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# Asian Smokers' Quitline (ASQ) 7-Month Follow-Up Intake Questionnaire (Vietnamese)

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## Asian Smokers' Quitline (ASQ) 7mo Evaluation

SERVICE Chào bạn, tôi là \_\_\_\_\_\_, nhân viên của TrÜ©ng ñải H†c California. Tôi g†i Ç< hÕi š ki ‰n vŠ phÄm chẤt của nh»ng dÎch vø do Trung Tâm Cai ThuÓc Lá cung cẤp. ñ< cäi ti‰n chÜÖng trình giúp Ǫ cai thuÓc, chúng tôi mong nhÆn ÇÜ®c nh»ng š ki‰n vŠ các tài liŒu và nh»ng dÎch vø bản Çã nhÆn ÇÜ®c. Cu¶c ÇiŒn Çàm này chÌ ,mÃt vài phút và nh»ng chi ti‰t sẽ ÇÜ®c gi» kín. Bản có ÇÒng š không?

Hi, this is \_\_\_\_\_\_ from the University of California. I'm calling to evaluate the quality of service provided by the Asian Smokers' Quitline (ASQ). In order to improve the program, I would like to get your feedback on the services that you received. Your feedback will be summarized along with feedback provided by other people who have used the Quitline. You don't have to answer any questions you don't want to, and you can end the interview at any time. Also, answering or choosing not to answer questions will not change the quitline services you can or will receive. The call will take just few a minutes, may be monitored or recorded for quality assurance and all of your responses will be kept private. Is that OK?"

1. LÀn ÇÀu tiên bản g†i vào Trung Tâm Cai Thuốc Lá, bạn nghĩ mình sẽ nhÆn ÇÜ®c dÎch vø gì Ç< giúp bả cai thuốc?

When you first called, what kind of services did you expect to receive to help you quit smoking?

- Counseling
- Patches / quitting aids

Program Information

- CertificateMaterials/Booklets/Pamphlets
- No expectations
- Other
- Don't know
- Refused
- Not Asked

#### I'd like to ask you some questions about the written materials . . . . Tôi xin hÕi bån vài câu vŠ nh»ng tài liŒu cai thuÓc...

2. Bån có nhÆn ÇÜ®c tÆp tài liŒu mà Trung Tâm Cai ThuÓc Lá Çã gªi cho bån không? Did you receive the materials sent by ASQ?

Yes	Don't Know
No / Never received	Refused
Not asked	

Bån Çã džc nh»ng tài liŒn Çó chÜa?
 Did you read the materials sent by ASQ?

Yes (all or some)	Don't Know
No	Refused
Not asked	

4. Bån có thích nh»ng gì vŠ tÆp tài liŒu không?

Was there anything in particular that you LIKED about the materials?

Yes	Don't Know
No	Refused
Not asked	

4a. Bån Çã thích nh»ng gì vŠ tÆp tài liŒu? What was it that you liked (about the materials)?

Coping Strategies / Alternatives	<ul> <li>All of it / Everything</li> </ul>
<ul> <li>Facts / Info</li> </ul>	Other
<ul> <li>Suggestions / Tips / Advice</li> </ul>	Don't Know
<ul> <li>County list / other resources</li> </ul>	Refused
Pictures / comics	<ul> <li>Not Asked</li> </ul>

5. Bån có không thích nh»ng gì vŠ tÆp tài liŒu không?

Was there anything in particular that you DISLIKED about the materials?

		•	•	2
Yes				Don't Know/ remember
No				Refused
Not as	ked			

5a. Bån Çã không thìch nh»ng gì vŠ tÆp tài liŒu? What was it you disliked (about the materials)?

<ul> <li>Didn't help</li> <li>Nothing new</li> <li>Too much info / reading</li> </ul>	<ul> <li>All of it / Everything</li> <li>Other</li> <li>Don't know</li> </ul>
Cartoons/comics	<ul><li>Refused</li><li>Not asked</li></ul>

Now, I would like to ask you some questions regarding ASQ's counseling services. Bây gi©, tôi xin hÕi bån vài câu vŠ nh»ng cu¶c tÜ vÃn cûa Trung Tâm Cai ThuÓc Lá.

6. Bån có nhÆn ÇÜ®c tÜ vÃn qua ÇiŒn thoåi không?

Did you receive telephone counseling?		
Yes	Don't Know	
No	Refused	
Not asked		

6a. Lš do nào khi‰n bån không nhÆn ÇÜ®c tÜ vÃn qua ÇiŒn thoåi? Was there any particular reason for not receiving counseling?

