officers)   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>☐ Aviation</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>☐ Aviation</li> <li>☐ Civil Engineer</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>□ Aviation</li> <li>□ Civil Engineer</li> <li>□ Chaplain</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>□ Aviation</li> <li>□ Civil Engineer</li> <li>□ Chaplain</li> <li>□ Dental</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> </ul>  |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> <li>Human Resources</li> </ul>  |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> <li>Human Resources</li> <li>Information Warfare Community</li> </ul>   |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> <li>Human Resources</li> <li>Information Warfare Community</li> <li>JAG</li> </ul>  |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> <li>Human Resources</li> <li>Information Warfare Community</li> <li>JAG</li> <li>Medical Corps</li> </ul>                                 |
| <ul> <li>Other: Please Specify</li> <li>3. Please select your general occupational community from the following list (Officers/Warrant Officers)</li> <li>Aviation</li> <li>Civil Engineer</li> <li>Chaplain</li> <li>Dental</li> <li>EOD</li> <li>Engineering</li> <li>Foreign Area Officer</li> <li>Human Resources</li> <li>Information Warfare Community</li> <li>JAG</li> <li>Medical Corps</li> <li>Medical Services Corps</li> </ul> |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant Officers)  Aviation Civil Engineer Chaplain Dental EOD Engineering Foreign Area Officer Human Resources Information Warfare Community JAG Medical Corps Medical Services Corps Nurse Corps  |
| <ul> <li>Other: Please Specify</li></ul>  |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant Officers)  Aviation Civil Engineer Chaplain Dental EOD Engineering Foreign Area Officer Human Resources Information Warfare Community JAG Medical Corps Medical Services Corps Nurse Corps Staff Corps Public Affairs   |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant Officers)  Aviation Civil Engineer Chaplain Dental EOD Engineering Foreign Area Officer Human Resources Information Warfare Community JAG Medical Corps Medical Services Corps Nurse Corps Staff Corps Public Affairs Special Warfare   |
| Other: Please Specify  3. Please select your general occupational community from the following list (Officers/Warrant Officers)  Aviation Civil Engineer Chaplain Dental EOD Engineering Foreign Area Officer Human Resources Information Warfare Community JAG Medical Corps Medical Services Corps Nurse Corps Staff Corps Public Affairs Special Warfare Submarine Warfare   |

## **Retention**

| 4          | I. What are your current Navy career plans?   |
|------------|---|
|            | nn to Remain Until Retirement >>Answer 7  |
| _<br>∏ Pla | nn to Remain for Foreseeable Future, Not Sure About Retirement >>Answer 6 and 7                       |
| _<br>∏ Pla | n to Get Out at Next Opportunity >>>Answer 6  |
| _          | t Sure >>Answer 6 and 7   |
| _          | tting Out but Not My Choice>>skip next 2 questions  |
| _          |   |
| 5          | 5. What are your primary reasons for thinking about leaving the Navy? Please rank order your to       |
|            | 5 reasons for leaving. If one of your top reasons is not listed, please select "Other" and explain in |
|            | the space provided.   |
|            | Civilian Career Opportunities   |
|            | Current Command Climate   |
|            | Salary/Pay  |
|            | Limited Promotion/Advancement Opportunities   |
|            | Focus on Family   |
|            | To Use GI Benefits/Pursue Education   |
|            | Too Much Time Away from Home  |
|            | Don't Feel Like I Fit in Navy   |
|            | Recent Sea Duty Experiences (if applicable)   |
|            | Childcare Issues  |
| □ '        | Work/Life Balance Issues  |
|            | Geographic Instability (Frequency of PCS Moves)   |
|            | Schedule Changes/Lack of Predictability   |
|            | Leadership at Current Command   |
|            | Navy Senior Leaders   |
|            | Health related concerns (physical or mental)  |
|            | Treated Differently/Opportunities Limited Because of Race or Ethnicity                                |
|            | Treated Differently/Opportunities Limited Because of Gender or Sexual Orientation                     |
|            | Proximity to Extended Family  |
|            | Other (Please specify)  |
|            |   |
| 6          | 5. What are your primary reasons for planning to remain in the Navy? Please rank order your top       |
|            | 5 reasons for planning to stay in the Navy. If one of your top reasons is not listed, please select   |
|            | "Other" and explain in the space provided.  |
|            | Promotion/Advancement Opportunities   |
|            | Command Climate   |
|            | Navy Community/Sense of Belonging   |
|            | Patriotism/Desire to Serve  |
|            | Support/Benefits for Family   |
|            | Childcare Availability  |
|            | Retirement Benefits   |
|            | Healthcare Benefits   |
|            | Job Security  |
|            | Ability to Balance Work & Personal Life   |
|            | Opportunity to Travel   |
|            | Leadership at Current Command   |

