

## Appendix E.1 – Pre-ordering App Examples - Paper

This attachment provides possible examples of the paper pre-ordering apps.

- Exhibit 1: This is a paper pre-ordering app template. This first app allows students to choose from the full-range of items available in the cafeteria.
- Exhibit 2: Also a paper-based pre-ordering app, this second example gives students a range of meal options but does not include a la carte items that are available in the cafeteria. This example also encourages students to select a complete meal by suggesting students select three components from the menu options.
- Exhibit 3: This is the last of the paper-based pre-ordering apps and is the most restrictive pre-ordering option, whereby students select from a small number of complete meals and do not select individual components.

**Exhibit 1**

Example of a possible, generic format for a school meal pre-ordering form – Version 1 (full menu)

Student's Name \_\_\_\_\_

Student ID \_\_\_\_\_

**Lunch (please circle the items you want for your lunch)**

**Cold Entrées:** Salad A                      Salad B                      Salad C  
                         Deli Sandwich A                      Deli Sandwich B                      Deli Sandwich C

**Hot Entrées:** Grilled entrée A                      Grilled entrée B                      Vegetarian entrée  
                         Baked entrée A                      Baked entrée B                      Pasta entrée

**Sides:** Fresh fruit A                      Fresh fruit B                      Fruit mixture A  
                         Vegetable A                      Vegetable B                      Vegetable C

**Drinks:** Fat-free milk                      Flavored fat-free milk  
                         Reduced-fat milk                      Flavored reduced-fat milk  
                         100% juice                      100% juice fruit smoothie

**A la carte:** Granola                      String Cheese                      Yogurt  
                         Whole grain cookie                      Baked chips                      Popcorn  
                         100% juice slushies                      muffins                      Reduced-sugar fruit snacks

According to the Paperwork Reduction Act of 1995, an agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0584-0524. The time required for a student to select his or her meal is estimated to average one (1) minute. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: U.S. Department of Agriculture, Food and Nutrition Services, Office of Policy Support, 3101 Park Center Drive, Room 1014, Alexandria, VA 22302, ATTN: PRA (0584-0524). Do not return the completed form to this address.

**Exhibit 2**

Example of a possible, generic format for a school meal pre-ordering form – Version 2 (limited menu)

Student's Name \_\_\_\_\_

Student ID \_\_\_\_\_

**Lunch (please circle at least one entrée, one side, and one drink)**

- |                      |   |  |                                   |
|----------------------|---|--|-----------------------------------|
| <b>Cold Entrées:</b> | Salad A<br>Deli Sandwich A                      | Salad B<br>Deli Sandwich B   | Salad C<br>Deli Sandwich C        |
| <b>Hot Entrées:</b>  | Grilled entrée A<br>Baked entrée A              | Grilled entrée B<br>Baked entrée B   | Vegetarian entrée<br>Pasta entrée |
| <b>Sides:</b>        | Fresh fruit A<br>Vegetable A                    | Fresh fruit B<br>Vegetable B   | Fruit mixture A<br>Vegetable C    |
| <b>Drinks:</b>       | Fat-free milk<br>Reduced-fat milk<br>100% juice | Flavored fat-free milk<br>Flavored reduced-fat milk<br>100% juice fruit smoothie |                                   |

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**Exhibit 3**

Example of a possible, generic format for a school meal pre-ordering form – Version 3 (reimbursable meals only)

Student's Name \_\_\_\_\_

Student ID \_\_\_\_\_

**Lunch (please circle the meal you've selected)**

<b>Meal 1</b>	Salad B	Fresh fruit A	Flavored reduced-fat milk
<b>Meal 2</b>	Deli Sandwich A	Vegetable C	Fat-free milk
<b>Meal 3</b>	Vegetarian entrée	Fresh fruit B	100% juice fruit smoothie
<b>Meal 4</b>	Grilled entrée A	Vegetable B	Reduced-fat milk
<b>Meal 5</b>	Pasta entrée	Fresh fruit B	Flavored fat-free milk

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