

OMB 0703-0036 EXP: 01-OCT-2020

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Candidate
Grace Gwentyth Test / 630000

Click [here](#) for instructions.

The above named U.S. Naval Academy Candidate is in the process of applying for an appointment in the United States Naval Academy and has designated you to submit a Candidate Fitness Assessment on his or her behalf.

This assessment must be administered by a Physical Education Instructor/Coach, Active Duty Commissioned Officer, current JROTC or ROTC Instructor, or Blue and Gold Officer.

Please read Instructions thoroughly and complete this assessment accurately. This is an integral portion of the Naval Academy application process and will be reviewed carefully by the United States Naval Academy Admissions Office.

Contact [USNA Admissions](#) if you have any questions or concerns regarding this assessment.

Date of Examination
• **Month** **Day** **Year**

This field is required.

Gender
• Please select an option

Height (Inches)
• Please select an option

• Weight (Pounds)

• Pull-Ups Completed

• Push-Ups Completed

• Basketball Throw (Feet)

• 40 Yard Shuttle Run: (Round to the Nearest Tenth of a Second)

• Abdominal Crunches Completed

• One Mile Run (Minutes)

• One Mile Run (Seconds)

Evaluator First Name
Candy

Evaluator Last Name
Coach

Evaluator Email
• singleto@usna.edu

• Evaluator Phone

• Evaluator Job Title

Please complete the missing fields.

REVIEW RECOMMENDATION