| ☐ Navy Senior Leaders ☐ Other (Please specify)   | _                    |                          |         |                       |                  |
|--|----------------------|--------------------------|---------|-----------------------|------------------|
| 7. <b>If you could change one thing at your o</b> N103P) ( <i>Please do not include anything</i>   |                      | -                        | hat wou | l <b>ld it be?</b> (S | ource:           |
| 8. On average, how many hours did you so a hours or less 4 to 5 hours 6 to 7 hours 8 to 9 hours Over 9 hours  How satisfied are you with the following |                      | in the past 3            | 0 days? |                       |                  |
|  | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Neither | Somewhat<br>Satisfied | Very<br>Satisfie |
| Your life right now?   |                      |                          |         |                       |                  |
| Your ability to balance demands of job with  |                      |                          |         |                       |                  |

Job/Career Satisfaction (JCS)

The quality of your sleep?

Your current level of physical fitness?

The amount of sleep you get every night?

personal life?

### 10. To what extent do you agree or disagree with the following statements?

|   | Strongly<br>Disagree | Disagree | Neither | Agree | Strongly<br>Agree |
|---|----------------------|----------|---------|-------|-------------------|
| I have a clear set of goals and aims to enable me to do my job. (JCS)   |                      |          |         |       |                   |
| I have a good understanding of what is expected of me at work. (JCS)  |                      |          |         |       |                   |
| I feel a great sense of personal satisfaction when I do this job well. (JCS)                                  |                      |          |         |       |                   |
| I am generally satisfied with the type of work I do in my job. (JCS)  |                      |          |         |       |                   |
| There is someone at work who encourages my professional development (2019 Engagement)                         |                      |          |         |       |                   |
| My supervisor, or someone else in a leadership position, seems to care about me as a person (2019 Engagement) |                      |          |         |       |                   |
| The Navy provides me with the resources I need to do my job effectively (2019 Engagement)                     |                      |          |         |       |                   |

11. To what extent do you agree or disagree with the following statements?

|  | Strongly<br>Disagree | Disagree | Neither | Agree | Strongly<br>Agree |
|--|----------------------|----------|---------|-------|-------------------|
| These days, I feel like I belong (DSPO)  |                      |          |         |       |                   |
| These days, I feel that there are people I can turn to in times of need. (DSPO)        |                      |          |         |       |                   |
| This last year, I have had the opportunity at work to learn and grow (2019 Engagement) |                      |          |         |       |                   |
| My command cares about my family (2019 Engagement)                                     |                      |          |         |       |                   |
| At work, my opinion seems to count (2019 Engagement)                                   |                      |          |         |       |                   |
| My future here seems dark to me. (DSPO)  |                      |          |         |       |                   |
| These days I think I am a burden on people in my life. (DSPO)                          |                      |          |         |       |                   |

Signature Behaviors (Self)

12. How comfortable are you with the following?

|  | Not at all | Slightly | Somewhat | Mostly | Completely |
|--|------------|----------|----------|--------|------------|
| Proactively countering inappropriate or illegal behavior when it occurs in your workplace (SB02)   |            |          |          |        |            |
| Taking a stand and intervening when shipmates are acting or treating others inappropriately (SB03) |            |          |          |        |            |
| Holding my shipmates accountable for infractions even when they're buddies (SB03)                  |            |          |          |        |            |
| Confronting and correcting discriminatory behavior when it occurs (SB04)                           |            |          |          |        |            |
| Intervening to protect shipmates from situations where they are at risk of sexual assault (SB04)   |            |          |          |        |            |
| Admitting my mistakes or when I'm wrong at work (SB05)   |            |          |          |        |            |
| Speaking up if I witness shipmates engaging in destructive behaviors (SB08)                        |            |          |          |        |            |

