# **IHS CHR Evaluation Survey**

#### Introduction

- Are you currently a Community Health Representative (CHR)? Yes No Yes - (continue with survey)
   No - How long ago were you a CHR? \_\_\_\_\_ (skip to demographic questions, end survey)
- 2. How many years have you worked as a CHR? \_\_\_\_\_
- In the past month, what has been your main job as a CHR? (For example: transporting patients to their health appointments, reminding patients about their health appointments, conducting administrative duties in the IHS facility or the tribal health offices) \_\_\_\_\_\_
- 4. While serving as a CHR, which trainings or learning opportunities have you completed to improve your skills as a CHR?
  - i. Please describe any required trainings that you have completed for your role as a CHR. \_\_\_\_\_
  - ii. Please describe any other trainings or learning opportunities that you participated in to improve your skills as a CHR.\_\_\_\_\_
  - iii. Please describe any learning opportunities that were not offered to you and if offered, you feel would have helped you improve your skills as a CHR.\_\_\_\_\_
- 5. What skills do you currently have as a CHR? Select all that apply.

Health Services	One-on-One Interactions	Administrative Tasks
<ul> <li>Recognizing and treating disease</li> <li>Providing First Aid or CPR</li> <li>Increasing client knowledge of health</li> <li>Scheduling health services for patients</li> <li>Helping clients access services</li> </ul>	<ul> <li>Protecting confidentiality of clients</li> <li>Advocating for client needs</li> <li>Working with youth</li> <li>Working with elders</li> <li>Visiting patients at home</li> </ul>	<ul> <li>Managing data on patient health service use</li> <li>Keeping notes on patient conditions or services provided</li> <li>Reporting data about patient services provided</li> <li>Using electronic health records</li> </ul>

6. Which Indian Health Service (IHS) Area do you provide services for? Select one. (Will use map for this question with a drop-down list of the options below)

Portland, Billings, Great Plains, Bemidji, California, Phoenix, Navajo, Tucson, Albuquerque, Oklahoma, Nashville

7. As of today, how many CHRs (including you) work in the tribal organization or community for which you provide services for?

1-3 4-6 7-9 10-12 13-15 16 or more

8. Please think of your roles as a CHR over the last week. On average, how many patients/clients did you spend 15 minutes or more providing services? Services can include making home visits, providing transportation, providing treatment, reviewing case notes, making phone calls to check in, etc. (If you are unsure, it may be helpful to review your calendar, schedule, or electronic health record system to come up with your answer.)

## **Overall Program Impact**

9. We'd like to know how you feel about being a **CHR**. For each statement, select the number on a scale from 1 to 5 that best fits how you feel. Please select only one number for each statement.

Statement	No Impact				High Impact
The level of impact my work as a					
CHR has on American	1	2	3	4	5
Indian/Alaskan Native health is:					
Explain your answer -					
Statement	Not				Completely
	Accessible				Accessible
My role as a CHR allows					
healthcare for the people in my	1	2	3	4	5
community to be:					
Explain your answer -					
Statement	No				Many
	Challenges				Challenges
The CHR program in my	1	2	3	4	5
community has:	L	Z	5	4	ر ا
Explain your answer –					
	1				1
Statement	No				A Large

	Difference				Difference
As a CHR, my role in the health of my community makes:	1	2	3	4	5
Explain your answer -					
Statement	Not Impacted by My Role				Highly Impacted by My Role
Medical teams in other programs and facilities I work with are:	1	2	3	4	5
Explain your answer -					
Statement	No Problems				Many Problems
As a CHR, when I provide services to my community, I face:	1	2	3	4	5
Explain your answer -					
Statement	Not at All				All of the Time
The CHR services I provide benefit the youth in my community:	1	2	3	4	5
Explain your answer -					
Statement	Not at All				All of the Time
The CHR services I provide benefit the elders in my community:	1	2	3	4	5
Explain your answer -	· · ·				
Statement	None of the Time				All of the Time
As a CHR I work with other programs in my community:	1	2	3	4	5
Explain your answer -					
Statement The level of impact the CHR	No Impact	2	3	4	High Impact 5
program has on other programs					

in my community is:			
Explain your answer -			

10. What are the top three challenges that limit the positive impact of your CHR program?

- CHRs need more skills or experience.
- CHRs have a difficult workload.
- CHRs need more resources, such as computers, medical equipment, or cellphone minutes.
- Administrators of the CHR program do not accept or understand what CHRs do for patients.
- Other health care workers do not accept or understand what CHRs do for patients.
- CHRs do not receive consistent training (or training is not available).

- The CHR program in your community does not work with CHR programs in other communities.
- CHR services are not reimbursed and are not billable.
- CHRs receive low wages.
- There is high turnover among CHRs.
- The CHR program needs more qualified applicants.
- The native community does not know about the services that CHRs offer.
- Other (please specify): \_\_\_\_\_\_

### CHR Impact

11. What services do you provide to your patients/clients? Will use slider scale of 0 to 100.

	25%	50%	75%	100%
Provide access to medical services or				
programs (e.g., doctor's appointments,				
medical procedures)				
Provide access to non-medical services or				
programs (e.g., Meals on Wheels, housing,				
clothing, senior services, home maintenance)				
Help clients become more involved in the				
community				
Help clients become more self-sufficient (e.g.,				
cook for themselves, bathe themselves, leave				
the house)				
Update case paperwork or keep notes on				
patients				
Listen to patients or support them in seeking				
treatment (e.g., emotional support,				

