Attachment B: LEMAS Supplement Survey – Response to Police Suicide questionnaire

Current Programs

The first questions ask about formal wellness programs currently available to full-time sworn personnel within your agency. For this survey, please define a formal wellness program as: a program intended to reduce factors that interfere with employee physical and/or mental health by providing resources, training, and/or intervention services.

1. In the calendar year 2022 (that is, January 1 through December 31, 2022), did your agency offer any of the following formal wellness programs for use by full-time, sworn personnel? If no formal wellness programs were offered to full-time sworn personnel, please select the applicable Not Offered category for each program and skip to Question 4.

| | If managed by agency | | If managed by | Not offered | | |
|-------------------|----------------------|---------------|----------------------------------|--------------|--------------|-----------|
| | | | | government | | |
| | Yes, managed | Yes, through | If either | Yes, managed | No such | No such |
| | directly within | agency | agency | by | program | program |
| | the agency | contract with | option is Yes, | government | available in | available |
| | | external | since what | | 2022; don't | in 2022, |
| | | partner | year? If more | | intend to | but |
| | | | than one | | make | intend |
| | | | program, | | available | to make |
| | | | enter the | | within 2023 | available |
| | | | origination | | | at some |
| | | | date of the | | | point |
| | | | oldest | | | within |
| | | | program that was still | | | 2023 |
| | | | active in | | | |
| | | | 2022. | | | |
| Physical fitness | | | 2022. | | | |
| General stress | | | | | | |
| management | | | | | | |
| Coping skills to | | | | | | |
| manage trauma | | | | | | |
| Psychological | | | | | | |
| and mental | | | | | | |
| health care | | | | | | |
| treatment | | | | | | |
| Nutrition and | | | | | | |
| dietary education | | | | | | |
| Alcohol and | | | | | | |
| chemical | | | | | | |
| dependency | | | | | | |
| treatment | | | | | | |
| Peer support | | | | | | |

| programs | | | | | | |
|--|--|--|--|--|--|--|
| Support for | | | | | | |
| families of sworn | | | | | | |
| personnel | | | | | | |
| Financial literacy | | | | | | |
| education | | | | | | |
| Fatigue | | | | | | |
| management | | | | | | |
| Other | | | | | | |
| | | | | | | |
| 1a. IF any YES Q1: What is your agency's estimated budget dedicated to formal wellness programs in | | | | | | |

| 1a. IF any YES Q1: What is your agency's estimated budget dedicated to formal wellness programs in |
|--|
| calendar year 2022? \$XXX,XXX,XXX |
| |

| 1b. IF any YES Q1: How many total ful | l-time agency en | nployees work in wellness programs as their |
|---------------------------------------|------------------|--|
| primary responsibility as of December | 31, 2022? Pleas | e provide separate counts for sworn and non- |
| sworn full-time agency employees. | Sworn: | Non-Sworn: |

2. For the formal wellness programs offered in the calendar year 2022, does your agency collect and regularly assess (i.e., every month, quarter, or year) data on the number of officers served by each program?

| | Yes | No | N/A, program not offered in 2022 or data not available to agency |
|---------------------------------|-----|----|--|
| Physical fitness | | | |
| General stress management | | | |
| Coping skills to manage trauma | | | |
| Psychological and mental health | | | |
| care treatment | | | |
| Nutrition and dietary education | | | |
| Alcohol and chemical dependency | | | |
| treatment | | | |
| Peer support programs | | | |
| Support for families of sworn | | | |
| personnel | | | |
| Financial literacy education | | | |
| Fatigue management | | | |
| Other | | | |

3. Are any of the formal wellness programs offered in the calendar year 2022 available confidentially?

| | Yes | No | N/A, program not offered in 2022 |
|---------------------------|-----|----|----------------------------------|
| Physical fitness | | | |
| General stress management | | | |
| Coping skills to manage | | | |

| trauma | |
|-------------------------------|--|
| Psychological and mental | |
| health care treatment | |
| Nutrition and dietary | |
| education | |
| Alcohol and chemical | |
| dependency treatment | |
| Peer support programs | |
| Support for families of sworn | |
| personnel | |
| Financial literacy education | |
| Fatigue management | |
| Other | |

Current Policies and Training

4. Does your agency mandate any of the following policies for full-time sworn personnel?

| | Yes | No |
|---|-----|----|
| Regularly scheduled (e.g., annually, quarterly) psychological evaluations | | |
| Response protocols after critical incidents that occurred on-duty (e.g., | | |
| officer involved shooting) | | |
| Response protocols after critical incidents that occurred off-duty (e.g., | | |
| death in family, divorce) | | |
| Officer allowed access to service weapon while off-duty | | |
| Temporarily reduced access to service weapon when an officer is | | |
| considered at a higher risk of suicide | | |

5. Are any of the following full-time sworn personnel provided training on potential warning signs of depression and suicide risk?

| | Yes | No | N/A |
|--|-----|----|-----|
| Chief executive | | | |
| Intermediate supervisor (below chief executive and | | | |
| above sergeant or first-line supervisor) | | | |
| Sergeant or equivalent first-line supervisor | | | |
| Deputies/Officers | | | |

6. Is suicide awareness training a part of your agency's curriculum for...

| | Yes | No | Don't Know | N/A (agency |
|------------------|-----|----|------------|-------------|
| | | | | does not |
| | | | | operate an |
| | | | | academy) |
| Academy or field | | | | |
| training? | | | | |

| Post-academy or in- | | |
|-----------------------|--|--|
| service training? | | |
| Exit interviews with | | |
| retiring or departing | | |
| sworn personnel? | | |