# 2022 BRFSS Field Test for 2023 Questionnaire DRAFT



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## OMB Header and Introductory Text

Read if necessary	Read	Interviewer instructions
		(not read)
Public reporting burden of this		Form Approved
collection of information is		OMB No. 0920-1061
estimated to average 13 minutes		Exp. Date 12/31/2024
per response, including the time for reviewing instructions,		Interviewers do not
searching existing data sources,		need to read any part
gathering and maintaining the		of the burden estimate
data needed, and completing and		nor provide the OMB
reviewing the collection of		number unless asked
information. An agency may not		by the respondent for
conduct or sponsor, and a person		specific information. If a respondent asks for
is not required to respond to a		the length of time of
collection of information unless it		the interview provide
displays a currently valid OMB		the most accurate
control number. Send comments regarding this burden estimate or		information based on
any other aspect of this collection		the version of the
of information, including		questionnaire that will be administered to
suggestions for reducing this		that respondent. If the
burden to CDC/ATSDR Reports		interviewer is not sure,
Clearance Officer; 1600 Clifton		provide the average
Road NE, MS D-74, Atlanta,		time as indicated in
Georgia 30333; ATTN: PRA (0920-		the burden statement.
1061).		If data collectors have questions concerning
		the BRFSS OMB
		process, please
		contact Carol
		Pierannunzi at
		<u>ivk7@cdc.gov</u> .
	HELLO, I am calling for the [STATE	States may opt not to
	OF xxx] Department of Health. My name is (name). We are gathering	mention the state name to avoid refusals by out of
	information about the health of	state residents in the cell
	US residents. This project is	phone sample.
	conducted by the health	
	department with assistance from	If cell phone respondent
	the Centers for Disease Control	objects to being contacted
	and Prevention. Your telephone	by state where they have
	number has been chosen	never lived, say:
	randomly, and I would like to ask	"This survey is conducted by
	some questions about health and health practices.	all states and your information will be
		forwarded to the correct
		state of residence"

## Landline Introduction

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWIS E NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s) cell phone san	Column(s)

### **Cell Phone Introduction**

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CP01.	Is this a safe time	SAFETIME	1 Yes	Go to CP02		
	to talk with you?	SAFETIME	2 No	([set appointment if possible]) TERMINATE]	Thank you very much. We will call you back at a more convenient time.	
CP02.	Is this [PHONE	CTELNUM1	1 Yes	Go to CP03		
	NUMBER]?		2 No	TERMINATE		
CP03.	Is this a cell phone?	CELLFON5	1 Yes	Go to CADULT1		
			2 No	TERMINATE	If "no": thank you very much, but we are only interviewing persons on cellular telephones at this time	
CP04.	Are you 18 years of age or older?	CADULT1	1 Yes			
			2 No	TERMINATE	Read: Thank you very much but we are only interviewing persons aged 18 or older at this time.	
CP05a.	Are you ?	***NEW***	Please read: 1 Male 2 Female 3 Unspecified or another gender identity	Go to CP06.		New question tested with half the field test sample from Collecting

			Do not read: 7 Don't know/Not sure 9 Refused			SOGI Data: Principles and Practices presentation; May 17, 2022 by Bob Sivinski, FCSM SOGI Interest Group
CP05b.	Are you male or female?	***NEW***	1 Male 2 Female 7 Don't know/Not sure 9 Refused	Read if necessary: "What sex were you assigned at birth on your original birth certificate?" Go to CP06.		Sex question from 2022 NHIS to be tested with other half of the field test sample.
СРОб.	Do you live in a private residence?	PVTRESD3	1 Yes	Go to CP08	Read if necessary: By private residence we mean someplace like a house or apartment Do not read: Private residence includes any home where the respondent spends at least 30 days including vacation homes, RVs or other locations in which the respondent lives for portions of the year.	

