

G3. Parent Brochure

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About the Study

The United States Department of Agriculture's (USDA) Food and Nutrition Service (FNS) funds the Child and Adult Care Food Program (CACFP), which provides support to child care and after school providers to serve nutritious meals to over 4 million children every day.

FNS is conducting the second Study of Nutrition and Activity in Child Care Settings (SNACS-II). This study will help FNS ensure that children receive high quality child care and after school care through the CACFP. Your participation in this study will help provide important information on the following:

1. Nutritional quality of meals
2. Energy and nutrient intake
3. Food consumed and discarded

We hope that you agree to participate to support improvements in the CACFP. Your participation would involve the following:

1. Observations of your child's meals at their child care center or family child care home
2. Measuring your child's height and weight
3. An interview with you over the phone

You can help make a difference!

Study Contact Information

Toll-free Hotline: xxx-xxx-xxxx

Email: [STUDY EMAIL]

OMB Number: 0584-xxxx

Expiration Date: xx/xx/20xx



United States
Department of
Agriculture

Food and Nutrition Service



Mathematica
Progress Together



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The Food and Nutrition Service (FNS) is collecting this information to understand the nutritional quality of CACFP meals and snacks, the cost to produce them, and dietary intakes and activity levels of CACFP participants. This is a voluntary collection and FNS will use the information to examine CACFP operations. The collection does request personally identifiable information under the Privacy Act of 1974. Responses will be kept private to the extent provided by law and FNS regulations. According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-xxxx. The time required to complete this information collection is estimated to average 0.0501 hours (3 minutes) per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: U.S. Department of Agriculture, Food and Nutrition Service, Office of Policy Support, 1320 Braddock Place, 5th Floor, Alexandria, VA 22314. ATTN: PRA (0584-xxxx). Do not return the completed form to this address.



Study of Nutrition and Activity in Child Care Settings (SNACS-II)

Seeking to improve children's health, wellness, and learning in child care

Study is sponsored by



United States
Department of
Agriculture

Food and Nutrition Service

USDA is an equal opportunity provider and employer

Frequently Asked Questions

Why is this study being done?

Good nutrition is key to proper childhood development, but little is known about the food children are eating or their opportunities for physical activity while in child care. In recognition of the importance of nutrition and physical activity in child care, Congress directed USDA to conduct a nationally representative study of child care centers and family child care homes.

Who is conducting the study?

Mathematica and Westat are conducting SNACS-II for USDA. Their staff will be working with your child care provider to coordinate study activities.

Why did you choose my household?

Your household was randomly chosen using a scientific method from an enrollment list at the child care center your child attends. We want to talk with you so that our findings represent all households whose children attend child care centers that participate in CACFP.

Will I be compensated for my time?

Yes. Please see our study website for more information on compensation for your time.

Do I have to do this study?

Parent, child, and youth participation is voluntary. Being part of the study will not affect any USDA benefits received by programs or families participating in this data collection.

What study activities will my child participate in?

Depending on the age of your child (infant, child or youth), they may participate in a variety of study activities. Please visit our website for the details.

Can this impact my benefits or my child's status at the center?

Being part of the study will not affect CACFP benefits for programs or families.

Why is our participation important?

You and your household can help FNS to support improvements in the CACFP program.

What kind of questions will you ask in the parent phone interview?

We will ask about foods your child consumed outside of child care or brought into child care from home; your child's activity levels and screen time; and participation in food assistance programs.



Have a question? Ready to join the study?

Visit our website at
[URL]

Use passcode
[passcode] to access
the parent page



Help us learn about nutrition in child care settings!

What about my privacy?

Information gathered for SNACS-II is for research purposes only and will be kept private to the full extent allowed by law. Responses will be grouped together. The names of child care providers, children and family members will never appear in any report or with any study findings.

