

## Appendix M - Research introduction

This information is being collected to assist the Food and Nutrition Service (FNS) in developing materials used in the Team Nutrition initiative. This is a voluntary information collection. Under the Privacy Act of 1974 and the FNS System of Record Notice FNS-8, FNS Studies and Reports, any personally identifying information obtained will be kept private to the extent of the law. According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-0524. The time required to complete this information collection is estimated to average 2 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: U.S. Department of Agriculture, Food and Nutrition Service, Office of Policy Support.

Dear Child Care Provider,

Thank you for signing up to review these free Child and Adult Care Food Program (CACFP) materials! Included in this envelope you will find a handout created by the USDA/FNS (United States Department of Agriculture/Food and Nutrition Service). Your feedback will help inform the development of these materials, which will be available for free to child care providers across the country.

**Please review the handout before your 30-minute phone conversation on [date and time].** The handout contains the following sections:

- ❖ Assist Children in Learning How to Feed Themselves
- ❖ Encourage Children to Try New Foods
- ❖ Serve Milk to Children as Part of CACFP Meals
- ❖ Offer More Vegetables and Fruit at Meals and Snacks
- ❖ Feeding Tips for Toddlers: A Parent Handout

You will discuss these handouts during your 30-minute phone conversation with a member of the Applied Curiosity Research team. As a reminder, during the conversation, we will send you a link (via email or text) to videos for you to watch on your phone or computer and give feedback. Your site will receive a \$25 Visa gift card as reimbursement after the conversation for any expenses associated with participation.

This is a draft of the materials. **Please do not share or distribute the handout to others** as the information may change before it is finalized.

We are excited to hear what you think! In the meantime, please contact the research team by e-mail ([**research team member email**]) or phone (212-401-4895) if you have any questions, concerns, or if you are no longer able to participate.

Thanks again!

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