CP07.Do you live in college housing?CCLGHOUS1 YesGo to CP08Read if necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.2 NoTERMINATERead if necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.2 NoTERMINATERead if necessary: By college outing arrangement you very much, but we are only interviewing persons who live in private residences or college housing at				2 No	Go to CP07	
you very much, but we are only interviewing persons who live in private residences or college	CP07.	-	CCLGHOUS			necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or
				2 No	TERMINATE	a college or university. Read: Thank you very much, but we are only interviewing persons who live in private residences or college
	CP08.	Do you currently live in(state)?	CSTATE1	1 Yes 2 No	Go to CP10 Go to CP09	

CP09.	In what state do	RSPSTAT1	1 Alabama		
	you currently		2 Alaska		
	live?		4 Arizona		
			5 Arkansas		
			6 California		
			8 Colorado		
			9 Connecticut		
			10 Delaware		
			11 District of		
			Columbia		
			12 Florida		
			13 Georgia		
			15 Hawaii		
			16 Idaho		
			17 Illinois		
			18 Indiana		
			19 Iowa		
			20 Kansas		
			21 Kentucky		
			22 Louisiana		
			23 Maine		
			24 Maryland		
			25		
			Massachusetts		
			26 Michigan		
			27 Minnesota		
			28 Mississippi		
			29 Missouri		
			30 Montana		
			31 Nebraska		
			32 Nevada		
			33 New		
			Hampshire		
			34 New Jersey		
			35 New		
			Mexico		
			36 New York		
			37 North		
			Carolina		
			38 North		
			Dakota		
			39 Ohio		
			40 Oklahoma		
			41 Oregon		
			42		
			Pennsylvania		
			44 Rhode		
			Island		
			45 South		
			Carolina		

	older?			
Transition		I will not ask		
to section		for your last		
1.		name,		
		address, or		
		other personal		
		information		
		that can		
		identify you.		
		You do not		
		have to		
		answer any		
		question you		
		do not want		
		to, and you		
		can end the		
		interview at		
		any time. Any		
		information		
		you give me		
		will not be		
		connected to		
		any personal		
		information.		
		If you have		
		any questions		
		about the		
		survey, please		
		call (give		
		appropriate		
		state		
		telephone		
		 number).		

#### Core Section 1: Health Status

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHS.01	Would you say that in general your health is —	GENHLTH	Read: 1 Excellent 2 Very Good 3 Good 4 Fair 5 Poor Do not read: 7 Don't know/Not sure 9 Refused			

## Core Section 2: Healthy Days

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHD.01	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	PHYSHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused		88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	
CHD.02	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	MENTHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused		88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	
				Skip CHD.03 if CHD.01, PHYSHLTH, is 88 and CHD.02, MENTHLTH, is 88		
CHD.03	During the past 30 days, for about how many days did poor physical	POORHLTH	Number of days (01- 30) 88 None 77 Don't		88 may be coded if respondent says "never" or "none" It is not necessary to ask	

or mental	know/not	respondents to
health keep	sure	provide a number
you from doing	99 Refused	if they indicate
your usual		that this never
activities, such		occurs.
as self-care,		
work, or		
recreation?		

## Core Section 3: Health Care Access

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Comments
CHCA.01	Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare, or Indian Health Service?	HLTHPLN1	1 Yes 2 No 7 Don't know/Not Sure 9 Refused			Question included for field test
CHCA.01	What is the current primary source of your health insurance?		Read if necessary:01 A plan purchased through an employer or union (including plans purchased through another person's employer)02 A private nongovernmental plan that you or another family member buys on your own 03 Medicare 04 Medigap 05 Medicaid 06 Children's Health Insurance Program (CHIP) 07 Military related health care: TRICARE (CHAMPUS) / VA health care /		If respondent has multiple sources of insurance, ask for the one used most often. If respondents give the name of a health plan rather than the type of coverage ask whether this is insurance purchased independently, through their employer, or whether it is through Medicaid or CHIP.	This question was taken from an optional module used in BRFSS from 2014 through 2020. The question was used to replace the previous health care coverage question in the 2021 BRFSS core and continues in use for 2022. The phrase "health care coverage" was changed to "health Insurance" to improve understanding of the term by respondents.

