Appendix E.1 – Pre-ordering App Examples - Paper

This attachment provides possible examples of the paper pre-ordering apps.

Exhibit 1: This is a paper pre-ordering app template. This first app allows students to choose from

the full-range of items available in the cafeteria.

Exhibit 2: Also a paper-based pre-ordering app, this second example gives students a range of meal

options but does not include a la carte items that are available in the cafeteria. This example also encourages students to select a complete meal by suggesting students select

three components from the menu options.

Exhibit 3: This is the last of the paper-based pre-ordering apps and is the most restrictive pre-

ordering option, whereby students select from a small number of complete meals and do

not select individual components.

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Exhibit 1

Example of a possible, generic format for a school meal pre-ordering form – Version 1 (full menu)

Student's Name _____

Student ID _____

Lunch (please circle the items you want for your lunch)

Cold Entrées: Salad A Salad B Salad C

Deli Sandwich B Deli Sandwich C

Hot Entrées: Grilled entrée A Grilled entrée B Vegetarian entrée

Baked entrée A Baked entrée B Pasta entrée

Sides: Fresh fruit A Fresh fruit B Fruit mixture A

Vegetable A Vegetable B Vegetable C

Drinks: Fat-free milk Flavored fat-free milk

Reduced-fat milk Flavored reduced-fat milk 100% juice 100% juice fruit smoothie

A la carte: Granola String Cheese Yogurt

Whole grain cookie Baked chips Popcorn

100% juice slushies muffins Reduced-sugar fruit snacks

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Exhibit 2

Example of a possible, generic format for a school meal pre-ordering form – Version 2 (limited men	ıu)
Student's Name	
Student ID	

Lunch (please circle at least one entrée, one side, and one drink)

Cold Entrées: Salad A Salad B Salad C

Deli Sandwich A Deli Sandwich B Deli Sandwich C

Hot Entrées: Grilled entrée A Grilled entrée B Vegetarian entrée

Baked entrée A Baked entrée B Pasta entrée

Sides: Fresh fruit A Fresh fruit B Fruit mixture A

Vegetable A Vegetable B Vegetable C

Drinks: Fat-free milk Flavored fat-free milk

Reduced-fat milk 100% juice Flavored reduced-fat milk 100% juice fruit smoothie

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Exhibit 3

Example of a possible, generic format for a school meal pre-ordering form – Version 3 (reimbursable meals only)

Student's Name		
Student ID		

Lunch (please circle the meal you've selected)

Meal 1	Salad B	Fresh fruit A	Flavored reduced-fat milk
Meal 2	Deli Sandwich A	Vegetable C	Fat-free milk
Meal 3	Vegetarian entrée	Fresh fruit B	100% juice fruit smoothie
Meal 4	Grilled entrée A	Vegetable B	Reduced-fat milk
Meal 5	Pasta entrée	Fresh fruit B	Flavored fat-free milk

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