No time / busy

- No reason at all
- Counselor didn't call me
- Other
- I didn't call / I missed counselor's call
  - all Don't know it • Refused
- Didn't think I needed it /already quit
- Not Asked

- Not ready
- 7. Bån cäm thÃy sao vŠ sÓ lÜ®ng tÜ vÃn qua ÇiŒn thoåi mà bån Çã nhÆn ÇÜ®c? Bån nghï là quá ít, vØ Çû, hay nhiŠu quá?

How did you feel about the number of counseling sessions you received, would you say there were too few, just right or too many?

Too few	<ul> <li>Don't know</li> </ul>
Just right	<ul> <li>Refused</li> </ul>
Too many	<ul> <li>Not asked</li> </ul>

8. Tóm låi, bån së diĺn tä chuyên gia tÜ vÃn cûa bån nhÜ th‰ nào? Briefly, how would you describe your counselor?

 9. Chuyên gia tÜ vÃn của bản nhÜ th‰ nào trong länh v¿c l¡ng nghe bản nói chuyŒn? How was your counselor in terms of being a good listener, would you say very good, good or not good? Very good Don't know Good Refused Not good Not asked

10. Bån có thích nh»ng gì vŠ nh»ng cu¶c tÜ vÃn không? Was there anything in particular that you LIKED about the counseling?

Yes Don't Know No Refused

Not asked

# 10a. Bån Çã thích nh»ng gì vŠ nh»ng cu¶c tÜ vÃn?

What was it that you liked (about the counseling)?

<ul> <li>Counselor/Someone to talk to/Support</li> <li>Information/Advice</li> <li># of Counseling Sessions</li> <li>Counselor Availability</li> </ul>	<ul> <li>All of it / Everything</li> <li>Other</li> <li>Don't know</li> <li>Refused</li> <li>Not asked</li> </ul>
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11. Bån có không thích nh»ng gì vŠ nh»ng cu¶c tÜ vÃn không? Was there anything in particular that you DISLIKED about the counseling?

	•	,
Yes		Don't Know

No Refused

Not asked

## 11a. Bån Çã không thích gì vŠ nh»ng cu¶c tÜ vÃn?

What was it that you disliked (about the counseling)?

<ul> <li># of counseling sessions (high or low)</li> <li>Wanted face to face, not phone</li> <li>Counselor style / personality</li> <li>Counselor Availability / follow through</li> </ul>	<ul> <li>All of it / Everything</li> <li>Other</li> <li>Don't know</li> <li>Refused</li> <li>Not asked</li> </ul>
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12. Nói chung, bån thÃy thoäi mái t§i Çâu khi nói chuyŒn v§i nh»ng nhân viên tr® giúp ª Trung Tâm Cai ThuÓc Lá? Bẵn

rÃt thoäi mái, thoäi mái, hay không thoäi mái?

Overall, how comfortable did you feel when talking with ASQ staff? Would you say very comfortable, comfortable or not comfortable?

Very comfortable Comfortable Not comfortable

- Don't know
- Refused Not asked

13. Nói chung, bản hài lòng t§i Çâu v§i nh»ng dÎch vø mà bản Çã nhÆn ÇÜ®c? Bản rÃt hài lòng, khá hài lòng, tÜÖng ÇÓi

### hài lòng, hay không hài lòng?

Overall, how satisfied were you with the services you received? Would you say you were very satisfied, mostly satisfied, somewhat satisfied or not at all satisfied?

Very satisfied

- Don't know Refused
- Mostly satisfied Somewhat satisfied
- Not asked
- Not at all satisfied

14. HiŒn gi<sup>©</sup>, bån hút thuÓc lá m‡i ngày, vài ngày trong tuÀn, hay Cã bÕ hút thuÓc rÒi? Do you currently smoke cigarettes everyday, some days, or not at all? Everyday