			CHAMP- VA 08 Indian Health Service 09 State sponsored health plan 10 Other government program 88 No coverage of any type 77 Don't Know/Not Sure 99 Refused		
CHCA.02	Do you have one person (or a group of doctors) that you think of as your personal health care provider?		1 Yes, only one 2 More than one 3 No 7 Don't know / Not sure 9 Refused	If no, read: Is there more than one, or is there no person who you think of as your personal doctor or health care provider? NOTE: if the respondent had multiple doctor groups then it would be more than one—but if they had more than one doctor in the same group it would be one.	
CHCA.03	Was there a time in the past 12 months when you needed to see a doctor but could not because you could not afford it?		1 Yes 2 No 7 Don't know / Not sure 9 Refused		
CHCA.04	About how long has it been since you last visited a doctor for a routine checkup?	CHECKUP1	Read if necessary: 1 Within the past year (anytime less than 12	Read if necessary: A routine checkup is a general physical exam,	

months ago)	not an exam for	
_		
2 Within the past	a specific injury,	
2 years (1 year	illness, or	
but less than 2	condition.	
years ago)		
3 Within the past		
5 years (2 years		
but less than 5		
years ago)		
4 5 or more years		
ago		
Do not read:		
7 Don't know /		
Not sure		
8 Never		
9 Refused		

## Core Section 4: Exercise (Physical Activity)

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CEXP.01	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	EXERANY2	1 Yes 2 No 7 Don't know/Not Sure 9 Refused	Go to C 11.08	If respondent does not have a regular job or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.	
CEXP.02	What type of physical activity or exercise did you spend the most time doing during the past	EXRACT11	Specify from Physical Activity Coding List 77 Don't know/ Not	Go to C11.08	See Physical Activity Coding List. If the respondent's activity is not included in the physical activity	

	month?		Sure 99 Refused		coding list, choose the option listed as "other".	
CEXP.03	How many times per week or per month did you take part in this activity during the past month?	EXEROFT1	1Times per week 2Times per month 777 Don't know / Not sure 999 Refused			
CEXP.04	And when you took part in this activity, for how many minutes or hours did you usually keep at it?	EXERHMM1	_: Hours and minutes 777 Don't know / Not sure 999 Refused			
CEXP.05	What other type of physical activity gave you the next most exercise during the past month?	EXRACT21	<ul> <li>Specify from Physical Activity List</li> <li>88 No other activity</li> <li>77 Don't know/ Not Sure</li> <li>99 Refused</li> </ul>	Go to CEXP.08	See Physical Activity Coding List. If the respondent's activity is not included in the physical activity coding list, choose the option listed as "other".	
CEXP.06	How many times per week or per month did you take part in this activity during the past month?	EXEROFT2	1Times per week 2Times per month 777 Don't know / Not sure			

			999 Refused		
CEXP.07	And when you took part in this activity, for how many minutes or hours did you usually keep at it?	EXERHMM2	_: Hours and minutes 777 Don't know / Not sure 999 Refused		
CEXP.08	During the past month, how many times per week or per month did you do physical activities or exercises to strengthen your muscles?	STRENGTH	1 Times per week 2Times per month 888 Never 777 Don't know / Not sure 999 Refused	Do not count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.	

## Core Section 5: Demographics

	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column( s)
CDEM.0	What is	AGE	Code age in years			
1	your age?		07 Don't know / Not			
			sure			
			09 Refused			
CDEM.0	Are you	HISPANC3	If yes, read: Are you		One or more	
2	Hispanic,		1 Mexican, Mexican		categories	

CDEM.0 3	Latino/a, or Spanish origin? Which one or more of the following would you say is your race?	MRACE1	American, Chicano/a 2 Puerto Rican 3 Cuban 4 Another Hispanic, Latino/a, or Spanish origin Do not read: 5 No 7 Don't know / Not sure 9 Refused Please read: 10 White 20 Black or African American 30 American Indian or Alaska Native 40 Asian 41 Asian Indian 42 Chinese 43 Filipino 44 Japanese 43 Filipino 44 Japanese 45 Korean 46 Vietnamese 45 Korean 46 Vietnamese 47 Other Asian 50 Pacific Islander 51 Native Hawaiian 52 Guamanian or Chamorro 53 Samoan 54 Other Pacific Islander Do not read: 60 Other 88 No choices 77 Don't know / Not sure		may be selected.	
			77 Don't know / Not sure 99 Refused		choices.	
				If more than one response to CDEM.03; continue. Otherwise, go to CDEM.05		
CDEM.0 5	Are you	MARITAL	Please read: 1 Married 2 Divorced 3 Widowed			

