OMB Control Number: 2900-0864

Expires October 31, 2025

RESPONDENT BURDEN: We need this information to identify and obtain the information you are requesting. Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 18.5 minutes to review the instructions, find the information, and complete this form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.

## 4306 VA Post-Separation Transition Assistance Program (TAP) Longitudinal Survey

Thinking back on the time when you were planning your separation from the military, the first series of questions are about the training you may have received under what is called the Transition Assistance Program, or "TAP." The TAP curriculum is comprised of several modules (or tracks or classes).

The following sections address important aspects of your life experiences over the past 12 months. We want to track how your perceptions of TAP have changed over time as well as understand what role it has played in you achieving your long-term transition goals.

1) To what extent do you agree or disagree with each of the following statements about VA TAP Benefits and Services briefings?

	Strongl y disagree	Disagre e	Neither agree nor disagre e	Agre e	Strongl y agree	Not applicabl e
Overall, the VA TAP Benefits and Services briefings were						

beneficial in helping me gain the information and skills I needed to prepare me for my post- military life.			
Overall, the courses provided the information I needed for a seamless transition to post-military life.			
Overall, I continue to use what I learned from the VA TAP Benefits and Services briefings.			
The information provided during the VA TAP Benefits and Services briefings courses continues to assist me in my transition to civilian employment .			

### 2) How knowledgeable are you about the process needed to:

	Not knowled geable at all	Not very knowled geable	Moderat ely knowled geable	Very knowled geable	Extreme ly knowled geable	Not Applic able
Apply for VA benefits?						
Prepare for changes in my economic situation after service?						
Prepare for changes in my personal life?						
Avoid potential homeless ness?						
Apply for VA health care?						
Obtain mental health counselin g or assistanc e?						

# 3) In the last 12 months have you applied for these VA benefits, or do you plan to apply in the future?

	No	Yes, you applied in the last 12 months	Yes, you plan to apply	Did not know about this benefit	Not sure
VA Disability Compensatio n					
VA Education (e.g, post 9/11 GI Bill, Montgomery Bill, etc.)					
VA Life Insurance (e.g., Veterans' Group Life Insurance)					
VA Home Loans					
VA Veteran Readiness and Employment (formerly known as Vocational Rehabilitation and Employment)					
VA Health Care					
VA Caregiver Program					

Benefits and Services briefings?
Not useful at all
Not very useful
Neutral
Somewhat useful
Extremely useful
Not applicable
5) Have you used services from a VA Vet Center?
[] Yes
[ ] No
6) If yes, what services were used?
[ ] Individual or group counseling
[ ] Family counseling
[ ] Employment assessment
[ ] VBA Benefits assistance
[ ] Medical screening/referral
[ ] Other
[ ] Prefer not to answer

4) In the past 12 months, how useful was the information you received during the VA TAP

To help us determine how we can better serve Veterans and transitioning Servicemembers, these next sections will be asking about some key life areas over the last 12 months. In this section, we would like to know more about your employment situation.

# 7) In the last 12 months, how challenging have the following areas been for you as you continue your transition into civilian life?

	Extre mely challen ging	Very challen ging	Moder ately challen ging	A little challen ging	Not at all challen ging	Not applic able	Pref er not to ans wer
Managin g my expectati ons about the salary earned in a civilian job.							
Knowing the steps in conductin g a job search.							
Understa nding how my military experienc es translate to civilian job requirem ents.							
Adapting to differenc es between military and civilian							

workforc e cultures, norms and behaviors				
Interactin g with civilians who are not familiar				
with the military.  Working with civilians who share different				
Learning to have a better work-life balance				
after the transition  Missing the camarade rie and teamwork				
that was part of the military culture.				

