

Attachment V8. How to Report Meals from a Fast-Food Restaurant Video Script

Project Summary

Title	How to Report Meals from a Fast-Food Restaurant
Description	Include a combo meal ordered from a fast food restaurant and the beverage is water--explain how all items including the water are to be entered.
Use	Optional Help Video with caption: Posted on app and websites of Food Log
Goal Time	3 minutes or less
Current Time	3.26 minutes
Current Status	In development

Project Layout

#	Description	Narration
1	National Food Study Heading How to Report Meals from a Fast-Food Restaurant	In this video, we will show you how to report meals you get from a fast-food restaurant during the 7-day study week.
2	Video with caption Actors in a fast-food restaurant	You should report food you buy, even if other people eat it. And report food someone else buys for you. In this example, let's say you take your family to your favorite fast-food restaurant.
3	Video with caption Actor buying fast food restaurant	You pay for three combo meals:
	Image of the combo meal with caption	The first meal has a cheeseburger with French fries, and an orange soda.
	Image of the combo meal with caption	The second meal has a pasta salad with chicken, a fresh fruit cup, and a black coffee.
	Image of the combo meal with caption	The third meal has a grilled cheese sandwich, apple slices, and a two percent milk.
4	Image with caption Actor drinking water	You and your family go to the self-serve beverage station to get your drinks. When you are there, you decide to grab a free cup of water to drink while you wait for your food.
5	Image with caption Actor using the app on a device	After you finish eating, you open the Food Log to report the meals you purchased at the fast-food restaurant. You will need to use the Combo Meal feature in the Food Log to list all the items in each combo meal you purchased. So let's talk about what you should enter.
6	Image of the combo meal with caption	Enter a descriptive name for each meal and be as detailed as possible. For the first order, you title the meal "Cheeseburger with French fries and orange soda". Then answer the questions about the food and drinks in that combo meal. Repeat the steps until you have entered all three meals you purchased.
7	Images of food items with captions	Don't forget to add food or drinks you picked up at the self-serve station. For example, this includes: Sandwich spread Dipping sauce Salt and pepper Salad dressing Sugar or sweetener Or coffee creamer
8	Image of drink items with captions	You should also report the free cup of water, even though it was free.
9	Images of non-food items with captions	Do not report napkins, straws, forks, spoons, or knives from the self-serve station.
10		After you have entered the three meals purchased during this food event in the Food Log, the other people in your household who ate the meals will not need to add this information their Food Logs. Only one person needs to enter the meals purchased together in the food log. And it does not matter if it is the person who purchased the food or someone who ate the food. Just remember if one person has reported the entire meal, no one else has to.
11	Text	Let's review: Report any food you purchase from a fast food restaurant including any other food or drinks that come with it.

		<p>Enter a meal for each person using the Combo Meal feature in the Food Log to add all of the items.</p> <p>Only one person should enter the food items in the food log.</p>
12	Text with image	<p>You have completed this Video.</p> <p>If you have questions or need help, please contact the Help Desk. Remember these Videos are available for you to view anytime under the Help tab in the Food Log.</p>