			4 Separated 5 Never married Or 6 A member of an unmarried couple Do not read: 9 Refused		
CDEM.0 6	What is the highest grade or year of school you completed ?	EDUCA	Read if necessary: 1 Never attended school or only attended kindergarten 2 Grades 1 through 8 (Elementary) 3 Grades 9 through 11 (Some high school) 4 Grade 12 or GED (High school graduate) 5 College 1 year to 3 years (Some college or technical school) 6 College 4 years or more (College graduate) Do not read: 9 Refused		
CDEM.0 7	Do you own or rent your home?	RENTHOM 1	1 Own 2 Rent 3 Other arrangement 7 Don't know / Not sure 9 Refused	Other arrangemen t may include group home, staying with friends or family without paying rent. Home is defined as the place where you live most of the place where you live most of the time/the majority of the year. Read if necessary: We ask this question in order to compare health	

CDEM.0 8	In what county do you currently live?	CTYCODE2	ANSI County Code 777 Don't know / Not sure 999 Refused 888 County from another state		indicators among people with different housing situations.	
CDEM.0 9	What is the ZIP Code where you currently live?	ZIPCODE1	77777 Do not know 99999 Refused			
				If cell interview go to CDEM12		
CDEM.1 0	Not including cell phones or numbers used for computers , fax machines or security systems, do you have more than one landline telephone number in your household ?	NUMHHOL 3	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CDEM.12		
CDEM.1 1 CDEM.1	How many of these landline telephone numbers are residential numbers? How many	NUMPHON 3 CPDEMO1	Enter number (1-5) 6 Six or more 7 Don't know / Not sure 8 None 9 Refused Enter number (1-5)	Last question	Do not	

2	cell phones do you have for your personal use?	В	6 Six or more 7 Don't know / Not sure 8 None 9 Refused	needed for partial complete.	include cell phones that are used exclusively by other members of your household. Read if necessary: Include cell phones used for both business and personal use.	
CDEM.1 3	Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?	VETERAN3	1 Yes 2 No 7 Don't know / Not sure 9 Refused		Read if necessary: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.	
CDEM.1 4	Are you currently ?	EMPLOY1	Read: 1 Employed for wages 2 Self-employed 3 Out of work for 1 year or more 4 Out of work for less than 1 year 5 A Homemaker 6 A Student 7 Retired Or 8 Unable to work Do not read: 9 Refused		If more than one, say "select the category which best describes you".	

CDEM.1 5	How many children less than 18 years of age live in your household ?	CHILDREN	Number of children 88 None 99 Refused			
CDEM.1 6	i Is your annual household income from all sources—	INCOME2	Read if necessary: 01 Less than \$10,000? 02 Less than \$15,000? (\$10,000 to less than \$15,000) 03 Less than \$20,000? (\$15,000 to less than \$20,000) 04 Less than \$25,000 05 Less than \$25,000 lf (\$25,000 to less than \$35,000) 06 Less than \$50,000 lf (\$35,000 to less than \$50,000) 07 Less than \$75,000? (\$50,000 to less than \$75,000) 08 Less than \$100,000? (\$75,000 to less than \$100,000) 09 Less than \$150,000? (\$100,000 to less than \$150,000? 10 Less than \$200,000? (\$150,000 to less than \$200,000) 11 \$200,000 or more Do not read: 77 Don't know / Not sure 99 Refused	SEE CATI information of order of coding; Start with category 05 and move up or down categories.	If respondent refuses at ANY income level, code '99' (Refused)	
				Skip if Male (MSAB.01, BIRTHSEX, is coded 1). If MSAB.01=missi ng and (CP05=1 or LL12=1; or LL09 = 1 or LL07 =1). Or Age >49		