- Don't know
- Refused Not asked
- Some days • Not at all
- Smoking

### **NOT SMOKING**

<ol> <li>Bån Çã bÕ hút thuÓc vào ngày nào?</li> <li>When did you quit? <i>Most recent quit date:</i>//_</li> <li>1a. Bån Çä bÕ bao lâu rÒi?</li> <li>How long ago did you quit? days/weeks/months/years</li> </ol>			
2.K< tØ lÀn ÇÀu tiên bån g†i vào Trung Tâm Cai ThuÓc cai thuÓc lá ÇÜ®c mÃy lÀn (k< cä lÀn này)? Since you first called ASQ on <b>(screen date)</b> , how many times have			thº
Number of time	S:	[	]
Don't remembe	r exactly, at least:	[	]
Number of imposed/unintended quits: [	]		
□ Refused □ Not Asked			
3. Trong nh»ng lÀn Çó, có mÃy lÀn bån cai ÇÜ®c 24 ti Out of those times, how many were for 24 hours or more?	‰ng hay lâu hÖn?		
Number of time	S:	[	]
Don't remembe	r exactly, at least:	[	]
Number of imposed/unintended quits: [	]		
<ul> <li>□ Never quit for ≥ 24 hours</li> <li>□ Refused</li> <li>□ Not Asked</li> </ul>			
First Quit Attem	pt		
4. K< tØ ngày (screen date), lÀn ÇÀu tiên bån cai thuốc ngày nào? When did you first quit for 24 hours or more since <b>(Screen Da</b>		âu hÖn l	à
<ul> <li>a. Sau IÀn cai Çó (first attempt date), bản Çã hút When did you start smoking on a daily basis after (first atte b. Bản cai ÇÜ®c bao lâu? How long did you quit for? days/weeks/months/ year Don't know</li> <li>Refused</li> <li>Not asked</li> </ul>	empt date)?/	ngày nào /	)?
5. (FIRST QUIT ATTEMPT): Trong lÀn bån cai thuỐc lá ÇÜ Çi‰u (hay bÆp 1 hÖi) thuỐc nào không? During the time you quit for <b>(1st quit length)</b> , did you have a		ần có hứ	it m¶t
<ul> <li>☐ Yes</li> <li>☐ No</li> <li>☐ Don't know</li> <li>☐ Refused</li> <li>☐ Not asked</li> </ul>			
5a. (FIRST QUIT ATTEMPT): Bån hút Çi‰u thuÓc/bÆp l	nÖi thuÓc Çó vào ngày	nào?	

When was your first cigarette/puff?//						
5b. (FIRST QUIT ATTEMPT): Bån Çã hút liên ti‰p mÃy ngày, k< cä ngày bån b¢t ÇÀu hút låi? How many days in a row did you smoke, including the first day? []						
nhU bæng không?	UIT ATTEMPT): dán nicotine, attempt, did you	kEo gum nic	otine, thuOc v	/iên Zyban ho	o¥c thuOc viê	
Yes No Don't ki Refuse Not Ask	d					
ThÙ nào? Which ones?	Bån dùng trong bao lâu? How long did you use them for?	Trung bình, bån dùng bao nhiêu m‡i ngày? On average, how many did you use per day?	Bắn dung liŠu Ƕ nào? What dosage did you use?	Bản dùng trܧc khi cai, trong lÀn cai, ho¥c sau lÀn cai Çó? Did you use them BEFORE, DURING and/or AFTER your quit attempt?	Bån lÂy ÇÜ®c tØ Çâu? Where did you get them?	Bản Çã tÓn bao nhiêu tiŠn? How much money did you spend on them?
Patch	days/weeks/m onths Don't Know Refused Not Asked	NOT ASKED	21mg (step1) 14mg (step2) 7mg (step3) Other: D R Z	Before During After D R Z	Bought Given to me Help/Quit Ine Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Gum	days/weeks/m onths Don't Know Refused Not Asked	/day	2mg 4mg Other: D R Z	Before During After D R Z	Bought Given to me Help/Quit Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Zyban	days/weeks/m onths Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Before During After D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R

					Refused Not Asked	Z	
Chantix/ Varenicline	days/weeks/m onths Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Before During After D R Z	Bought Given to me Help/Quit Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z	
Lozenge	days/weeks/m onths Don't Know Refused Not Asked	/day D R Z	2mg 4mg Other: D R Z	Before During After D R Z	Bought Given to me Help/Quit Ine Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z	
Other:	days/weeks/m onths Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Before During After D R Z	Bought Given to me Help/Quit Ine Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z	
D R Z							
******Last or Only Quit Attempt*****							
<ul> <li>7. Sau ngày (<i>recent quit date</i>), bản có hút (hay bÆp) Çi‰u thuÓc nào không? Have you had a cigarette, or even a puff, since you quit on <i>(most recent quit date)</i>?</li> <li>☐ Yes Bản hút Çi‰u thuÓc/hÖi thuÓc Çó vào ngày nào? When was your first cig./puff?//</li> </ul>							
□ Don't know □ Refused □ Not asked							
nào	ο ho¥c có chι	ıyŒn gì xäy r	uÓc Çó, bån a? smoked that ciga	-	canh		
b. Bản Çã lÃy Çi‰u thuỐc Çó tØ Çâu?							

