## Appendix C: Recruiting Email

## **Recruiting Email**

Dear EFNEP participant,

We are contacting you today to invite you to participate in an NC State University study on food preparation to get your feedback on a new food product. We are interested in recruiting participants who are at least 18 years old.

The study takes place in Raleigh, North Carolina, and we are looking for interested participants to prepare a meal in our model kitchens like they would in their own home. Although study participants' actions will be recorded for later analysis, everything that is collected, including your participation, will remain confidential.

If you are eligible for the study, you will receive a \$75 gift card and a free gift for taking part in the 2-hour study.

Please email or contact Lisa Shelley (<u>kitchenstudy@ncsu.edu</u> or 919-659-8254) if you are interested in taking part in this study. We will contact you with additional details. Or, you can go to the study website to see if you are eligible: go.ncsu.edu/kitchenstudy.

Please note that Covid-19 screening will be part of the screening and eligibility process.

Thank you so much for your time and consideration. We hope to hear back from you soon.

Best regards,

Benjamin Chapman, PhD Associate Professor North Carolina State University Department of Agricultural and Human Sciences

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