CDEM.1 7	To your knowledge , are you now pregnant?	PREGNANT	1 Yes 2 No 7 Don't know / Not sure 9 Refused		
CDEM.1 8	About how much do you weigh without shoes?	WEIGHT2	Weight (pounds/kilograms) 7777 Don't know / Not sure 9999 Refused	If respondent answers in metrics, put 9 in first column. Round fractions up	
CDEM.1 9	About how tall are you without shoes?	HEIGHT3	/ Height (ft / inches/meters/centimete rs) 77/ 77 Don't know / Not sure 99/ 99 Refused	If respondent answers in metrics, put 9 in first column. Round fractions down	

## Emerging Core: Long-term COVID Effects

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
COVID.0 1	Have you ever tested positive for COVID-19 (using a rapid point-of- care test, self-test, or laboratory test) or been told by a doctor or other health care	***REPLACE***	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Skip to next section		This question is the one used in the Census Bureau's Household Pulse Survey fielded in June, 2022
	provider that you					

	have or had COVID- 19?"					
COVID.0 2	Do you currently have symptoms lasting 3 months or longer that you did not have prior to having coronavirus or COVID-19?	***REPLACE***	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Skip to next section	Read if necessary: - Tiredness or fatigue - Difficulty thinking or concentrating or forgetfulness/ memory problems (sometimes (sometimes referred to as "brain fog") - Difficulty breathing or shortness of breath - Joint or muscle pain - Fast-beating or pounding heart (also known as heart palpitations) or chest pain - Dizziness on standing -menstrual changes - Symptoms that get worse after physical or mental activities Loss of taste	The 2022 question assessed period prevalence (from start of pandemic to survey date). Point prevalence will be more useful in 2023 for assessing health care needs because it will more closely reflect ongoing the burden of long-term symptoms as transmission wanes.
COVID.0 3	Do these long-term symptoms reduce your ability to carry out day-to-	***NEW***	1 Yes, a lot 2 Yes, a little 3 Not at all 7 Don't know / Not sure 9 Refused			Assessment of functional impairment is necessary to describe the impact of long-term

Image: Section of the section of th
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## Closing Statement/ Transition to Modules

Read if necessary	Read	CATI instructions (not read)
That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.		Read if no optional modules follow, otherwise continue to optional modules.

## **Optional Modules**

### Module 1: COVID Vaccination

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewe r Note (s)	Comments
MCOV.0 1	Have you received at least one dose of a	COVIDVA1	1 Yes	Go to MCOV.03 (COVIDNUM )		
	COVID-19 vaccination?		2 No	Go to MCOV.02 (COVACGET)		
			7 Don't know / Not sure 9 Refused	GOTO Next module		
MCOV.0 2	Would you say you will definitely get a vaccine, will probably get a vaccine, will probably not get a vaccine, will definitely not get a vaccine, or are you not sure?	COVACGET	1 = Will definitely get a vaccine 2 = Will probably get a vaccine 3 = Will probably not get a vaccine 4 = Will definitely not get a vaccine 7 = Don't know/Not sure 9 = Refused	Go to next section		
MCOV.0 3	How many COVID-19 vaccinations have you received?	***RESPONSE CHANGED***	1 One 2 Two 3 Three 4 Four 5 Five or more 7 Don't know / Not sure			With new recommendations for additional and booster doses possible by 2023, some respondents could have received as many as 5

			9 Refused	recommended
				doses
MCOV.0	Which of the	***REPLACE**	1 = Already	Since the creation
4	following	*	received all	of this optional
	best		recommende	module, CDC has
	describes		d doses,	changed the
	your intent		including	definition of "up
	to take		boosters	to date" for
	COVID		2 = Plan to	COVID-19
	vaccinations		receive all	vaccination to
	?		recommende	include booster
			d doses	doses, so adding
			3 = Do not	clarifying language
			plan to	to the question to
			receive all	explain that it
			recommende	includes booster
			d doses	doses and not just
			7 = Don't	the initial COVID-
			know/Not	19 vaccine series.
			sure	Will cognitively
			9 = Refused	test to see if
				anchoring
				categories to
				"recommendation
				s is informative
				and will compare
				answers with
				MCOV.03 to see if
				both questions are
				needed

