Attachment D4

Center for Epidemiological Studies Depression

- II. Below is a list of the ways you might have felt or behaved. Please indicate how often you have felt this way for the **PAST WEEK** by marking an "X" in the appropriate box.
 - 1 = Rarely or none of the time (less than 1 day)
 - 2 = Some or a little of the time (1-2 days)
 - 3 = Occasionally or a moderate amount of time (3-4 days)
 - 4 = Most or all of the time (5-7 days)

	During the PAST WEEK:	<1 day (1)	1-2 days (2)	3-4 days (3)	5-7 days (4)
1	I was bothered by things that usually don't bother me.				
2	I did not feel like eating; my appetite was poor.				
3	I felt that I could not shake off the blues even with help from my family or friends.				
4	I felt that I was just as good as other people.				
5	I had trouble keeping my mind on what I was doing.				
6	I felt depressed				
7	I felt that everything I did was an effort.				
8	I felt hopeful about the future.				
9	I thought my life had been a failure.				
10	I felt fearful.				
11	My sleep was restless				
12	I was happy				
13	I talked less than usual.				
14	I felt lonely				
15	People were unfriendly				
16	I enjoyed life.				
17	I had crying spells				
18	I felt sad.				
19	I felt that people dislike me.				
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