## 8) What is your current employment status? Select the answer that best describes your current employment

Self-employed

Work for a business, non-profit, or government agency (not self-employed)

Not employed - pursuing education/training

Not employed - Retired and chose not to pursue further employment

Not employed - I want to work but cannot find a job

Not employed - I am currently taking time off (greater than 6 months)

Not employed - Other reason - Please specify (Required):

\*

Prefer not to answer

## 9) Please describe your current employment: Select the ONE answer that best describes your current employment

I work full-time (without an additional part-time job)

I work full-time, and have an additional part-time job

I don't have a full-time job, I work part-time by choice

I work part-time at one job, but would like full-time employment

I work part-time at more than one job, but would like full-time employment

## 10) Are you currently working in a permanent position or one that is temporary or seasonal?

Permanent

Temporary or Seasonal

#### 11) Do you currently work more than one job?\*

Yes

No

#### 12) Why do you work more than one job? Select all that apply

[ ] By choice
[ ] Could not find a full-time job
[ ] Because one job did not provide enough for myself and/or my family
13) In the last 12 months, did you receive a promotion or raise with your current employer? Select all that apply
[] Promotion
[] Raise
[ ] Did not receive promotion or raise
14) How well does your current job match with the skills you have built through your military service?
Does not match skillset
Does not match skillset because I wanted to pursue a different line of work
Slightly matches
Somewhat matches
Considerably matches
Completely matches my skillset
15) During the last 12 months, have you engaged in any entrepreneurial (e.g., starting your own business) activities?
Yes, I own my own company and have employees excluding myself:
Yes, I have a side-business/hobby I use to supplement my income
Yes, I have taken tangible steps to start a business during the last 12 months (by myself or with others)
No
16) In the last 12 months, were you let go or laid off from a job?
Yes, was let go or laid off from a job
No

17) In the last 12 months, have you quit or resigned from a job?
Yes, I quit or resigned from a job
No
18) Please rank your top three reasons you quit or resigned? Please rank up to three reasons for quitting or resigning by placing a 1, 2, and 3 in the boxes below with one being the primary or most important reason for resigning
Higher pay
Better fit for my skills and abilities
Want a permanent position
Job satisfaction/better work environment
Something more interesting
More flexible schedule
Better training and educational opportunities
Better hours
Want more hours/full-time position
More opportunities for advancement
Shorter commute
Prefer not to answer
19) Are you actively looking for a new job? Select one answer
Yes
No
20) What are the primary reasons you are looking for another job? Please rank up to three reasons for looking for another job by placing a 1, 2, and 3 in the boxes below with one being the primary or most important reason for looking for another job.
Higher pay
Better fit for my skills and abilities
Want a permanent position

Job	satisfaction/better work environment
Sor	nething more interesting
Mo	re flexible schedule
Bet	ter training and educational opportunities
Bet	ter hours
Wa	nt more hours/full-time position
Mo	re opportunities for advancement
Sho	orter commute
Pre	fer not to answer

# 21) In the last 12 months have you enrolled, registered, or established a profile or online account with any of the following? *Select all that apply*.

	Enrolled / registere d in the past 12 months	Enrolled / registere d prior to past 12 months	Used servic es in the past 12 month s	Used servic es prior to past 12 month s	Neve r used	Not applicab le
VA Health Care System (e.g., myHealtheVet.g ov)	[]	[]	[]	[]	[]	[]
Department of Labor's American Job Center	[]	[]	[]	[]	[]	[]
VA Benefits Website (e.g., eBenefits)	[]	[]	[]	[]	[]	[]
Commercial job site (e.g., Indeed, LinkedIn, etc.)	[]	[]	[]	[]	[]	[]
USAJOBS	[]	[]	[]	[]	[]	[]

(federal employment)									
22) In the past 12 months, did you use any of these resources to assist in obtaining employment? Select all that apply.									
[] USAJOBS (e.g., f	federal jobs)								
[ ] VA Veteran Read Employment)	liness and Emp	oloyment (for	nerly knowr	ı as Vocatio	nal Rehabi	llitation and			
[] Department of La	bor's America	ın Job Center							
[] U.S. Chamber of	Commerce Fo	undation's Hi	ring Our He	roes Fast Tr	ack				
[] Commercial job s	ite (e.g., Indee	ed, LinkedIn, e	etc.)						
[ ] Private or non-proinitiative, etc.)	ofit sector (e.g	., applying dir	ectly, throug	gh a recruite	r, Veteran	hiring			
[] Other - Please spe	ecify ( <mark>Require</mark> c	<mark>d</mark> ):		*					
[ ] None									
Education and tr would like to kno over the past 12 r 23) In the past 12 m Select all that apply.	w about the nonths.	changes yo	u have ma	de to your	education	on status			
[] Education at a col	llege or univer	sitv. full-time							
[] Education at a col	O		!						
[] Technical or voca	<u> </u>			ite, <u>full-tim</u> e	<u>!</u>				
[] Technical or voca	_								
[] Other - Please spe	_			-					
[ ] No				*					