Where did you get the cigarette?	
Bought a pack       Asked or took from someone         Bought one or a few       Other source         Old cigarette pack       Don't know         Someone offered one       Refused	
<ul> <li>c. Bån Çã hút liên ti‰p mÃy ngày, k&lt; cä ngày bån b¡t ÇÀu hút låi? How many days in a row did you smoke, including the first day? day(s).</li> <li>□ Don't know</li> </ul>	<ul><li>Ever Since</li><li>Refused</li></ul>
□ Not Asked	
<ul> <li>d. LÀn chót bản hút thuÓc, dù chÌ bÆp 1 hÖi là ngày nào?</li> <li>When was the last time you had a cigarette, or even a puff?</li> <li>//</li> <li>10 was the last time</li> <li>Don't know</li> <li>Dafusad</li> </ul>	
□ Refused □ Not asked e. Ngay trܧc khi bån hút Çi‰u thuÓc Çó, bån ª trong hoàn cänh nào ho¥c có chuyŒn gì xäy ra? What was the situation just before you smoked that cigarette?	
f. Bản Çã lẤy Çi‰u thuỐc Çó tØ Çâu? Where did you get the cigarette?	
Bought a pack       Asked or took from someone         Bought one or a few       Other source         Old cigarette pack       Don't know         Someone offered one       Refused	
<ul> <li>g. Bắn Çã hút liên ti‰p mÃy ngày, k&lt; cä ngày bắn b¡t ÇÀu hút lắi? How many days in a row did you smoke, including the first day? day(s).</li> <li>□ Ever Since □ Not Asked</li> <li>□ Don't know</li> <li>□ Refused</li> </ul>	
8. ñÍ tôi xác nhÆn HiŒn gi© bån hút thuỐc h¢ng ngày hay vài ngày tron	g 1 tuÀn lí?

- Let me confirm... Are you currently smoking cigarettes everyday or some days?
  - Everyday Don't know
  - Some days Refused
    - Not asked
  - 9a. Trung bình m‡i ngày bån hút mÃy Çi‰u?

On average, how many cigarettes do you smoke per day?\_\_\_\_\_

- 9b. Bån hút thuÓc mÃy ngày m¶t tuÀn? How many days per week do you smoke? \_\_\_\_\_
- 9c. Trong nh»ng ngày bản hút thuỐc, trung bình m‡i ngày bản hút mÃy Çi‰u? On average how many cigarettes do you smoke per day on the days you smoke? \_\_\_\_\_

10. M‡i sáng sau khi thÙc dÆy, khoäng bao lâu thì bån hút Çi‰u thuÓc ÇÀu tiên trong ngày?

How soon after you wake up do you usually smoke your first cigarette? 0-5 mins 6-30 mins 31-60 mins More than 60 mins Don't know Refused

11.

Since <insert screen date>, did you use anything like the Nicotine Patch, Gum, Zyban or Chantix? K< tØ ngày (screen date), bån có dùng m¶t dÜ®c phÄm cai thuÓc nào nhÜ là bæng dán nicotine, kËo gum nicotine, thuốc viên Zyban ho¥c thuÓc viên Chantix không?

For this quit attempt, did you use anything like the Nicotine Patch, Gum, Zyban or Chantix to help you quit? Trong th©i gian này, bån có dùng m¶t dÜ®c phÄm cai thuOc nào nhÜ là bæng dán nicotine, kEo gum nicotine, thuÓc viên Zyban ho¥c thuÓc viên Chantix không?

Bån có dùng các dÜ®c phÄm cai thuÓc lá nhÜ là bæng dán nicotine, keo gum nicotine, thuốc viên Zyban ho¥c thuÓc viên Chantix không? Did you use anything like the Nicotine Patch, Gum, Zyban or Chantix to help you guit?