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suggestions for feeling better)	 	
Listen to or support patients' family members		
(e.g., emotional support, provide a break to a		
caretaker)		
Check in with patients after a hospital stay,		
illness, or clinic visit		
Measure height/weight, perform lab tests, or		
take vital signs		
Identify risks of harm to patients (e.g., poor		
diet, risks of falling, sharp objects, abusive		
family)		
Attend community events or programs with		
patients		
Help patients understand the terms used by		
their medical providers and feel empowered		
to ask questions		
Provide or coordinate transportation for		
clients		
Other (specify):		

#### 12. Where have you provided services over the past year? Mark all that apply.

General Category	Examples
Community health center	Community health clinic, a clinic at your agency
	or organization's location, or Indian health facility
Service provider's office	Doctor's office, specialist's office, hospital, or
	private clinic
Center for recreation or community events	Community center, teen center, veteran's center,
	senior citizen center, pow wow or other type of
	community events
Home setting	Patient/client's home, my home, shelter or safe
	place for domestic violence, migrant camp,
	public housing unit
Work or educational setting	Patient/client's worksite, school, or tribal
	college/university
Government site	Jail, court, or social service office

13. Typically, after a patients/client is provided medical care (for example: seen at a doctor's office, goes through a surgery, or visits the emergency room), is the CHR the next person they see? Yes No
a. If yes, how often does this happen?

Always Usually Sometimes Rarely Never

14. How often do you reach out on behalf of your patients/clients for things like social services, contact tribal service offices, etc.?

Always Usually Sometimes Rarely Never

- 15. What types of health issues have your current or past patients/clients had? Select all that apply.
- 0 Alzheimer's disease/Dementia
- 0 Arthritis
- 0 Asthma
- 0 Breastfeeding
- 0 Cancer (specify type):
  - All
  - Breast
  - Cervical
  - Colorectal
  - Leukemia/
     Lymphoma
  - Lung
  - Mouth/Throat
  - Ovarian/ Uterine
  - Prostate
  - Skin
  - Stomach
- 0 Cardiovascular disease
- 0 Child health
- 0 Children with special heath care needs
- 0 Diabetes
- 0 Family planning
- 0 Gay/Lesbian/Bisexual/Transgendered issues
- 0 Heart disease
- 0 High blood pressure

- o HIV/AIDS
- 0 Immunizations
- 0 Infant Health
- 0 Injuries
- 0 Lead poisoning
- 0 Low birth weight prevention/follow-up
- 0 Men's health
- 0 Mental health
- 0 Nutrition
- 0 Obesity
- 0 Osteoporosis
- 0 Physical activity
- 0 Pregnancy/Prenatal care/postpartum care
- 0 Premature birth/ prevention/follow-up
- 0 Sexual behavior
- 0 Stroke
- 0 Substance Abuse
- 0 Tobacco control
- 0 Tuberculosis
- 0 Violence Define: domestic/child/
- 0 Women's health
- 0 Emergency response
- 0 Dental /Oral Health
- 0 Preventive Services
- 0 Other issues (specify):
- 16. Among your current or past patient/client panel, have you had to provide services that respond to the opioid crisis? Yes No

If you answered yes to (Among your current or past patient/client panel, have you had to provide services that respond to the opioid crisis?), how often have you provided these services within the past year?

Always	Usually	Sometimes	Rarely	Never
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17. Among your current or past patient/client panel, have you had to provide services that respond to mental health issues? Yes No

If you answered yes to (Among your current or past patient/client panel, have you had to provide services that respond to mental health issues?), how often have you provided these services within the past year?

Always Usually Sometimes Rarely Never

- 18. Activities of daily living are basic activities a person must perform during a normal day to remain independent. These daily activities can include getting in and out of bed, dressing, bathing, eating, walking, and using the bathroom. Do you provide Activities of Daily Living (ADL) services for your patients/clients? Yes No
- 19. Do you see a need for services provided to patients/clients beyond those listed on assignment sheets? Yes No

### Impact Exploration

- 20. Would you say you build relationships with your patients/clients? Yes No
- 21. Once you have established a relationship with your patient/client,
  - a. do you notice a change in their behavior concerning their health? Yes Noi. If yes, please explain the observed changes in behavior.
  - b. do your patients/clients share more information? Yes No
  - c. Do you feel your patients/clients are more receptive to services? Yes No
- 22. Do you feel you understand tribal culture? Yes No
- 23. Do you feel you are more effective in providing services as a CHR because you understand tribal culture? Yes No
  - a. If yes, please provide an example.

### Demographics (We would like to understand the CHR workforce)

24. To which gender do you most identify?

Female	
Male	
Prefer to self-identify	
Prefer not to answer	

- 25. What is your current age? \_\_\_\_\_
- 26. What is the highest level of education you have completed?
  - High School Diploma/GED

- Associate Degree
- Some college
- Bachelor's Degree
- Master's Degree
- Professional Degree
- Doctoral Degree
- Other\_\_\_\_\_

27. What race/ethnicity do you identify with? Please select one.

- American Indian
  - 0 Tribal Affiliation \_\_\_\_\_
- Hawaiian/Pacific Islander
- Asian
- Hispanic or Latino (a)
- Black or African American
- White
- Other\_\_\_\_\_