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				If respondent is 45 years of age or older continue, else go to next module.		
M13.01	The next few questions ask about difficulties in thinking or memory that can make a big difference in everyday activities. We want to know how these difficulties may have impacted you. During the past 12 months, have you experienced difficulties with thinking or memory that are happening more often or are getting worse?	***REPLACE***	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Go to next module		The introduction was shortened to: Reduce time needed to administer. Remove mention of specific activities from the current introduction (i.e. "forgetting how to do things you've always done"). These activities were removed to avoid priming respondents to answer one way or another. The question was changed, Removed "confusion." Current research on subjective cognitive decline (SCD) does not suggest confusion is a major

## Module 2: Cognitive Decline

M13.02	Are you worried about these difficulties with thinking or memory?	***NEW***	1 Yes 2 No 7 Don't know/ not sure 9 Refused		component of SCD. "Difficulties with thinking or memory" was a specific suggestion for phrasing by the individuals living with early-stage dementia and reflected how they would have first described their subjective symptoms with cognition. This is a new question. Current research on subjective cognitive decline (SCD) suggests a strong correlation between those who express worry about their difficulties with thinking or memory and future risk of developing dementia. This data will further identify
					population burden of cognitive impairment.
M13.03	Have you or anyone else discussed your difficulties with thinking or memory with a health care provider?	***REPLACE***	1 Yes 2 No 7 Don't know/ not sure 9 Refused		The change to "provider" is to align with other questions on the BRFSS. The proposed change of order — to move the question to third

						rather than last
						<ul> <li>is to improve</li> </ul>
						the flow of
						questions and
						place
						similar/cascading
						questions next
						to one another.
N412 04	During the next		1 \/ aa			Based on current
M13.04	During the past	***REPLACE***	1 Yes			
	12 months,		2 No			research on
	have your		7 Don't			subjective
	difficulties with		know/ not			cognitive decline
	thinking or		sure			(SCD), the
	memory		9 Refused			proposed
	interfered with					activities listed
	day-to-day					align well with
	activities, such					difficulties first
	as managing					noted by those
						· · ·
	medications,					experiencing
	paying bills, or					SCD. Clinical
	keeping track					researchers on
	of					the advisory
	appointments?					group noted that
						the cognitive
						effort required
						for "paying bills"
						was different
						than the effort
						required to
						"clean."
						CIEdil.
						Further, the
						input from those
						living with early-
						stage dementia
						cited "managing
						medications"
						and "paying
						bills" as two of
						the activities
						when they first
						noticed cognitive
						issues in
						themselves.
						"keeping track of
						appointments"
						was added as
						another example
						that required
						, similar cognitive
	1	1		1	1	summer cognitive

					load.
					The decision to change "given up" to "interfered with" was to resolve the ambiguity around what "given up" meant. The advisory group noted that "interfered with" would be easier for respondents
M13.05	During the past 12 months, have your difficulties with thinking or memory interfered with your ability to work or volunteer?	****REPLACE****	1 Yes 2 No 7 Don't know/ not sure 9 Refused		to answer. This question was simplified to ascertain additional burden among those experiencing subjective cognitive decline (SCD). "engage in social activities" was removed due to mild confusion over what the phrase meant. "outside the home" was removed since respondents may work or volunteer from home.

## **Closing Statement**

#### Read

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.

## Activity List for Common Leisure Activities

(To be used for Section 4: Exercise/Physical Activity)

Code Description (Physical Activity, Questions CEXP.2 and CEXP.5 above)

- 01. Walking
- 02. Running or jogging
- 03. Gardening or yard work
- 04. Bicycling or bicycling machine exercise
- 05. Aerobics video or class
- 06. Calisthenics
- 07. Elliptical/EFX machine exercise
- 08. Household activities
- 09. Weight lifting
- 10. Yoga, Pilates, or Tai Chi
- 11. Other
- Proposed reducing from 75 activities to 10 activities
- Derived using most frequently reported activities
- Combined some activities based on intensity and using NHIS as guide