24) How many academic credit hours did you complete during the past 12 months?
[] 1 to 10
[] 11 to 20
[] 21 to 30
[] 31 to 40
[ ] 41 or more
[ ] Credits were not recorded
[ ] Did not complete any credits this year
25) In the past 12 months, have you engaged in an apprenticeship or internship program? Select all that apply
[] Yes, apprenticeship
[ ] Yes, internship
[ ] No
26) In the past 12 months, have you obtained any new degrees or certifications?
Yes
No
27) Please select all degrees and certifications you have obtained in the last 12 months Select all that apply
[ ] Trade/technical school certification/degree
[ ] Apprenticeship certification
[ ] Associate Degree (e.g. AA, AS)
[ ] 4-year college degree (e.g., BA, AB, BS)
[] Master's degree (e.g., MA, MS, MSW, MBA)
[ ] Professional degree (e.g., MD, DDS, DVM, LLB, JD)
[ ] Doctorate degree (e.g., PhD, EdD)
[ ] Prefer not to answer

28) Please rank the methods you are using to pay for your education/training: For each method used, please rank the selections beginning with 1 for the primary method.
Student Loans
GI Bill
Working part-time or full-time
Scholarship
Money from other sources (e.g., parents, relatives, savings, etc.)
Other (e.g., VR&E, Target Foundation, etc.)
[ ] None of the above
[ ] Prefer not to answer
29) If you did not choose GI Bill above, why did you not use your GI Bill to pay your education? Select all that apply
[ ] Transfer to another beneficiary
[ ] Saving it for future educational purposes
[ ] Have used all my funds/eligibility
[ ] Did not know about GI Bill
[ ] Other, please specify:*
[ ] Not applicable
30) Does your current level of education allow you to pursue your career goals?
Yes
No
31) Does your current level of education allow you to meet your personal salary goals?
Yes
No
No

### (untitled)

Two very important life areas that impact your overall transition are your health and relationships since your transition. The next set of questions will help us determine if your needs are being met in your civilian life and how we can better prepare Servicemembers during TAP.

32) Do you have an ongoing physical health condition, illness, or disability (e.g., high blood pressure, pain)?
Yes
No
33) Did you develop this condition in the last 12 months?
Yes
No
34) Are you currently seeking treatment for your physical health condition(s)?
Yes
No
35) Do you have an ongoing mental/emotional health condition, illness, or disability (e.g., depression, anxiety)?
Yes
No
36) Did you develop this condition within the last 12 months?
Yes
No

37) Are you currently seeking treatment for your mental/emotional health condition(s)?
Yes
No
38) Select all of the healthcare resources in which you are currently enrolled? Select all that apply
[ ] Employer-provided health insurance (could be from your current or former employer, a family member's current or former employer, or a union)
[ ] A plan you purchased through a healthcare exchange (e.g., Healthcare.gov, State exchange, Affordable Care Act/ "Obamacare", etc.)
[] TRICARE
[] VA
[ ] Medicaid
[ ] Medicare
[ ] Other government assisted health plan
[ ] Something else - Please specify (Required):
Prefer not to answer
[ ] None of the above
39) Of the healthcare resources selected above, please select your <u>one primary</u> source of healthcare?
Employer-provided health insurance (could be from your current or former employer, a family member's current or former employer, or a union)
A plan you purchased through a healthcare exchange (e.g., Healthcare.gov, State exchange, Affordable Care Act/ "Obamacare", etc.)
TRICARE
VA
Medicaid
Medicare
Other government assisted health plan

Something else - Please specify (Required):	
	*
Prefer not to answer	

### 40) Over the last 3 months, how satisfied have you been with:

	Very dissatisfie d	Dissatisfie d	Neither satisfied nor dissatisfie d	Somewha t satisfied	Very satisfie d
Your physical health?					
Your emotional/menta l health?					
Your health care?					

