

# Did YOU know..?

NLSY79 respondents held an average of 12.4 jobs from ages 18 to 54. Your generation held an average of 5.6 jobs while ages 18 to 24. The average fell to 4.5 jobs from ages 25 to 34; to 2.9 jobs from ages 35 to 44; and to 2.1 jobs from ages 45 to 54.

The NLSY79 is the only U.S. longitudinal survey that has tracked the number of jobs individuals hold from labor force entry to preparations for retirement and labor force exit.

Bureau of Labor Statistics News Release  
[www.bls.gov/news.release/pdf/nlsoy.pdf](http://www.bls.gov/news.release/pdf/nlsoy.pdf)  
August 31, 2021

**NLSY  
79**



# KEEP IN TOUCH

Update your contact information by calling, or by sending us an email or text message.

You can also complete the attached card and mail it to us using the postage-paid envelope included in this mailing.

**Email:** <email>

**Call:** <phone>

**Text:** <phone> with your full name

**Web:** [bls.gov/respondents/nls/](https://bls.gov/respondents/nls/)

## RETURN THIS PORTION

- My name, address, or phone number has changed
- Are you moving? When and where?

---

---

Name

---

Address

---

City/State/Zip

---

Email

---

Phone/Cell Number

---

---

Comments/Questions