

**1ATTACHMENT 5**

**DATA COLLECTION TOOL #3**

Interview Guide: Million Hearts® Hypertension Control Champion

## Million Hearts® 2022 Hypertension Control Champions

### Interview Guide : Success Story

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Congratulations! Million Hearts® has selected your team as a good example of attaining impressive hypertension control numbers and would like to highlight your practice in a short success story to be featured on the Million Hearts® website. We hope to weave together your experience with that of fellow practices and health systems that have also demonstrated success in this area in order to educate and inspire other health care professionals to adopt similar tactics.

**Instructions:** Please use this worksheet to describe your challenges, approach, and strategies in successfully reaching an 80% control rate among your patients with hypertension. Be as specific as possible. Million Hearts® and Palladian Partners will use the completed questionnaire to develop your success story.

#### Champion Information

- Name of health care professional/practice/health system:
- Primary point of contact (name, title, email, telephone):

#### Patient Demographics

- How many total patients and adult patients with hypertension do you serve annually?
- Are there other clinics in your area?
- Describe some of the characteristics of your hypertensive patient population (e.g., uninsured or under insured, low English proficiency, comorbidities) (150–250 words).

#### Challenge and Approach

- Describe the unique challenges you or your practice encountered on your journey to hypertension control (150–250 words).
- What are your patients' biggest barriers to hypertension control?
- Describe your or your team's approach to hypertension control (150–250 words).
- Describe quantitative and/or qualitative results your team saw after implementing your approach (e.g., percentage of patients with hypertension under control, changes in health outcomes, other benefits measured) (150–200 words).

#### Strategies for Success

- List 3–4 of the most important success strategies you used to overcome the challenges mentioned above.
- What resources did you use to achieve greater hypertension control in your patients?

- What advice would you give other clinicians or practices about how to achieve hypertension control?
- Share 1–2 quotes from staff or team members (include attribution and affiliation). Quotes may be modified for length or style in the final success story.

### Program Photos

Please include 1–3 high-resolution photos (e.g., of staff members or activities) as separate attachments with your completed questionnaire. Provide consent forms for any identifiable individuals in the photos.