

# **Attachment 17**

## **24 Hour Wearable Devices Pilot**

Form Approved  
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Exp. Date XX/XX/20XX

**Notice** – CDC estimates the average public reporting burden for this collection of information as 25 hours per response, including the time for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/information needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Information Collection Review Office, 1600 Clifton Road, MS D-74, Atlanta, GA 30333; ATTN: PRA (0920-0950).

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Up to 1,000 additional persons might participate in tests of wearable devices, if budgeted, including devices worn for a 24-hour period. Including time for providing instructions or conducting end of project interviews etc. results in an average burden of 25 hours for these respondents.

Wearable or mobile health data collection devices are increasingly being used in clinical and research environments as well as in personal settings. This project would investigate the feasibility of incorporating wearable blood pressure monitors among NHANES respondents. Before full implementation on the NHANES, information would be needed in several operational areas such as: measurement validity, data access and transfer, data storage, data processing, and acceptability to respondents. The list of wearable health monitors that could be explored as potential data collection tools continues to grow. Possible measurements could include: balance, cardiac rhythms, cortisol, physical activity, posture, sedentary behavior, sleep, blood pressure and weight etc.

