## Subject Line: Invitation to Join DoD Study

Dear Sailor,

Based on your service status, you have been selected to represent your fellow Sailors by participating in an important military research study examining the health behaviors of active duty Service Members.

This survey is designed to be completed **one time only**. To show our appreciation for your time, you will receive a **\$30 gift card code to** <u>Amazon.com</u> once you have completed the survey below. In addition, your participation may help us better address the needs of future Sailors. **We would appreciate if you could complete this survey within the next two weeks** 

## Survey Link: https://gsu.qualtrics.com/jfe/form/SV\_0kOiaPhtshmZRyu

This Department of Defense-sponsored study will be conducted completely online and confidentially. The purpose of the study is to determine which health and relationship behaviors are common among active duty Sailors. It will take approximately 30 minutes to complete the online survey. The survey will ask you a variety of questions about your perceptions regarding relationships and health-related behaviors.

Please note that any information you provide will not be made available to your chain of command or promotion boards, nor will it affect any future medical care you receive. If at any time you need to quit the survey, the questions you completed will be submitted to the research team. If you stop the survey and want to continue, you will need to restart the survey from the beginning. We will have no way to link your identity to your responses.

Please call or text the following number to participate in this study, or if you should have any study-related questions: (619) 395-2042.

We greatly appreciate your time and consideration.

Very respectfully,

Kristen Walter, Ph.D. Co-Principal Investigator Naval Health Research Center Protocol number: NHRC.2021.0014