**Appendix C: Table 1 Examination Components and Survey List**

**Table 1. Examination Components and Survey List**

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| **Personal History** |
| Personal History, Medical History |
| **Questionnaires** |
| Beck Anxiety Inventory (BAI), CES-D, Beck Hopelessness Scale, Connor-Davidson Resilience Scale 10, Brief COPE, Beck Depression Inventory-II, Organizational Support, Maslach Burnout Inventory-GS; Fatigue scale; Spielberger Stress Survey |
| PCL-PTSD Checklist for DSM-5, |
| COVID specific questions/ civil unrest |
| **Lifestyle Factors** |
| Pittsburgh Sleep Quality Index |
| **Physical Measurements** |
| Physical Measurements (Anthropometrics, Blood Pressure, Pulse) |
| **Biological Measures** |
| Pre-qualifying Blood Draw and Cortisol Form, Survey, Saliva Take Home Questionnaires |
| Telomere Length |
| **Screening Forms** |
| Eligibility Screening Form |