

National Health and Nutrition Examination Survey

Attachment 14c DATE

NAME STREET ADDRESS CSZ

Dear Parent:

This is a reminder of your child's appointment for our free health survey examination on **DAY**, **DATE at TIME** at our Mobile Examination Center. We are located at MEC ADDRESS ST CSZ. Our telephone number is 1-855-958-0631. For your convenience, we are enclosing directions to the Mobile Examination Center.

Please follow the attached instructions. Your child's examination is very important to the success of our health survey. Without your child's help, our nation's health data findings will not be complete. This is why it is essential that you keep your child's appointment as scheduled.

Let me also assure you again that everything we learn from your child's examination will be kept confidential. The results of the examination will be sent directly to you in about 3 to 4 months from the day of your child's examination.

Please do not hesitate to call our office if you have any questions. Thank you again for your time and help with this important health survey.

Sincerely yours,

SM NAME Study Manager

Enclosures SPID

Centers for Disease Control and Prevention National Center for Health Statistics

WHAT TO DO FOR THE EXAM APPOINTMENT:

On the day of the exam, your child should follow these instructions:

- Since your child is under 12 years of age, <u>no fasting is required</u> for the exam. Your child may eat as he or she normally would.
- Your child should take prescriptions, vitamins, supplements, and non-prescription medicines as he or she normally would.
- Please leave any jewelry at home and do bring a sweater if your child gets cold easily.

Special note for parents of children 3 to 5 years old:

- When your child comes for their exam, we hope to obtain a urine specimen in the exam center to test for environmental chemicals which can be found in urine.
- DO NOT BRING A URINE SPECIMEN WITH YOU. It needs to be collected in the mobile examination center.
- We will ask that you assist your child obtain this specimen while in the bathroom at the mobile
 examination center. If you could give your child something to drink before coming to the exam, then it
 might be easier to obtain a specimen during the examination. Any drink you would like to give to your
 child is fine, and they can eat their regular meals before coming to the exam. Food or drinks will not
 interfere with the laboratory tests.