Inclusion and Diversity Questions

| 13. How comfortable are you talking about challenging or sensitive issues with your teamma | ates? |
|--|-------|
| (Navy SAPRO)   |       |
| ] Very Comfortable   |       |
| ] Somewhat Comfortable   |       |
| Neither Comfortable nor Uncomfortable  |       |
| ] Somewhat Uncomfortable   |       |
| ] Very Uncomfortable   |       |

# 14. To what extent do you agree with the following statements about inclusion & diversity in your work environment?

|  | Strongly<br>Disagre<br>e | Disagre<br>e | Neithe<br>r | Agre<br>e | Strongl<br>y Agree |
|--|--------------------------|--------------|-------------|-----------|--------------------|
| Racism is not a problem in the Navy (TFOne)  |                          |              |             |           |                    |
| Even subtle forms of discrimination are not tolerated at my command (Denison/SB03/Civility)                |                          |              |             |           |                    |
| Sailors who report sexual harassment and/or discrimination do not have to worry about retaliation (TFOne)  |                          |              |             |           |                    |
| Sailors who report racial harassment and/or discrimination do not have to worry about retaliation (TFOne)  |                          |              |             |           |                    |
| The Navy has an authentic commitment to inclusion (TFOne)  |                          |              |             |           |                    |
| Diverse backgrounds and perspectives are accepted and respected at my command (2019 HoF I&D/SB07/Civility) |                          |              |             |           |                    |
| Sexual Harassment is not a problem in the Navy (TFOne)   |                          |              |             |           |                    |

15. To what extent do you agree with the following statements?

| Inclusion Model   | Strongly<br>Disagree | Disagree | Neither | Agree | Strongly<br>Agree |
|---|----------------------|----------|---------|-------|-------------------|
| People I work with treat me with respect  |                      |          |         |       |                   |
| I have the same opportunities for professional success as my colleagues                         |                      |          |         |       |                   |
| I feel encouraged to bring my whole and authentic self to work                                  |                      |          |         |       |                   |
| I feel like I belong in our organization  |                      |          |         |       |                   |
| I feel comfortable speaking up when I see intolerance, mistreatment or bias in action           |                      |          |         |       |                   |
| My opinion is valued by my team   |                      |          |         |       |                   |
| Our organization is a place where I am able to perform up to my full potential                  |                      |          |         |       |                   |
| I feel recognized for my contributions to our organization                                      |                      |          |         |       |                   |
| In the last 6 months, someone at work has talked to me about my progress (2019 Engagement)      |                      |          |         |       |                   |
| In the last 7 days, I have received recognition or praise for doing good work (2019 Engagement) |                      |          |         |       |                   |

| 16. How often do you feel left out at your command? |
|---|
| ☐ Never   |
| Rarely  |
| ☐ Sometimes   |
| ☐ Regularly   |
| ☐ Always  |
|   |

#### Oldenburg Burnout Inventory

### 17. To what extent do you agree or disagree with the following statements about your job.

| D = Disengagement; E = Exhaustion   | Strongly<br>Disagree | Disagree | Neither | Agree | Strongly<br>Agree |
|---|----------------------|----------|---------|-------|-------------------|
| I continue to find my Navy job interesting and engaging (OBI-D – my version)                    |                      |          |         |       |                   |
| I can tolerate the pressure of my work very well (OBI-E)  |                      |          |         |       |                   |
| Lately, I tend to think less at work and do my job almost mechanically (OBI-D)                  |                      |          |         |       |                   |
| After work, I tend to need more time than in the past in order to relax and feel better (OBI-E) |                      |          |         |       |                   |
| There are days when I feel tired before I arrive at work (OBI-E)                                |                      |          |         |       |                   |
| It happens more and more often that I talk about my work in a negative way (OBI-D)              |                      |          |         |       |                   |
| This is the only type of work that I can imagine myself doing (OBI-D)                           |                      |          |         |       |                   |
| I usually feel energized when I'm at work (OBI-E)   |                      |          |         |       |                   |

