



National Health and Nutrition Examination Survey

Attachment 10a

Hi,

Congratulations on being invited to take part in the National Health and Nutrition Examination Survey (NHANES). As participants, you and your family represent your community. You are also helping to improve the health of people in the United States like you.

Please go to this website and answer a few easy questions about your and your family's health:

Web address: [<https://www.cdc.gov/nchs/nhanes/survey.htm>]

Your unique passcode: [XXXX-XXXX-XXXX-XX]

Or call 1-855-958-0631 and speak to a study representative. It takes just a few minutes.

NHANES is an important national health study. The National Center for Health Statistics, at the Centers for Disease Control and Prevention, runs the study.

- For more than 60 years, NHANES has improved people's health in the United States.
- It has directly helped you and your family! For instance, it found harmful products in food and gasoline that companies then took out.
- It guides many public health projects that help people live longer, healthier lives.

Being in this study is voluntary, but we hope you participate! All of your answers are confidential. NHANES can help the nation only if people respond when selected. So please complete the short survey!

Thank you,

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