## **Subject Line: Invitation to Join DoD Study**

Dear Sailor,

Based on your service status, you have been selected to represent your fellow Sailors by participating in an important military research study examining the health behaviors of active duty Service Members.

Study participation will involve participating in a focus group with one of our research assistants, and up to 9 other active duty Sailors. To show our appreciation for your time, you will receive a **\$40 gift card code to Amazon.com** once you have completed the focus group. In addition, your participation may help us better address the needs of future Sailors. **If you are interested, we would appreciate if you would contact us within the next two weeks** 

This Department of Defense-sponsored study will be conducted completely online and confidentially. The purpose of the study is to determine which health and relationship behaviors are common among active duty Sailors. It will take approximately 90 minutes to complete the online focus group. The research assistant will ask the group a variety of questions about Sailors' perceptions regarding relationships and health-related behaviors. They will also ask the group some questions about how they think an existing sexual assault prevention program designed for the civilian population may be best adapted for the Navy population.

Please note that any information you provide will not be made available to your chain of command or promotion boards, nor will it affect any future medical care you receive. If at any time you need to quit the focus group, the information you provided will be submitted to the research team. If you stop the focus group and want to continue, you will need to restart a different focus group from the beginning.

If you would like to participate in this research, please use the link below to take a brief prefocus-group survey. After the survey is completed, we will contact you to set up a time for your focus group.

Survey Link: <a href="https://gsu.qualtrics.com/jfe/form/SV">https://gsu.qualtrics.com/jfe/form/SV</a> 6KxuLgRiUrtP6Wa

Please call or text the following number to participate in this study, or if you should have any study-related questions: (619) 395-2042.

We greatly appreciate your time and consideration.

Very respectfully,

Kristen Walter, Ph.D. Co-Principal Investigator Naval Health Research Center Protocol number: NHRC.2021.0014