18. How would you rate the overall morale of your current command?

Work Environment

☐ High

☐ Very High

☐ Moderate

| 19. Please indicate the extent to which you agree or dis your work environment.                            | Strongly | Disagree |  | Strongly |
|--|----------|----------|--|----------|
| My leaders make sure that respectful treatment is the norm in my unit. (Civility)                          |          |          |  |          |
| Angry outbursts are not tolerated by anyone in my unit. (Civility)   |          |          |  |          |
| Differences among individuals are respected and valued in my unit. (Civility)                              |          |          |  |          |
| Sailors treat each other with respect at my command. (2019<br>HoF I&D/SB01/Civility)                       |          |          |  |          |
| My leadership does not tolerate inappropriate behaviors in the workplace. (2019 HoF I&D/SB04/Civility)     |          |          |  |          |
| My leadership has created an environment where I feel comfortable expressing my ideas and views. (2019 HoF |          |          |  |          |

☐ Low

☐ Very Low

| I&D/SB04/Civility)   |                                 |             |          |         |            |  |  |
|--|---------------------------------|-------------|----------|---------|------------|--|--|
| 20. How often has lack of energy/tiredness been an iss           | ue for you                      | during th   | ne past  | month   | while on   |  |  |
| duty?  |                                 |             |          |         |            |  |  |
| ☐ Never  | ☐ Often (A few days every week) |             |          |         |            |  |  |
| ☐ Rarely (1 to 2 days)   | ☐ Regu                          | larly (Dail | y or alm | ost dai | ily)       |  |  |
| ☐ Sometimes (3 – 5 days)   |                                 |             |          |         |            |  |  |
| 21. How would you rate your level of stress on the job           | over the p                      | ast 12 m    | onths?   |         |            |  |  |
| ☐ Mild   |                                 |             |          |         |            |  |  |
| ☐ Moderate   |                                 |             |          |         |            |  |  |
| Severe   |                                 |             |          |         |            |  |  |
| ☐ Extreme  |                                 |             |          |         |            |  |  |
| 22. What have been the primary sources of stress for y           |                                 | -           |          |         |            |  |  |
| up to 3 of the following. If not one of the options list         | ed below,                       | please se   | lect "Ot | :her" a | nd explain |  |  |
| in the space provided.   |                                 |             |          |         |            |  |  |
| Setbacks to mission accomplishment                               |                                 |             |          |         |            |  |  |
| ☐ Interpersonal relationships                                    |                                 |             |          |         |            |  |  |
| <ul><li>☐ Family separation</li><li>☐ Financial stress</li></ul> |                                 |             |          |         |            |  |  |
| ☐ Amount of work/hours worked per week                           |                                 |             |          |         |            |  |  |
| ☐ Nature of job and associated responsibilities                  |                                 |             |          |         |            |  |  |
| Physical work environment  |                                 |             |          |         |            |  |  |
| Available housing  |                                 |             |          |         |            |  |  |
| ☐ Inflexibility of work schedule                                 |                                 |             |          |         |            |  |  |
| Physical security  |                                 |             |          |         |            |  |  |
| ☐ Inadequate manning   |                                 |             |          |         |            |  |  |
| ☐ Insufficient training  |                                 |             |          |         |            |  |  |
| ☐ Leadership   |                                 |             |          |         |            |  |  |
| □ OPTEMPO  |                                 |             |          |         |            |  |  |
| ☐ Personal health issues   |                                 |             |          |         |            |  |  |
| ☐ Red Tape/Administrative Barriers                               |                                 |             |          |         |            |  |  |
| ☐ Transitioning to new duty station                              |                                 |             |          |         |            |  |  |
| ☐ Feel excluded when engaging in work or social activ            |                                 |             |          |         |            |  |  |
| Difficulty balancing work with personal life (doctor's app       | ointments                       | , childcar  | e, etc.) |         |            |  |  |
| Other (please specify)   |                                 |             |          |         |            |  |  |
| 23. When you feel stressed or pressured, w                       | hich of t                       | he follov   | ving ac  | tivitie | s do you   |  |  |
| engage in? Select all that apply. If not one of the              | options l                       | listed bel  | ow, ple  | ase se  | lect       |  |  |
| "Other" and explain in the space provided                        |                                 |             |          |         |            |  |  |
| ☐ Talk to a Friend/Family Member                                 | ☐ Eat                           |             |          |         |            |  |  |
| ☐ Exercise or Play Sports  |                                 | Alcohol     |          |         |            |  |  |
| ☐ Think of Plan to Solve Problem                                 | Smok                            |             |          |         |            |  |  |
| Spend Time Alone   | _                               | o Profess   |          |         |            |  |  |
| ☐ Play Video Games, Watch TV, etc.                               | ⊔ такt                          | o Person    | ai Ment  | )r      |            |  |  |
| ☐ Engage in Hobby ☐ Other (Please specify)                       |                                 |             |          |         |            |  |  |
| U Other (Frease specify)   |                                 |             |          |         |            |  |  |

| Reacting (Yellow) Normal responses to stress, but may experience trouble sleeping or increased irritability |              |                  |                      |          |         |        |                   |
|---|--------------|------------------|----------------------|----------|---------|--------|-------------------|
| Injured (Orange) Recognizing that stress may be more than individual can handle alone and help              |              |                  |                      |          |         |        |                   |
| is needed   | O            | J                |                      |          |         |        | •                 |
| ☐ Ill (Red) Medical attention   | is require   | ed               |                      |          |         |        |                   |
| 25. Please use the space provide work environment with lead   |              | =                |                      | _        |         |        |                   |
| Affective Organizational Commitm  26. To what extent do you agree   | ` ,          |                  | `                    |          | nts?    |        |                   |
|   |              |                  | Strongly<br>Disagree | Disagree | Neither | Agree  | Strongly<br>Agree |
| Sailors in my unit work together to go  | et the job d | lone. (UC)       |                      |          |         |        |                   |
| I feel like I'm part of the Navy family.  | (AC)         |                  |                      |          |         |        |                   |
| I would be very happy to spend the rest of my career in the Navy. (AC)                                      |              |                  |                      |          |         |        |                   |
| I am confident that I can trust and depend on the Sailors in my unit. (UC)                                  |              |                  |                      |          |         |        |                   |
| My unit's leaders foster teamwork ar  | nd coopera   | tion. (UC)       |                      |          |         |        |                   |
| Help is available from my co-workers when I have a problem. (UC)  |              |                  |                      |          |         |        |                   |
| The Navy has a great deal of persona (AC)   | I meaning f  | for me.          |                      |          |         |        |                   |
| I do not consider the Navy's problem  | s as my ow   | n. (AC)          |                      |          |         |        |                   |
| Trust  27. To what extent do you trust the following people in your chain of command?                       |              |                  |                      |          |         |        |                   |
|   | Not at all   | Not very<br>Much | A fair<br>amount     | A Lot    | Comp    | letely | N/A               |
| Leading Petty Officer (Supervisor)  |              |                  |                      |          |         |        |                   |
| Chief Petty Officer   |              |                  |                      |          |         |        |                   |
| Senior Enlisted Leader  |              |                  |                      |          |         |        |                   |
| Command Triad   |              |                  |                      |          |         |        |                   |
| Senior Leaders (Big Navy)   |              |                  |                      |          |         |        |                   |

24. How would you rate your day-to-day level of stress using the Navy Stress Continuum Model?

Ready (Green) Not stress-free, but mission-ready

### Blended Retirement System

| <ul><li>28. Are you enrolled in the blended retirement system (BRS) or legacy retirement system?</li><li>Yes &gt;&gt;Answer next 2 questions</li><li>No &gt;&gt;skip next 2 questions</li></ul> |
|---|
| <ul> <li>29. If yes to enrolled in BRS, did you opt-in or where you auto-enrolled?</li> <li>Opted In</li> <li>Auto-Enrolled</li> <li>Don't Know &gt;&gt;Skip next question</li> </ul>           |
| <ul> <li>30. What, if any, influence has BRS enrollment had on your Navy career plans?</li> <li>Influenced to Stay in Navy</li> <li>No Impact</li> <li>Influenced to Leave Navy</li> </ul>      |

Signature Behaviors (Leaders)

31. To what extent does your unit/command leadership demonstrate the following behaviors?

|   | Very Small |        | Somewhat | Large  | Very Large |
|---|------------|--------|----------|--------|------------|
|   | Extent     | Extent |          | Extent | Extent     |
| Treat every person with respect (SB01)  |            |        |          |        |            |
| Hold others accountable for their actions (SB03)  |            |        |          |        |            |
| Confront and correct discriminatory behaviors when they occur (SB03/04)   |            |        |          |        |            |
| Demonstrates zero tolerance for hazing and other inappropriate behaviors (SB03/04)  |            |        |          |        |            |
| Uphold the highest degree of integrity in professional and personal life (SB08)   |            |        |          |        |            |
| Demonstrate a commitment to positive change and constant improvement (SB06)   |            |        |          |        |            |
| Creates an environment that nurtures professional growth and confidence (SB06)  |            |        |          |        |            |
| Demonstrates a commitment to treating everyone fairly regardless of race, gender, religion, sexual orientation, or gender identity (SB07) |            |        |          |        |            |
| Fosters an inclusive environment (SB10)   |            |        |          |        |            |
| Trusts employees to do their jobs effectively without excessive supervision (SB10)  |            |        |          |        |            |

# 32. During the past two years, while working for the Navy, how often have you been in a situation where a supervisor or coworkers....

| Incivility in the Workplace  | Never | Occasionally | Monthly | Weekly | Daily |
|--|-------|--------------|---------|--------|-------|
| Put you down or were condescending to you?   |       |              |         |        |       |
| Paid little attention to your statement or showed little interest in your opinion? |       |              |         |        |       |
| Made demeaning or derogatory remarks about you?                                    |       |              |         |        |       |
| Addressed you in unprofessional terms, either publically or privately?             |       |              |         |        |       |
| Ignored or excluded you from professional camaraderie?                             |       |              |         |        |       |
| Doubted your judgement on a matter over which you had responsibility?              |       |              |         |        |       |
| Made unwanted attempts to draw you into a discussion of personal matters?          |       |              |         |        |       |

Navy SAPRO Questions

33. To what extent do you agree or disagree with the following statements?

|  | Strongly<br>Disagree | Disagree | Neither | Agree | Strongly<br>Agree |
|--|----------------------|----------|---------|-------|-------------------|
| I have witnessed teammate(s) repeatedly telling sexual "jokes" or showing or sending sexually explicit pictures or videos  |                      |          |         |       |                   |
| I have witnessed teammates making sexual comments about another teammate's appearance or body or attempting to establish an unwanted sexual relationship with another teammate |                      |          |         |       |                   |
| I have witnessed my leader(s) failing to recognize and immediately correct problematic behaviors (e.g., sexual harassment, gender discrimination)                              |                      |          |         |       |                   |
| I have witnessed my teammate(s) mistreat, ignore, exclude, or insult another teammate because of their race/ethnicity, sexual orientation, or gender.                          |                      |          |         |       |                   |

DMAP Questions (Sea-Intensive Enlisted Participants Only)

| 34 | . If you had the option of early advancement to E5 at the 4 year mark during your 1 <sup>st</sup> sea tour, knowing that it would require an additional 36 months of sea duty for a total of 7 years (4+3) on sea duty, how likely would you be to accept the opportunity? |
|----|--|
|    | ☐ Very Likely >>skip next 2 questions  |
| ĺ  | Somewhat Likely >>Answer next 2 questions  |
| ĺ  | ☐ Neither Likely nor Unlikely >>Answer next 2 questions  |
|    | ☐ Somewhat Unlikely >>Answer next 2 questions  |
|    | ☐ Very Unlikely >>Answer next 2 questions  |