#### 41) What is your marital status?

Living with a domestic partner

Never married

Married-first and only marriage

Married-second or later marriage

Separated

Divorced

Widowed

Prefer not to answer

#### 42) Are you currently in a romantic relationship?

Currently in a relationship

Not currently in a relationship

Prefer not to answer

43) Are you a parent or have you served in a parenting role during the past three months
(including both your own biological children and other children for whom you have
parenting responsibilities)? Select one answer

No

Prefer not to answer

44) FAMILY — Considering the people to whom you are related by birth, marriage, adoption, spouse/significant other, etc.

	None	On e	Two	Three or Four	Five to Eight	Nine or more	Prefer not to answer
How many relatives do you see or hear from at least once a month?							
How many relatives do you feel comfortabl e with that you can talk about private matters?							
How many relatives do you feel close to such that you could call on them for help?							

# 45) FRIENDSHIPS — Considering all of your friends including those who live in your neighborhood:

	None	On e	Two	Three or Four	Five to Eight	Nine or more	Prefer not to answer
How many of your friends do you see or hear from at least once a month?							
How many friends do you feel comfortabl e with that you can talk about private matters?							
How many friends do you feel close to such that you could call on them for help?							

### 46) Please tell us a little about your sense of connection with others

		Time	
How often do you feel that you lack companionship?			
How often do you feel left out?			
How often do you feel isolated from others?			

The final area we'd like to ask you about is your financial situation. VA wants to understand whether TAP services can be enhanced to help improve the long-term financial outcomes for Servicemembers. If you are not sure how to answer some of these questions, please take your best guess.

47) Are you able to pay for all necessary expenses each month, such as mortgage/rent, deb
payments, and groceries?

Yes No

48) Does your household have at least 3 months of your typical income set aside in case of an unexpected financial event?

Yes

No

49) Does your household have the insurance coverage you and/or your family would need if an unexpected financial event were to occur (e.g., disability insurance, property insurance, and/or life insurance)?

Yes
No
50) Has your household begun to set aside money for retirement?
Yes
No
51) Is your household more than one month behind on your debt payments (e.g., mortgage or credit card)?
No, my household is not more than one month behind in debt payments
Yes, my household is over one month behind in debt payments
Not applicable- my household does not have any debt
Prefer not to answer
52) What is your current living situation? Select one answer.
Rent an apartment, house, or room
Own an apartment or house
Live with a friend or relative and not paying rent
Live in a dormitory at school
Live in a medical or assisted living facility, such as a hospital or rehab center
Live in transitional housing (e.g., a halfway house)
Live in a car, on the street, or in a homeless shelter
Somewhere else - Please specify (Required):
Prefer not to answer
Trefer not to unswer
53) Are you currently concerned that you will lose your housing and be unable to find stable alternative housing? <i>Select one answer</i> .
Yes
No

54) During the past 12 months, how many months were you employed?
Months employed:
Was not employed at any time during the past 12 months
55) During the past 12 months, how much did you earn from all jobs or businesses before taxes and other deductions?
Yearly salary:
<b>56) During the past 12 months, what was your gross income?</b> (Your gross income includes income you received from all sources, before taxes, including earnings from a job, benefits received from government programs, and any retirement, pension, investing, or savings income that you receive regular payments from.)
<b>57) During the past 12 months, what was your gross household income?</b> (Your household income is the combined before-tax income of people who share their income and live in the same home. Typically, this would be you and your spouse.)
58) How many people are supported by your HOUSEHOLD income, including yourself, your significant other (if you have one), and anyone else partially or fully supported by this income whether or not they live with you?
Number of people (Required):*
Prefer not to answer
59) During the past 12 months, did you receive unemployment compensation?
Yes
No

61) The following questions ask how <u>satisfied</u> you feel, on a scale from zero to 10. Zero means you feel no satisfaction at all and 10 means you feel completely satisfied.

	No satisfa ction at all (0)	1	2	3	4	5	6	7	8	9	Compl etely satisfie d (10)	Pref er not to ans wer
Thinking about your own life and personal circumsta nces, how satisfied are you with your life as a whole?												
How satisfied are you with your quality of life?												
How satisfied are you with your health?												

How satisfied are you with your personal relations hips?										
How satisfied are you with feeling part of your community?										
How satisfied are you with your future security?										
62) Thinking done then or										have
63) In order your most u  :	p to date em	ail ad	dress	s. Wh	at is	your	prima	ary ei		we have

### Thank You!

Thank you for taking our survey. Your response is very important to us.