

## **Appendix C: Table 1 Examination Components and Survey List**

**Table 1. Examination Components and Survey List**

<b>Personal History</b>
Personal History, Medical History
<b>Questionnaires</b>
Beck Anxiety Inventory (BAI), CES-D, Beck Hopelessness Scale, Connor-Davidson Resilience Scale 10, Brief COPE, Beck Depression Inventory-II, Organizational Support, Maslach Burnout Inventory-GS; Fatigue scale; Spielberger Stress Survey
PCL-PTSD Checklist for DSM-5,
COVID specific questions/ civil unrest
<b>Lifestyle Factors</b>
Pittsburgh Sleep Quality Index
<b>Physical Measurements</b>
Physical Measurements (Anthropometrics, Blood Pressure, Pulse)
<b>Biological Measures</b>
Pre-qualifying Blood Draw and Cortisol Form, Survey, Saliva Take Home Questionnaires
Telomere Length
<b>Screening Forms</b>
Eligibility Screening Form