Yes
No
Don't know
Refused
Not Asked

ThÙ nào? Which ones?	Bản có Çang dùng hay không? Are you currently using them?	Bǎn dùng trong bao lâu? How long did you use them for?	Trung bình, bån dùng bao nhiêu m‡i ngày? On average, how many did you use per day?	Bản dung liŜu Ƕ nào? What dosage did you use?	Bån có dùng trܧc khi bån cai không? Did you use them BEFORE your quit attempt?	Bån lÂy ÇÜ®c tØ Çâu? Where did you get them?	Bản Çã tÓn bao nhiêu tiŠn? How much money did you spend on them?
Patch	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	NOT ASKED	21mg (step1) 14mg (step2) 7mg (step3) Other: D R Z	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Gum	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	/day	2mg 4mg Other: D R Z	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z

Zyban	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Chantix/ Vareniclin e	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Lozenge	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	/day	2mg 4mg Other: D R Z	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
Other:     Other:	Yes No D R Z	days/weeks/ months Don't Know Refused Not Asked	NOT ASKED	NOT ASKED	Yes No D R Z	Bought Given to me Help/Quit line Insurance Other: Don't Know Refused Not Asked	\$0, Nothing \$1-30 \$31-50 \$51-100 More than \$100 D R Z
D R Z							

# 12. Trong khoäng th©i gian này, bån có tham gia nh»ng chÜÖng trình khác ho¥c dùng nh»ng phÜÖng pháp khác Ç< giúp bån cai không?

During this time, did you use any other programs or methods to quit smoking?

(Note to evaluator: these should be separate from quit aids)

Yes Which one?
No
Don't know
Refused
Not asked

#### 13. IF DIDN'T USE ANY QUITTING AID..

Lš do nào khi‰n bån không dùng bÃt cÙ m¶t loåi dÜ®c phÄm cai thuÓc

nào?

What was your main reason for deciding not to use any quitting aids?

- Medi-Cal/Insurance plan
  Too expensive
  Side effects
  Do it on my own
  Decided not to quit
  Won't work for me
  Never received from ASQ Trung Tâm Cai ThuÓc Lá
  Delivery took too long
  Other
  Don't Know
  Refused
  Not Asked
- 14. Bản có Çang dùng các loải thuỐc khác có chÙa nicotine nhÜ thuỐc nhai, thuỐc lá b¶t, xì gà, Óng Çi‰u (Óng píp) không?
  - Do you currently use any other form of tobacco, such as chew/snuff, cigars or pipes?
    - \_\_No \_\_Don't know \_\_Refused

Loåi nào?

Which ones?

Chew Cigars

> \_\_\_Pipes Other:

If CHEW/SNUFF: Bån nhai hay hít bao nhiêu thuốc m‡i tuần? How much tobacco do you use per week?

Don't know	Refused
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If CHEW/SNUFF: ñó là h¶p hay túi nhÕ? Is that cans or pouches?

If CIGARS: M‡i tuÀn, bån hút mÃy Çi‰u xì gà? How many do you smoke per week?

Don't know	Refused
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15. N‰u b¦t ÇÀu cai thuÓc lá hôm nay, bản t¿ tin ÇÜ®c bao nhiêu là bản có th< bÕ hút thuÓc tr†n m¶t tuÀn lĺ?

If you were to quit today, how confident are you that you could go without smoking for one week, would you say: very confident, confident, or not confident?

Bản t¿ tin ÇÜ®c bao nhiêu là bản có th< ti‰p tøc cai tr†n m¶t tuÀn t§i? Bản nghĩ là bản rẤt t¿ tin, t¿ tin, hay không t¿ tin?

How confident are you that you could continue without smoking for one week, would you say: very confident, confident, or not confident?

□ Very Confident

- □ Confident
- □ Not Confident
- Don't know
- □ Refused

16. Bån có l©i khuyên nào quan tr†ng nhÃt Ç< nh¡n låi cho nh»ng ngÜ©i Çang cÓ g¡ng cai thuÓc lá (NhÛng gì Çã giúp bån cai thuÓc)?

Briefly what is the most important advice you would offer to someone who's trying to quit smoking? (Was there anything in particular that helped you?)

□ Advice: \_\_\_\_

None

Don't know

□ Refused

**END EVAL:** ñây là tẤt cä nh»ng câu chúng tôi cÀn hÕi bån. Cám bån Çã bÕ chút thì gi© trä l©i chúng tôi. Those are all the questions I have for you, thank you for your time. Comments: