

Centers for Birth Defects Research and Prevention

INFORMED CONSENT FOR BD-STEPS OCCUPATIONAL QUESTIONNAIRE

The Birth Defects Study to Evaluate Pregnancy exposureS (BD-STEPS) is a study to discover clues about what causes birth defects. You previously completed a telephone interview about experiences during your pregnancy. This questionnaire asks you additional questions about your experiences during the same pregnancy.

The questionnaire will take about 20 minutes. It includes questions about working on a farm, ranch, orchard, or greenhouse. Some women may find it emotionally difficult to discuss their pregnancies. There is no other likely risk. Completing this questionnaire will not benefit you or your family directly; however, the findings may help to prevent birth defects in the future.

You can choose not to participate. The decision not to participate will not affect the care or services you or your family receives.

You are free to stop the questionnaire at any time.

We plan to share your questionnaire information with other researchers involved in this study. Information will only be used for research and it will be kept confidential. It will only be shared after appropriate approvals are obtained by the study's Data Sharing Committee and human research protection committees. We will never use any names or addresses in reports or publications.

If you have any concerns about the study or how it is conducted, you may contact <insert local study contact and contact number>. If you have questions about your rights as a subject in this research study, please call <<the Office of the Deputy Associate Director for Science for CDC at 1-800-584-8814>> OR <<insert local IRB contact>>. Leave a message including your name and telephone number, and refer to Protocol #2087, and someone will call you back as soon as possible. [NOTE: CDC IRB can be removed if required by Center IRB]

If you wish to participate in this part of our study, please sign this form, complete the questionnaire, and return both to us in the stamped return envelope. We have included a second copy of this form for you to keep for your records.

Signature:	Date:

	1. Did you start or stop working in the month before you became pregnant or the first three months of your pregnancy?				
	\Box No \rightarrow Go to question #4				
1	Yes, I started a new job				
1	 Yes, I stopped working at this job □ Don't know → Go to question #4 				
	2. Please enter the date you started this job. If you can't remember the exact date, please enter				
	your best estimate. (mm/dd/yyyy):				
	$\Box Don't Know \rightarrow Go to question #4$				
	3. Please enter the date you stopped working in this job. If you can't remember the exact date,				
	please enter your best estimates (mm/dd/yyyy):				
	Don't Know				
	For the remaining questions about your job, please describe what your job was like before you				
	stopped working.				
	4. During the month before you became pregnant through the third month of your pregnancy, did you ask if your work duties could be changed or reduced?				
	Ves No				
	O Don't Know → Go to question #7				
	► 5. Were your requests granted?				
	O Yes, all my requests were granted. For the remaining questions about your job, please				
	describe what your job was like before your requests were granted.				
	describe what your job was like before your requests were granted.O Some, but not all, of my requests were granted. For the remaining questions about your				
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	 describe what your job was like before your requests were granted. Some, but not all, of my requests were granted. For the remaining questions about your job, please describe what your job was like before some of your requests were granted. No, none of my requests were granted. Don't know Go to question #7 6. Was it because (please check all that apply): You did not need your duties to be changed or reduced You had the flexibility to adjust your work on your own You supervisor offered to change or reduce your duties, without you asking You were uncomfortable or afraid to request it 				
	 describe what your job was like before your requests were granted. Some, but not all, of my requests were granted. For the remaining questions about your job, please describe what your job was like before some of your requests were granted. No, none of my requests were granted. Don't know Go to question #7 6. Was it because (please check all that apply): You did not need your duties to be changed or reduced You had the flexibility to adjust your work on your own Your supervisor offered to change or reduce your duties, without you asking 				

7. During the month before you became pregnant through the third month of your pregnancy, how many shifts per week and how many hours per shift did you typically work at this job?			
Shift (days) per week: Don't know			
Hours per shift (day): Don't know			
Of the hours you worked in each shift, how many did you typically spend:			
Hours sitting per shift: Don't know			
Hours standing in one place per shift: Don't know			
Hours on your feet, but walking or moving around per shift: 📃 🗌 Don't know			
8. During the month before you became pregnant through the third month of your pregnancy, did you work in a:			
O Family farm, ranch, or orchard owned by yourself or your family?			
O Family farm, ranch, or orchard owned by someone outside your family?			
O Large-scale or commercial farm, ranch, or orchard			
O Greenhouse			
O Somewhere else, please specify:			
9. What were the main products of the farm, ranch, orchard, or greenhouse where you worked? (please check all that apply):			
Decorative plants such as shrubs, trees, or flower			
 Clover, hay, or alfalfa Corn 			
□ Soybeans			
□ Wheat			
□ Oats			
D Poultry			
Beef cattle			
Dairy cattle			
D Pigs			

- □ Fruits or vegetables:
- □ Other products:

- 10. Were the products of the farm or greenhouse?
 - O Organic
 - O Conventionally-produced
 - O Produced through a mix of organic and conventional practices
 - O Don't know

11. How often did you mix, transfer, load, or spray pesticides (including weed killers, fungicides, and insecticides) for your job during the month before you became pregnant through the third month of your pregnancy?

O Never

- O Less than once a month
- O Once or twice a month
- O About once a week
- O Several times a week
- O Don't know

12. At work, on average, how many times per day did you lift or carry objects that weigh 15 pounds or more? For reference, 15 pounds is about the weight of 2 gallons of milk.

- O < 1 time per day
- O 1-5 times per day
- O 6-10 times per day
- O 11-20 times per day
- O > 20 times per day
- O Don't know

13. At work, on average, how many times per day did your job involve bending at the waist? This includes bending forward or stooping, bending to the side, and twisting.

- O < 1 time per day
- O 1-25 times per day
- O 26-50 times per day
- O 51-75 times per day
- O > 75 times per day
- O Don't know

14. During the month before you became pregnant through the third month of your pregnancy, how many times per day were you permitted to take bathroom breaks at work?

- O None
- Ο1
- O 2-3
- O 4-5
- O As many as I needed/very flexible
- O Don't know

15. For the following list of words, please respond with 'yes' if the word describes your job, 'no' if it					
doesn't or 'can't decide' if y	ou aren't sure. Yes	No	Can't decide		
Demanding					
Pressured					
Hectic					
Calm					
Relaxed					
Many things stressful					
Pushed					
Irritating					
Under Control					
Nerve-wracking					
Hassled					
Comfortable					
More stressful than I'd like					
Smooth Running					
Overwhelming					

	16. During the month before you became pregnant through the third month of your pregnancy, did you find it difficult to take time off work for prenatal visits?					
_	O Yes					
	\bigcirc No \rightarrow Go to Comments					
	O Don't know \rightarrow Go to Comments					
I						
	17. What were the reasons? (Please check all that apply):					
	I felt I was too busy at work to take time off					
	 I felt it would be difficult to get approval from my boss to take the time 					
	\Box The cost – I wouldn't have gotten paid for the time I was away					
	□ I did not have enough sick or vacation leave					
	 I was saving my sick and vacation leave for after the baby was born 					
	Other, please specify:					

Please add any comments, concerns and/or suggestions about this survey you may wish to share with us.

Thank you for your time. It is truly appreciated.