| a. What if, in addition to early advancement, you were also offered priority choice over Sailors who've served less sea duty for your follow-on shore duty assignment?  |
|---|
| Uery Likely   |
| Somewhat Likely   |
| ☐ Neither Likely nor Unlikely   |
| ☐ Somewhat Unlikely   |
| Very Unlikely   |
| b. What if, in addition to early advancement, you were offered an additional \$500 a month in pay for the duration of your assignment (\$18,000 in total for the 3 years)?  |
| ☐ Very Likely   |
| ☐ Somewhat Likely   |
| ☐ Neither Likely nor Unlikely   |
| ☐ Somewhat Unlikely   |
| ☐ Very Unlikely   |
| <ul> <li>35. If you had the option of earning an additional \$1000 per month for an additional 36 months of sea duty (\$36,000 total for the 3 years) beyond an initial 4 years on sea duty, how likely would you be to accept the opportunity?</li> <li>Extremely Likely &gt;&gt;skip next question</li> <li>Somewhat Likely &gt;&gt;Answer next question</li> <li>Slightly Likely &gt;&gt;Answer next question</li> <li>Not at all Likely &gt;&gt;Answer next question</li> </ul> |
| <ul> <li>c. What if you were guaranteed priority choice, over Sailors that served less time on sea duty, for your follow-on shore duty assignment as well?</li> <li>         \[         \text{ Extremely Likely}     \] </li> </ul>   |
| ☐ Somewhat Likely   |
| ☐ Slightly Likely   |
| ☐ Not at all Likely   |
| Lateral Transfers   |
| 36. Have you submitted a package for lateral transfer or cross-rate?  ☐ Yes, and I was selected ☐ Yes, but I was not selected >> skip next three questions ☐ No, I've never requested one >> skip next two questions ☐ N/A >>skip next three questions  |
| 37. Prior to your lateral transfer/cross-rate, what were your Navy career plans?  ☐ Remain Until Retirement ☐ Remain for Foreseeable Future, Not Sure About Retirement ☐ Get Out at Next Opportunity  |
| ☐ Not Sure  |

# 38. Please answer the following questions to the best of your ability. (Only those who've made a lateral transfer)

|  | Very<br>Likely | Somewhat<br>Likely | Neither | Somewhat<br>Unlikely | Very<br>Unlikely |
|--|----------------|--------------------|---------|----------------------|------------------|
| In your estimation, how likely are you to promote/advance in your new community/rate?  |                |                    |         |                      |                  |
| In your estimation, how likely were you to promote/advance in your old community/rate? |                |                    |         |                      |                  |

| 39. How interested are you in the opportunity to tra<br>answered no to lateral transfer question)  | ansfer to another community/rate? (If            |
|--|--|
| ☐ Very Interested  | ☐ Not at all Interested                          |
| ☐ Somewhat Interested  | ☐ Don't Know                                     |
| ☐ Slightly Interested  |  |
| Additional Demographics  |  |
| 40. What is your current marital status?   |  |
| ☐ Single/Never Married   | ☐ Married or in Long-Term Partnership            |
| ☐ Previously Married but Not Currently   |  |
| 41. Which of the following best describes your spou  Active Duty Navy (including Full-Time Support Reserv  Active Duty Other Service  Civilian |  |
| 42. What is your spouse's current employment state   | us?  |
| ☐ Employed Full-Time   | ☐ Not Employed, Looking for Work                 |
| ☐ Employed Part-Time   | ☐ Not Employed                                   |
| 43. Do you have joint or full custody of dependent of  | children (under age 18)?                         |
| ] Yes  |  |
| ] No, all my children are age 18 or older >> <i>Skip next que</i> s  | stion  |
| No, I don't have any children >>Skip next question   |  |
| <b>44.</b> If yes, please indicate the age ranges of your chi children, please select N/A  | ldren. Select all that apply. If you do not have |
| ] 10 or younger  |  |
| 11 to 13 years of age  |  |
| ] 14 to 18 years of age  |  |
| <b>□ N/A</b>   |  |

**45.** Please use the space provided below to share any additional thoughts or concerns with Navy leadership. (*Please do not include anything that would constitute PII*)

This concludes the survey. Thank you for your support with this effort