

Form Approved OMB #0935-0118 Exp. Date 12/31/2018

**Self** 2018



## A Survey About Your Diabetes Care

The care of people with diabetes is an important concern of the U.S. Department of Health and Human Services. Please take a few minutes to answer the following questions on the care you received for your diabetes. Your participation is voluntary and all of your answers will be kept confidential to the extent permitted by law. If you have any questions about this survey, please call Alex Scott at 1-800-945-MEPS (6377).

| This survey should be completed by → | NAME: |                     |
|--------------------------------------|-------|---------------------|
|                                      | DOB:  | MONTH DAY YEAR PID: |
|                                      | RUID: |                     |

When you have completed the survey, return it to your interviewer.

This survey is authorized under 42 U.S.C. 299a. The confidentiality of your responses to this survey is protected by Sections 944(c) and 308(d) of the Public Health Service Act [42 U.S.C. 299c-3(c) and 42 U.S.C. 242m(d)]. Information that could identify you will not be disclosed unless you have consented to that disclosure. Public reporting burden for this collection of information is estimated to average 3 minutes per response, the estimated time required to complete the survey. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: AHRQ Reports Clearance Officer Attention: PRA, Paperwork Reduction Project (0935-0118) AHRQ, 5600 Fishers Lane Room #07W42, Rockville, MD 20857.



The Agency for Healthcare Research and Quality and The Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services



## A Survey About Your Diabetes Care

**Instructions:** Answer each question by marking one box  $\boxtimes$  or filling in a number when necessary. If you are unsure about how to answer a question, please give the best answer you can.

A **health professional** could be a general doctor, a specialist doctor, a nurse practitioner, a physician assistant, a nurse, or anyone else you would see for health care.

| 1. | Have you <b>ever</b> been told by a doctor or other health professional that you have diabetes or sugar diabetes?  MARK ONE.   | 3. | Which of the following year(s) did a doctor or other health professional check your feet for any sores or irritations?  MARK ALL THAT APPLY. |
|----|--|----|--|
|    | ☐ Yes → Please continue.   |    | ☐ During 2018  |
|    | No → Thank you for your time.<br>This survey is complete.  |    | ☐ During 2017 ☐ During 2016  |
| 2. | During 2017, how many times did a doctor, nurse, or other health professional check your <b>blood</b> for glycosylated hemoglobin  |    | ☐ Before 2016 ☐ Never  |
|    | or "hemoglobin A-one-C"?   | 4. | Which of the following year(s) did you have  |
|    | (A1C is a blood test to monitor the glucose level of diabetes over a period of several months. The A1C test is usually done in a lab, hospital, or doctor's office although a home kit containing materials for one or two tests is now available. The A1C test is not the same as |    | an eye exam in which your pupils were dilated? This would have made you temporarily sensitive to bright light.  MARK ALL THAT APPLY.         |
|    | a Home Glucose Monitoring test which is used at home<br>to monitor glucose levels on a daily or weekly basis,<br>and needs supplies of disposable test strips.)  |    | ☐ During 2018 ☐ During 2017  |
|    | If you had this blood test, fill in NUMBER OF TIMES  |    | ☐ During 2016 ☐ Before 2016  |
|    | ☐ Did not have A1C blood test  |    | □ Never  |
|    | ☐ Don't know   | 5. | Which of the following year(s) did you   |
|    | □ Never  |    | have your blood cholesterol checked?  MARK X ALL THAT APPLY.   |
|    |  |    | ☐ During 2018  |
|    |  |    | ☐ During 2017  |
|    |  |    | ☐ During 2016  |
|    |  |    | ☐ Before 2016  |
|    |  |    | □ Never  |



| 6.  | Which of the following year(s) did you get a flu vaccination (shot or nasal spray)?  MARK ☒ ALL THAT APPLY.  □ During 2018 □ During 2017 □ During 2016 □ Before 2016 □ Never |     | Is your diabetes being treated with insulin injections?  ☐ Yes ☐ No  During the last 12 months, have you learned how to take care of your diabetes? ☐ Yes ☐ Yes   |
|-----|--|-----|---|
| 7.  | Has your diabetes caused problems with your kidneys?  ☐ Yes ☐ No   | 13. | <ul> <li>No → Go to Question 14</li> <li>Which of the following methods have you used to learn to take care of your diabetes?</li> <li>MARK ☒ ALL THAT APPLY.</li> <li>Talking to a doctor/health professional</li> </ul> |
| 8.  | Has your diabetes caused problems with your eyes that needed to be treated by an ophthalmologist?  ☐ Yes ☐ No  |     | within your primary care practice  Talking to a doctor/health professional not in your primary care practice  Telephone call with a health professional  Reading about it on the Internet                                 |
| 9.  | Is your diabetes being treated by modifying your diet?  ☐ Yes ☐ No   | 14. | ☐ Taking a group class ☐ Other (specify) ☐ How confident are you in taking care of your diabetes?   |
| 10. | Is your diabetes being treated by medications taken by mouth?  Yes No  |     | □ Not confident at all □ Somewhat confident □ Confident □ Very confident □ Refused □ Don't know   |
|     | -  | PL  | EASE CONTINUE TO THE BACK COVER.  |



| Thouk you for taking the time to complete this important compar-                            |              |  |  |  |  |  |  |  |  |  |
|---|--------------|--|--|--|--|--|--|--|--|--|
| Thank you for taking the time to complete this important survey.                            |              |  |  |  |  |  |  |  |  |  |
| Please remember to return it to your interviewer.   |              |  |  |  |  |  |  |  |  |  |
| Date completed: MONTH DAY YEAR  |              |  |  |  |  |  |  |  |  |  |
| If this survey was not completed by the person named on the front page, who completed the s |              |  |  |  |  |  |  |  |  |  |
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| What is this person's relationship to the person named on the front page?                   |              |  |  |  |  |  |  |  |  |  |
| ☐ Husband or wife ☐ Mother, father, or guardian ☐ Other relative                            |              |  |  |  |  |  |  |  |  |  |
| ☐ Unmarried partner ☐ Son or daughter ☐ Not related   |              |  |  |  |  |  |  |  |  |  |
| What is the reason the person named on the front page did not complete the survey himse     | elf/herself? |  |  |  |  |  |  |  |  |  |
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| Data Year 2017  |              |  |  |  |  |  |  |  |  |  |