Appendix C:   
Recruiting Email

Recruiting Email

Dear EFNEP participant,

We are contacting you today to invite you to participate in an NC State University study on food preparation to get your feedback on a new food product. We are interested in recruiting participants who are at least 18 years old.

The study takes place in Raleigh, North Carolina, and we are looking for interested participants to prepare a meal in our model kitchens like they would in their own home. Although study participants’ actions will be recorded for later analysis, everything that is collected, including your participation, will remain confidential.

If you are eligible for the study, you will receive a $75 gift card and a free gift for taking part in the 2-hour study.

Please email or contact Lisa Shelley ([kitchenstudy@ncsu.edu](mailto:kitchenstudy@ncsu.edu) or 919-659-8254) if you are interested in taking part in this study. We will contact you with additional details. Or, you can go to the study website to see if you are eligible: go.ncsu.edu/kitchenstudy.

Please note that Covid-19 screening will be part of the screening and eligibility process.

Thank you so much for your time and consideration. We hope to hear back from you soon.

Best regards,

Benjamin Chapman, PhD

Associate Professor

North Carolina State University

Department of Agricultural and Human Sciences

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| According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0583-0169 and the expiration date is XX/XX/XXXX. The time required to complete this information collection is estimated to average 2 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. |