



National Health and Nutrition Examination Survey

ATTACHMENT 10e

Hello,

We recently sent you an invitation to do a short survey, as part of the National Health and Nutrition Examination Survey (NHANES). If you already did it, thank you!

The answers to the survey tell us if you are eligible to be in NHANES, a study that has improved people's health for 60 years. NHANES is run by the National Center for Health Statistics at the Centers for Disease Control and Prevention.

Information learned from NHANES:

- Helped create growth charts that doctors use
- Showed that high cholesterol causes heart disease
- Taught us about dangerous chemicals in gasoline and food
- And much more!

To do the survey, either:

- Go to [<https://www.cdc.gov/nchs/nhanes/survey.htm>]. Your secure passcode is [xxxx-xxxx-xxxx-xx].
- Call us at 1-855-958-0631 to speak to a study representative
- Fill out the enclosed survey form. Return it in the envelope.

Thank you for your help,

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Chief Medical Officer, Division of Health and Nutrition Examination Surveys
National Center for Health Statistics, Centers for Disease Control and Prevention

Assurance of Confidentiality – We take your privacy very seriously. All information that relates to or describes identifiable characteristics of individuals, a practice, or an establishment will be used only for statistical purposes. NCHS staff, contractors, and agents will not disclose or release responses in identifiable form without the consent of the individual or establishment in accordance with section 308(d) of the Public Health Service Act (42 U.S.C. 242m) and the Confidential Information Protection and Statistical Efficiency Act of 2018 (Title III of the Foundations for Evidence-Based Policymaking Act of 2018 (Pub. L. No. 115-435, 132



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Stat. 5529 § 302)). In accordance with CIPSEA, every NCHS employee, contractor, and agent has taken an oath and is subject to a jail term of up to five years, a fine of up to \$250,000, or both if he or she willfully discloses ANY identifiable information about you.



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